

Loudoun County Department of Parks, Recreation & Community Services

# Activity Guide

Winter 2012-13

## INSIDE

Holiday Events & Concerts

Winter Break Camps

Teen Service Club

Licensed Childcare & Preschool

**GENERAL  
REGISTRATION**  
November 15

**SENIOR  
REGISTRATION**  
November 14



[www.loudoun.gov/prcs](http://www.loudoun.gov/prcs)

## **LICENSED PRESCHOOL, AFTER KINDERGARTEN PROGRAM & PM KIDS CLUB**

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Please contact the center for current availability.



### **PRESCHOOL LOCATIONS**

Bluemont Community Center	540-554-8643
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

### **AFTER K LOCATIONS**

Bluemont Community Center	540-554-8643
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Middleburg Community Center	540-687-6375

### **PM KIDS CLUB LOCATIONS**

Bluemont Community Center	540-554-8643
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375

*\*See the "Licensed Children's Programs" section in this guide for more information.*



# WHAT'S INSIDE

**Keep this issue until late February**

**Events, Classes & Activities**  
12/1/12-1/30/13

**General Registration Begins**  
November 15

**Senior Registration Begins**  
November 14

**Plan Ahead!**

**Spring Registration Begins**  
February 14

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**Cover photos:** Courtesy of Douglass Community Center

## WHERE TO FIND YOUR ACTIVITY GUIDE

Copies of the Winter Activity Guide are available at PRCS centers and parks, as well as Loudoun County libraries and most County Government buildings. The current guide is always available online at [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs), where you can also sign up to receive Activity Guide and registration announcements.

## GENERAL INFORMATION: WHAT YOU NEED TO KNOW ABOUT...

### GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00 a.m. on 11/14/12 for County residents. Online registration for all activities begins at 12:01 a.m. on 11/15/12 for County residents. Walk-in registration at PRCS facilities begins on 11/15/12 for County residents when the facilities open (during normal business hours for each location). Online registration begins at 12:01 a.m. on 11/21/12 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 11/21/12 for non-residents (including seniors) when the facilities open; in other words, during normal business hours for each location.

### MAIL-IN REGISTRATION

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 215 Depot Court, SE, Leesburg, VA 20175. An

activity registration form is included in this guide. Forms can also be downloaded from [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs). Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 11/15/12 for residents and 11/21/12 for non-residents. Credit card payments will not be accepted by mail. All mail-in registrations must include payment by check or money order.

### ONLINE REGISTRATION

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. A new household account can be requested online at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac). A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can retrieve your ID and password at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac). If you re-

quire additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

### REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs) for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

### PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments can be

made in person. Checks or money orders must be made payable to "County of Loudoun." Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

## **TAX INFORMATION**

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year; however, the desired tax year must be selected (system defaults to 2007). Visit [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac).

## **PROGRAM REFUNDS & CANCELLATIONS**

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

## **FINANCIAL ASSISTANCE**

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

## **NON-RESIDENT FEES**

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

## **NOTICE TO PARTICIPANTS**

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

## **SUPPLIES AND MATERIALS**

Cost of supplies and materials is included in class or activity fee unless otherwise stated. If a supply fee is listed, it must be paid to the instructor on the first day of class.

## **TRANSPORTATION**

When transportation is provided, spaces are filled on a first-come, first-served basis.

## **TRIP POLICY**

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

## **RENTALS**

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

## **VOLUNTEERS**

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5010 or 703-777-0438.

## **PROGRAM ACCESSIBILITY/ADA**

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office) two weeks prior to the start of the activity. Phone: 703-777-0343, TTY: 703-771-5352, Email: [prcs@loudoun.gov](mailto:prcs@loudoun.gov).

## **CLOSINGS/POSTPONEMENTS**

In case of inclement weather, public holidays or emergencies, the Department will determine cancellation or postponement of programs. If you are in doubt as to whether or not activities will be held, call the program location or the administrative office at 703-777-0343. For sport league information, call the Sports cancellation line at 703-777-0456.

## **INCLEMENT WEATHER POLICY**

When Loudoun County Government is closed, PRCS facilities are closed and all recreation programs are cancelled.

When Loudoun County Government makes a decision to close after the start of normal business hours, parents must make arrangements to pick up their children from all PRCS programs and locations right away. The facilities will close when the last child has been picked up.

When Loudoun County Schools announce that schools are closed for the day (and the Government is open):

- All PRCS classes, programs, activities and services, except Childcare, are cancelled. PRCS facilities are open for business matters, childcare and drop-in programs. Childcare opens at 8:00A.
- All PRCS programs held in school facilities are cancelled.
- Evening programs held in PRCS facilities scheduled from 5PM until closing may be held; confirm directly with the site offering the activity, or by calling 703-777-0456.

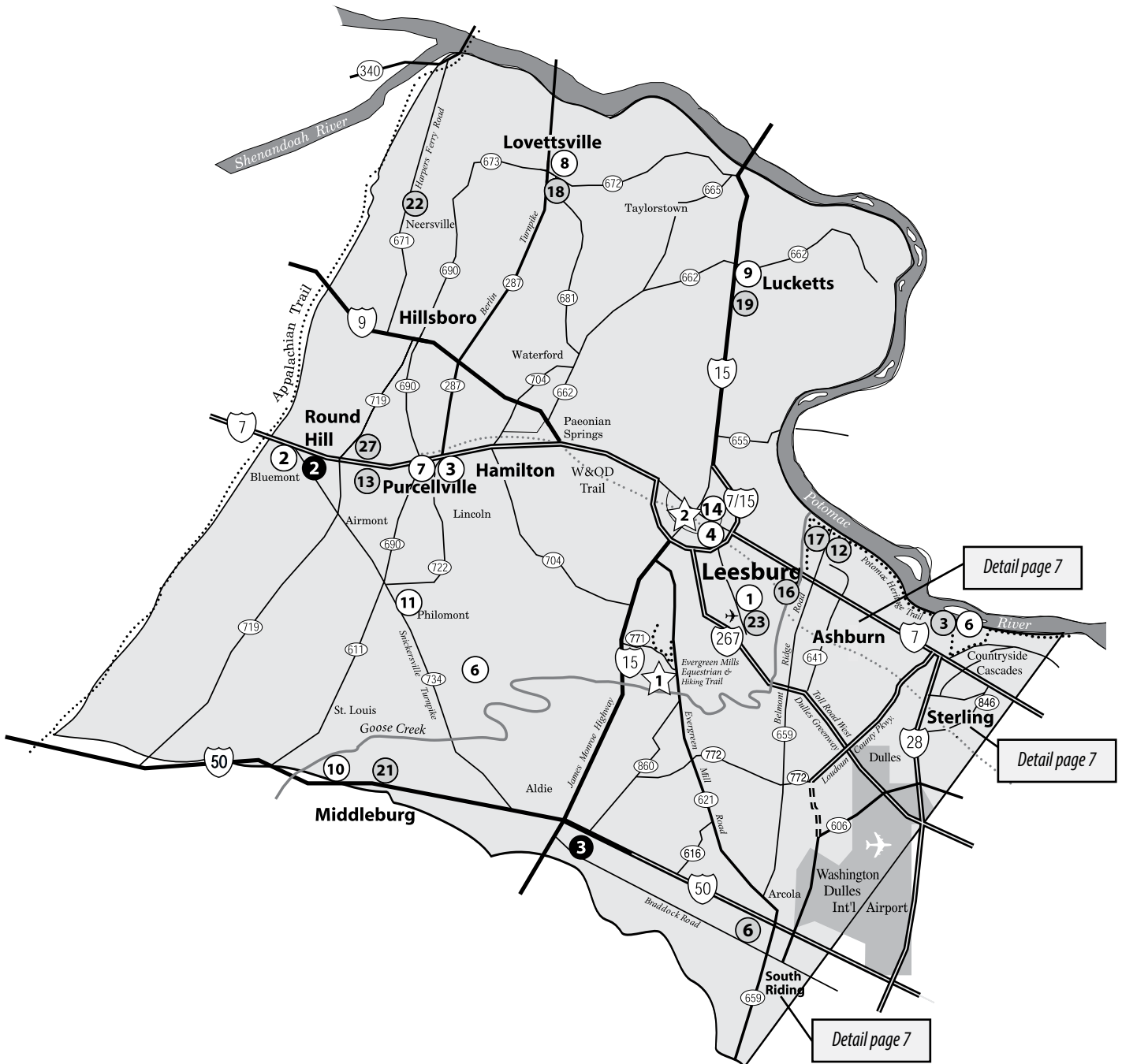
When Loudoun County Schools announce a one-hour delay, all PRCS classes, programs, activities and services operate on time.

5. When Loudoun County Schools announce a two or more hour delay, all morning PRCS classes, programs, activities and services, except Childcare, are cancelled. Childcare sites open on time. All PRCS facilities will open by 9AM for business matters and drop-in programs.

6. When Loudoun County schools announce an early dismissal, all evening PRCS classes, programs and activities, including CASA, are cancelled. Childcare sites and Adult Day Center remain open only until the last participant is picked up.

Please keep track of changing weather conditions and call the appropriate PRCS facility or the administrative office at 703-777-0343 with any questions.

# FACILITIES MAP



For directions to PRCS facilities, visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).

# KEY TO FACILITIES

## PRCS CENTERS ○

- ① **Adult Day Center at Leesburg**  
16501 Meadowview Court  
Leesburg  
703-771-5334
- ② **Bluemont Community Center**  
20 High Street  
Round Hill *(temp location)*  
540-338-4485
- ③ **Carver Center**  
200 Willie Palmer Way  
Purcellville  
571-258-3400  
• Adult Day Center at Carver  
571-258-3402
- **Claude Moore Community Center**  
(See ⑧)  
46111 Loudoun Park Lane  
Sterling  
571-258-3500
- **Claude Moore Recreation Center** (See ⑧)  
46105 Loudoun Park Lane  
Sterling  
571-258-3600
- ④ **Douglass Community Center**  
405 E. Market Street  
Leesburg  
703-771-5913
- ⑤ **Dulles South Multipurpose Center**  
24950 Riding Center Drive  
South Riding, VA  
571-258-3456  
• Dulles South Senior Activity Center  
571-258-3883
- ⑥ **Eastern Loudoun Adult Day Center**  
45140 Riverside Parkway  
Ashburn, VA  
571-258-3232
- ⑦ **Loudoun Valley Community Center**  
320 W. School Street  
Purcellville  
540-338-4122
- ⑧ **Lovettsville Community Center**  
57 E. Broad Way  
Lovettsville  
540-822-5284
- ⑨ **Lucketts Community Center**  
42361 Lucketts Road  
Leesburg  
703-771-5281

- ⑩ **Middleburg Community Center**  
300 W. Washington Street  
Middleburg  
540-687-6375
- ⑪ **Philomont Community Center**  
36592 Jeb Stuart Road  
Philomont  
540-338-5882
- ⑫ **Senior Center at Cascades**  
21060 Whitfield Place  
Sterling  
703-430-2397
- ⑬ **Sterling Community Center**  
120 Enterprise Street  
Sterling  
703-430-9480
- ⑭ **The Senior Center of Leesburg**  
102 North Street, N.W.  
Leesburg  
703-777-0257

## PARKS & SPORTSPLEXES ○

- ① **Ashburn Park**  
43645 Partlow Road  
Ashburn
- ② **Beth Miller Park**  
20270 Leier Place  
Ashburn
- ③ **Bles Park**  
44830 Riverside Parkway  
Ashburn
- ④ **Brambleton Fields Site**  
22389 Belmont Ridge Road  
Ashburn
- ⑤ **Briar Patch Park**  
21660 Sterling Boulevard  
Sterling
- ⑥ **Byrne's Ridge Park**  
24915 Mineral Springs Circle  
Aldie
- ⑦ **Chick Ford & Ryan Bickel Fields**  
21594 Ashburn Village Boulevard  
Ashburn
- ⑧ **Claude Moore Park**  
21544 Old Vestals Gap Road  
Sterling  
571-258-3700  
• Claude Moore Community Center  
• Claude Moore Recreation Center  
• Lanesville Heritage Area  
• Loudoun Heritage Farm Museum

- ⑨ **Conklin Park**  
25701 Donegal Drive  
Chantilly
- ⑩ **Countryside Park**  
20756 Countryside Boulevard  
Sterling
- ⑪ **Edgar Tillett Memorial Park**  
21561 Belmont Ridge Road  
Ashburn
- ⑫ **Elizabeth Mills Riverfront Park**  
44105 Heron Way  
Leesburg  
• Kephart Bridge Landing
- ⑬ **Franklin Park**  
17501 Franklin Park Drive  
Purcellville  
540-338-7603  
• Franklin Park Perf. & Visual Arts Center
- ⑭ **Greg Crittenden Memorial Park**  
21401 Windmill Drive  
Ashburn
- ⑮ **Hampshire Park**  
21315 Smith Switch Road  
Ashburn, VA
- ⑯ **Keep Loudoun Beautiful Park**  
43055 Golf Club Road  
Leesburg  
• **Kephart Bridge Landing** (See ⑫)
- ⑰ **Lansdowne Sports Park**  
18900 Kipheart Drive  
Leesburg
- ⑱ **Lovettsville Community Park**  
12565 Milltown Road  
Lovettsville (under development)
- ⑲ **Lucketts Community Park**  
14560 James Monroe Highway  
Leesburg
- ⑳ **Lyndora Park**  
43624 Lucketts Bridge Circle  
Ashburn
- ㉑ **Mickie Gordon Memorial Park**  
22670 Carter's Farm Lane  
Middleburg
- ㉒ **Nell Boone Park**  
11756 Harper's Ferry Road  
Purcellville (Neersville)
- ㉓ **Philip A. Bolen Memorial Park**  
42405 Claudia Drive  
Leesburg

## KEY TO FACILITIES

- 24 Potomack Lakes Sportsplex**  
20280 Cascades Parkway  
Sterling
- 25 Ray Muth Sr. Memorial Park**  
20971 Marbelhead Drive  
Ashburn
- 26 Trailside Park**  
20375 Claiborne Parkway  
Ashburn
- 27 Woodgrove Park**  
17020 Evening Star Drive  
Round Hill

## CULTURAL & HISTORIC FACILITIES

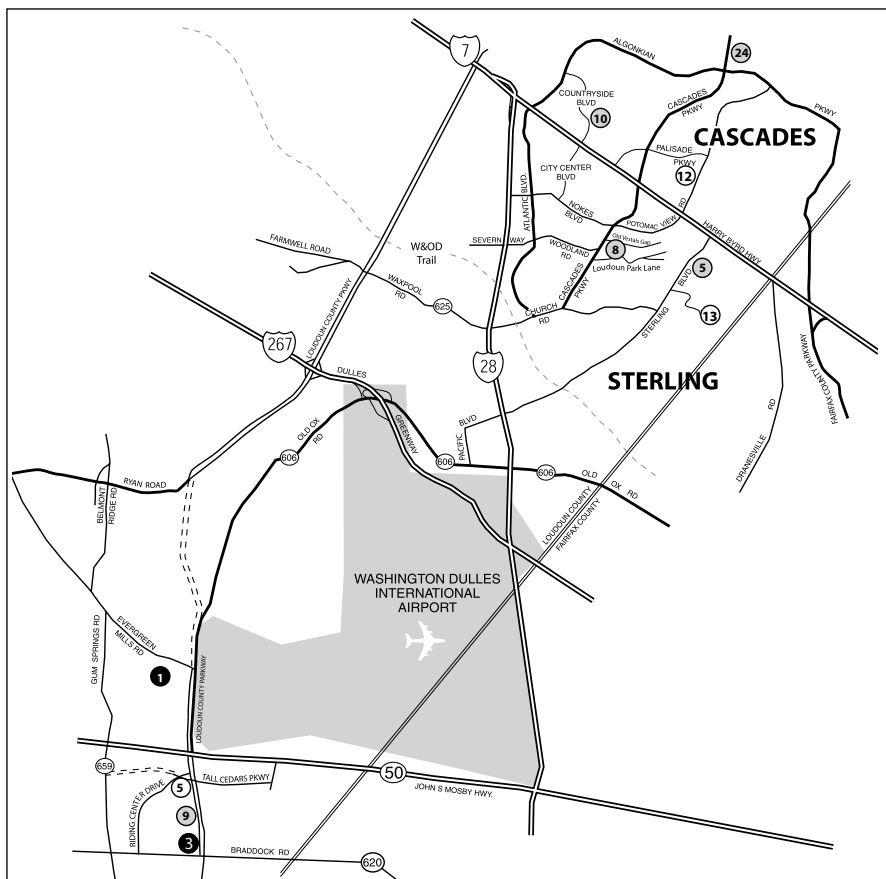
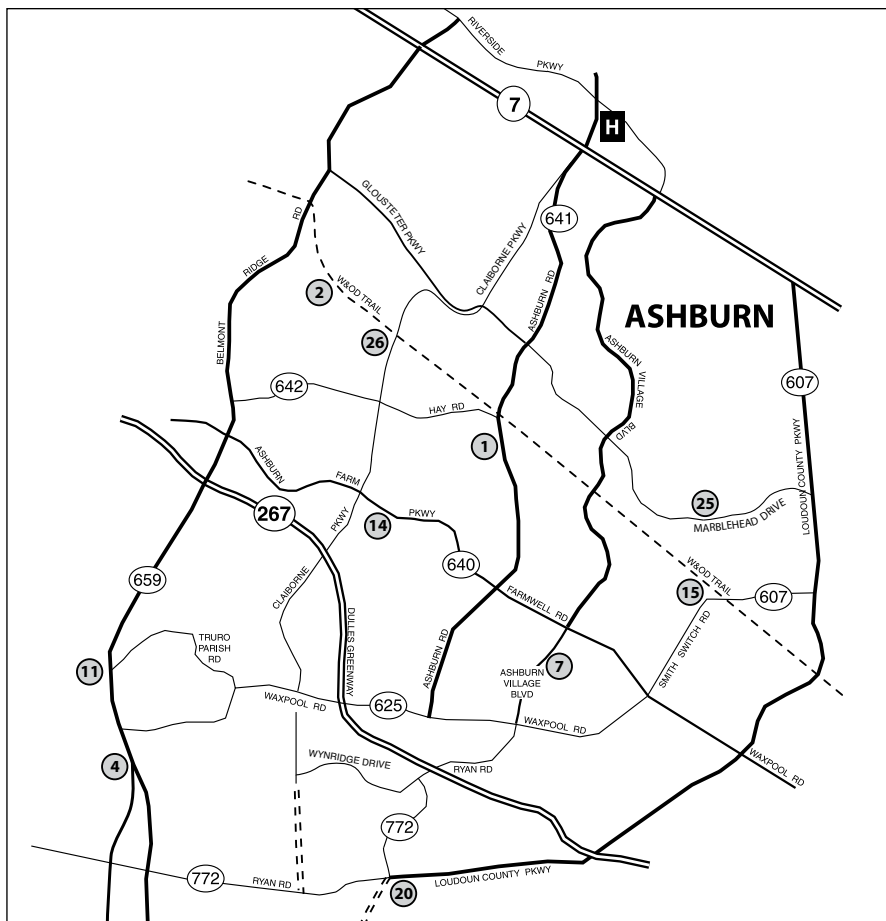
- 1 (Arcola) Slave Quarters (no inside access)**  
25077 Evergreen Mills Road  
Sterling
- **Carver Center (See 4)**
- 2 E.E. Lakes General Store (no inside access)**  
18351 Railroad Street  
Bluemont
- **Franklin Park Performing & Visual Arts Center (See 13)**  
36441 Bluemont View Lane  
Purcellville  
540-338-7973
- **Lanesville Heritage Area (See 8)**
- **Loudoun Heritage Farm Museum (See 8)**  
21668 Heritage Farm Lane  
Sterling  
571-258-3800
- 3 Settle-Dean Cabin (no inside access)**  
25625 Loudoun County Parkway  
Chantilly

## OTHER PRCS FACILITIES

- ★ **Banshee Reeks Nature Preserve**  
21085 The Woods Road  
Leesburg  
703-669-0316
- ★ **PRCS Administrative Office**  
215 Depot Court, SE  
Leesburg  
703-777-0343

## TRAILS

**Evergreen Mills Equestrian & Hiking Trail**  
21332 The Woods Road (closed temporarily)  
Leesburg





# Adult Volleyball League

**Registration Deadline:** January 4, 2013 by 5:00 PM

**Registration Location:** PRCS, 215 Depot Court, SE  
Leesburg, VA 20175

**Captain's Meeting:** January 10, 2013 at 7:00 PM

**Team Fee:** \$500 + \$29 out of county fee per  
individual-Officials included in registration fee

**Start Date:** January 13, 2013

**Games:** Eight Game Regular Season + Playoffs

**Roster Limit:** 15

**Leagues:** Men's, Women's, Coed A & Coed B  
*(Leagues may be combined depending on number of teams)*



Games - Sunday Nights

Location - Park View High School

**For more information, contact Dallas Long at  
703-771-5211 or [dallas.long@loudoun.gov](mailto:dallas.long@loudoun.gov)**



*ADA – Loudoun County Parks, Recreation and Community Services is committed to complying with the American with Disabilities Act (ADA). If you need reasonable accommodations in order to participate, call the appropriate PRCS program manager or location at least one week prior to the start of the activity*





# Step Up Loudoun



## Self esteem...Bullying...Dating...Academic Stress...Substance Abuse

These are just some of the issues teens face. You can make a difference.

Working as a team or individual, identify an issue and do something about it. Display your implemented project at Step Up on March 7, 2013 and you could win!



1<sup>st</sup> place: \$1,000

2<sup>nd</sup> place: \$500

3<sup>rd</sup> place: \$250

Plus other awards and recognition



Register at [www.stepuploudoun.org](http://www.stepuploudoun.org) by January 4, 2013 (early bird registration deadline is December 14, 2012).

Step Up is open to all Loudoun middle and high school students. Team members do not have to attend the same school. Community groups and clubs are welcome to enter.

**The public is invited to attend Step Up on March 7, 2013 from 6-9 p.m.  
NRUCFC Headquarters, 20701 Cooperative Way, Dulles, VA 20166**

## stepuploudoun.org



Step Up is  
Sponsored by



Step Up is  
coordinated by



## SPECIAL EVENTS COUNTYWIDE

This section lists some of our countywide special events offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information

### DECEMBER

#### CLAUDE MOORE M.S. TEEN NIGHT

(Ages 11-14) MS Teen Club is a fun, safe environment for middle school youth every Friday night during the school year. Teen Club features special events, food, fun, and more. (Not held on weeks/weekends with school holidays). Parent/guardian registration and permission form is required. Call 571-258-3600.

**Location:** Claude Moore Recreation Center

**Pay at door** \$5.00

F on-going 6:30P-9:15P

#### LUCKETTS BLUEGRASS

(All ages) The Lucketts Bluegrass tradition continues into its 40th year and is one of the longest continuously running series of its kind in the country. Old time bands and exciting newcomers are featured on Saturdays from October through April. Call 703-771-5281.

**Location:** Lucketts Elementary School

**Pay at door** \$15.00

Sa on-going 7:00P-10:30P

#### ONCE UPON A CHRISTMAS CAROL

(All ages) Catch the spirit of Christmas in this musical re-telling of Charles Dickens' classic tale! The show features a book adaptation by prize-winning playwright Meredith Bean McMath, original music by Diane El-Shafey, instrumental music by Carma Oliverez, a brilliant new set and choreography. Purchase tickets online at [www.rrrtheatre.org](http://www.rrrtheatre.org). Call 540-338-7973.

**Location:** Franklin Park Arts Center

Tickets: \$20/Adult, \$15/Senior,  
\$12/Student.

Advance Online: \$16/Adult, \$12/Senior,  
\$8/Student.

F	11/30-11/30	7:00P
Sa	12/1-12/1	7:00P
Su	12/2-12/2	3:00P
F	12/7-12/7	7:00P
Sa	12/8-12/8	3:00P
Sa	12/8-12/8	7:00 P
Su	12/9-12/9	3:00P
F	12/14-12/14	7:00P
Sa	12/15-12/15	7:00P
Su	12/16-12/16	3:00P

#### BREAKFAST WITH SANTA

(All ages) Hosted by the Philomont Community Center. Have a wonderful breakfast while the children visit with Santa. Sample menu: eggs, bacon, pancakes, muffins, and fruit. Children under two admitted free. Call 540-338-5882.

**Location:** Philomont Fire Department

**211704-01** \$5.00

Sa 12/1-12/1 8:30A-10:30A

**211704-02** \$7.00

Sa 12/1-12/1 8:30A-10:30A

#### CHRISTMAS IN MIDDLEBURG

(All ages) Looking for a special gift for that hard-to-buy-for person? Find lovely handmade crafts and gifts at the 24th annual Middleburg Christmas Craft Show. The Town hosts a Christmas parade and other activities, all part of this year's Christmas in Middleburg! Interested craft vendors should call 540-687-6375.

**Location:** Middleburg Community Center

**208700-01**

Sa 12/1-12/1 9:00A-4:00P

#### CANDY CANE HUNT/LUNCH WITH SANTA

(Ages 2-10) Get into the holiday spirit! Dress for the weather and go on a candy cane hunt. Show your specially marked candy canes and get prizes. Join us for lunch with Santa too! Parents bring your camera for lots of photo opportunities. Pre-registration is required by 11/30. Call 571-258-3500.

**Location:** Claude Moore Community Center

**210700-03** \$10.00

Sa 12/1-12/1 1:30P-3:00P

**210700-04** \$3.00 (parent lunch)

Sa 12/1-12/1 1:30P-3:00P

#### HOLIDAY IN THE PARK

(All ages) Visit holiday-decorated historic Lanesville house. Enjoy crafts, wagon rides, marshmallows, and more. Bring new hat or gloves for "Winter Warmth Tree." Call 571-258-3700.

**Location:** Claude Moore Park Historic Area

**Free Event**

Sa 12/1-12/1 3:30P-6:00P

#### LANTERN MAKING WORKSHOP

(Ages 3 & up) Make your own lantern and ornament for the Lovettsville Lantern Parade (see separate listing). Glo sticks provide safe illumination for the parade. And we are making ornaments too! Supplies and light refreshments included. Call 540-822-5284 or e-mail [LOVCC@loudoun.gov](mailto:LOVCC@loudoun.gov).

**Location:** Lovettsville Community Center

**202701-01** \$8.00

F 12/7-12/7 6:30P-7:15P

#### LANTERN PARADE

(All ages) Make this German custom part of your

family's holiday tradition. Meet at the Community Center with your own Lantern and then walk through town to Town Square for refreshments and community sing-a-long. Co-sponsored by the Town of Lovettsville and the Lovettsville CC. Call 540-822-5284 or 540-822-5788.

**Location:** Lovettsville Community Center

**Free Event**

F 12/7-12/7 7:30P-9:00P

#### INDOOR YARD SALE

(Ages 18 & up) Price includes general ad in local classified section. Vendors must register in advance and pay at the door. Registration includes 10x10 space, 6 foot table, and one chair. Free admission for shoppers. Call 703-430-9480.

**Location:** Sterling Community Center

**203709-01** \$11.00/space

Sa 12/8-12/8 8:00A-2:00P

#### PARENT'S MORNING OUT

(Ages 3-7) Enjoy a morning to yourself to do any last minute holiday shopping and gift wrapping while the kids enjoy crafts, games, pizza for lunch and family friendly movie. Sponsored by the CMCC Advisory Board. Must pre-register at CMCC. Call 571-258-3500.

**Location:** Claude Moore Community Center

\$16/1st child, \$8/additional child

Sa 12/8-12/8 9:00AM-1:00PM

#### SANTA MAKES HOUSE CALLS

(All ages) Hosted by the Philomont Community Center. Don't fight the lines to see Santa at the mall when Santa's helper can make a visit to your house! Visits are 15 minutes. Location must be within 10 miles of Philomont Community Center. Register by 12/4. Call 540-338-5882.

**211703-01** \$25.00

Sa 12/8-12/8 9:00A-9:30A

**211703-02** \$25.00

Sa 12/8-12/8 9:30A-10:00A

**211703-03** \$25.00

Sa 12/8-12/8 10:00A-10:30A

**211703-04** \$25.00

Sa 12/8-12/8 10:30A-11:00A

**211703-05** \$25.00

Sa 12/8-12/8 11:00A-11:30A

**211703-06** \$25.00

Sa 12/8-12/8 11:30A-12:00P

**211703-07** \$25.00

Sa 12/8-12/8 12:00P-12:30P

**211703-08** \$25.00

Sa 12/8-12/8 12:30P-1:00P

**211703-09** \$25.00

Sa 12/8-12/8 1:00P-1:30P

**211703-10** \$25.00

Sa 12/8-12/8 1:00P-1:30P

**MOONBOUNCE PARTY W/ SANTA**

(Ages 1-5) Our gym will turn into a fun holiday party with lots of music, moonbounces, crafts projects and games, and a special visit from Santa! Call 703-430-9480.

**Location: Sterling Community Center**

**203703-01** \$6.00  
Tu 12/11-12/11 10:00A-11:30A

**HOLIDAY CAROLLING**

(All ages) Bring your favorite holiday songs and lend your voice. Hot chocolate will be served afterwards to warm you up. Call 540-338-4122.

**Location: Loudoun Valley Community Center**

**Free event**

Tu 12/11-12/11 5:30P-6:30P

**LUNCH WITH SANTA**

(All ages) Have lunch with Santa and create fun holiday art. Advance registration is required. Bring your camera for lots of photo ops! Call 703-771-5913

**Location: Douglass Community Center**

**204701-01** \$10.00  
Th 12/13-12/13 11:30A-1:00P

**NIGHTMARE BEFORE CHRISTMAS SHOWING**

(All ages) Enjoy a night out and see the modern holiday classic, "The Nightmare Before Christmas," on a big screen. Refreshments will be sold. Sponsored by the Sterling CC Advisory Board. Call 703-430-9480.

**Location: Sterling Community Center**

**203713-01** **Free event**  
F 12/14-12/14 6:00P-7:30P

**NIGHTMARE BEFORE CHRISTMAS PARTY**

(Grades 6-12) This theme party will feature photo ops with life-sized character decorations and an optional, Halloweentown-inspired costume contest and gift exchange. Movie-themed snacks will be sold. "The Nightmare Before Christmas" will be screened at 8:00 p.m. Advance registration is required. Sponsored by the Sterling CC Advisory Board. Call 703-430-9480 or email zoe.irwin@loudoun.gov.

**Location: Sterling Community Center**

**203714-01** **Free event**  
F 12/14-12/14 8:00P-10:00P

**BREAKFAST W/SANTA**

(All ages) Join us for breakfast with Santa. Registration required by December 7. Children two and under are admitted free. Call 540-554-8643.

**Location: Bluemont Community Center**

**206701-01** \$8.00  
Sa 12/15-12/15 9:00A-11:00A

**LUNCH WITH SANTA**

(All ages) Have lunch with Santa, Mrs. Claus, and the Elves. Santa will join participants in the gym to play games, make crafts, and enjoy holiday treats! Advance registration recommended. Call 703-430-9480.

**Location: Sterling Community Center**

**203702-01** \$8.00/Child  
Sa 12/15-12/15 11:00A-12:30P  
**203702-02** \$3.00/Parent Lunch  
Sa 12/15-12/15 11:00A-12:30P

**GINGERBREAD HOUSE PARTY**

(Ages 6-12) Celebrate the holidays with the traditional custom of gingerbread houses. Build your very own house and decorate cookies to enjoy with hot chocolate at the party. Call 703-430-9480.

**Location: Sterling Community Center**

**203202-01** \$15.00  
M 12/17-12/17 4:00P-5:30P

**LETTERS FROM SANTA**

(Ages 10 & under) Your child will be thrilled to receive a personalized letter from Santa! Included with the letter will be the North Pole Newsletter, complete with Santa's agenda, a craft idea from the Elves, and a holiday recipe from Mrs. Claus. Print the Santa information form with your registration receipt and send it to Sterling Community Center via Fax: 703-421-3118; E-mail: nicole.larock@loudoun.gov; Mail: 120 Enterprise Street Sterling VA 20164; or drop it in the center's special Santa mailbox. Deadline: 12/17 at 9:00 p.m. Call 703-430-9480.

**203708-01** \$5.00

**SANTA ROCK**

(Ages 2 & up w/parent) Santa wants to rock out with you! This special concert will feature the groovin' sounds of Rocknoceros with a special appearance by Santa! Admission and refreshments included. Special concert t-shirts and Rocknoceros merchandise will be available for purchase. Parents and/or adults must also register. Call 540-822-5284 or e-mail LOVCC@loudoun.gov.

**Location: Lovettsville Community Center**

**202707-01** \$6.00  
Tu 12/18-12/18 11:15A-1:00P

**GINGERBREAD DECORATORS**

(Ages 2-4) Parent and young child will decorate a small gingerbread house. We'll also have cookies to decorate and enjoy with hot chocolate. Please notify us of any dietary restrictions or allergies at least one week prior to class. Call 703-430-9480.

**Location: Sterling Community Center**

**203102-01** \$11.00  
Tu 12/18-12/18 1:00P-2:00P

**DROP & SHOP**

(Ages 3-12) We'll entertain your kids with games, movies and crafts while you finish holiday shopping. Dinner included. Call 540-338-5882.

**Location: Philomont Community Center**

**211702-01** \$25.00  
Tu 12/18-12/18 6:00P-9:00P

**THE LOST MITTEN**

(Ages 3-6) Relax and enjoy a classic winter story. Make a fun craft and enjoy provided refreshments. Call 571-258-3700.

**Location: Claude Moore Park Visitor Center**

**261706-01** \$5.00  
F 12/21-12/21 1:00P-2:00P

**PARENT'S NIGHT OUT**

(Ages 3-7) Enjoy a night out while your children enjoy pizza, crafts, games, and a family friendly movie. Sponsored by the CMCC Advisory Board. Must pre-register at CMCC. Call 571-258-3500.

**Location: Claude Moore Community Center**

\$16/first child, \$8/additional child  
F 12/21-12/21 5:00P-9:00P

**PARENTS ESCAPE NIGHT**

(Ages 2-12) Head out for a night on the town while we entertain the kids with moonbounces, activities, games, crafts, movies and more. Pizza and drinks will be served. Kids are divided into age groups (2-5, 6-12) for activities.

**Location: Sterling Community Center**

**203750-01** \$15.00  
F 12/21-12/21 5:30P-9:00P

**LAST HAM STANDING**

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. Purchase tickets online at [www.lastham.com](http://www.lastham.com). Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets: \$12/Adult, \$10/Student, \$8/Child  
F 12/21-12/21 8:00P

**CMP HIKE & HUNT**

(All ages) Read the hints and follow the clues to find your hidden treasure! Enjoy hot chocolate and roasted marshmallows after! Children must be accompanied by an adult. Call 571-258-3700.

**Location: Claude Moore Park Visitor Center**

**261709-01** \$5.00  
Th 12/27-12/27 1:00P-2:30P

**JUMP FOR THE NEW YEAR**

(Ages 2-10) Celebrate the New Year with a special moonbounce night! We'll have games, activities, and a special 'ball drop' just for the kids! Register

in advance, Call 703-430-9480.

**Location: Sterling Community Center**

**203716-01** \$7.00  
M 12/31-12/31 5:30P-7:30P

## JANUARY

### ANDREW MCKNIGHT & BEYOND BORDERS

(All ages) Since permanently leaving his corporate environmental engineering career in 1996, award-winning Folk and Americana artist Andrew McKnight's musical journey has traced nearly half a million miles of blue highways nationwide. Band members include original Nitty Gritty Dirt Band member Les Thompson and his wife Stephanie Thompson along with award-winning singer/songwriter Lisa Taylor. Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets: \$15/Adults, \$12/Students/Seniors  
Sa 1/5-1/5 8:00P

### BOX FORTS & BUBBLES

(Ages 4 & under) Enjoy a unique play experience! We'll make cool cardboard structures and provide boxes for building. We'll also have bubble blowing and bubble wrap activities. Call 703-430-9480.

**Location: Sterling Community Center**

**203705-01** \$5.00  
Tu 1/8-1/8 10:00A-11:30A

### 24-HOUR PROJECT

(Ages 13-18) The 24-hour theatre project is an experience like no other! Script writing begins on Friday, casting and rehearsal takes place on Saturday, and shows are performed Saturday evening. The result is a guerilla-style theatrical production packed with energy! Call 703-430-9480 or email [zoe.irwin@loudoun.gov](mailto:zoe.irwin@loudoun.gov).

**Location: Sterling Community Center**

**203701-01** \$15.00 Playwrights  
F 1/11-1/11 5:00P-8:30P  
Sa 1/12-1/12 8:00A-9:00A  
**203701-02** \$15.00 Directors  
Sa 1/12-1/12 8:00A-6:00P  
**203701-03** \$15.00 Actors  
Sa 1/12-1/12 9:00A-6:00P

### THE GREAT DINO HUNT

(All ages) There is an invisible dino loose in the park! Help our staff find it by following clues and tracking it down! Call 571-258-3700.

**Location: Claude Moore Park Visitor Center**

**261120-01** \$5.00  
Sa 1/12-1/12 1:00P-2:30P

### APPRECIATE A DRAGON DAY

(Ages 4 & under) It's National Appreciate a Dragon Day and we're celebrating in style! Make your

own pet dragon, try the obstacle course and other games, and win prizes. Call 703-430-9480.

**Location: Sterling Community Center**

**203730-01** \$6.00  
W 1/16-1/16 10:00A-11:30A

### COCOA AND COOKIES WITH A SNOWMAN

(All ages) Enjoy cocoa and cookies, play snowman games and take a picture of your child with our Jolly Snowman! Bring your camera. Call 703-771-5913

**Location: Douglass Community Center**

**204700-01** \$10.00  
Th 1/17-1/17 12:00P-1:00P

### PARENT'S NIGHT OUT

(Ages 3-7) See description for December.

**Location: Claude Moore Community Center**

\$16/first child, \$8/additional child  
F 1/18-1/18 5:00P-9:00P

### New! MOVIE NIGHT WITH THE FIREFIGHTERS

(All ages) Come in your comfy PJ's for a kid-friendly, family movie night with local firefighters. Movie snacks provided. Children under two admitted free. Call 540-338-5882.

**Location: Philomont Community Center**

**211705-01** \$5.00  
F 1/18-1/18 6:00P-8:00P

### LAST HAM STANDING

(All ages) Don't miss this hilarious show full of laughs for the entire family. A group of talented performers take suggestions from the audience to create wacky scenes and funny improv games. If you like Whose Line Is It Anyway?, you'll love Last Ham Standing - the other comedy meat! Purchase tickets online at [www.lastham.com](http://www.lastham.com). Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets: \$12/Adult, \$10/Student, \$/ Child  
F 1/18-1/18 8:00P

### JANUARY BOOK SWAP

(All ages) Recycle and save money too! Trade your adult and children's books for more great reading. Books and music CD's, music CD's, DVD movies and large print books/magazines are all welcome. Call 571-258-3500

**Location: Claude Moore Community Center**

**Free event**

Sa 1/19-1/19 10:00A-10:30A

### WINNIE THE POOH DAY

(Ages 6 & under) Celebrate Winnie the Pooh Day with us! Our gym will be turned into the Hundred Acre Woods with moonbounces, Winnie the Pooh story corner, pin the tail on Eeyore, and much, much more! Call 703-430-9480.

**Location: Sterling Community Center**

**203121-01** \$6.50  
Sa 1/19-1/19 11:00A-1:00P

### I'M A LITTLE PRINCESS

(Ages 2-8) Once upon a time Loudoun County was full of little princesses! Come dressed as a princess, have a princess sundae and join our parade in your princess dress, tiara, and wand that you decorate! Each princess will leave with some goodies! Call 703-771-5913

**Location: Douglass Community Center**

**204705-01** \$15.00  
Sa 1/19-1/19 12:00P-3:00P

### BUNCEAROO PRESENTS: BLAKE NOBLE & CALEB HAWLEY

(All ages) Aussie multi-instrumentalist Blake Noble has been hitting his stride this year with his 12-string percussive guitar flair. On paper, Caleb Hawley's resume reads as the standard Who's Who for up-and-coming songwriters. Then you hear him sing, and you realize there is only one word needed to describe this artist -extraordinary. Purchase tickets online at [www.buncearoo.com](http://www.buncearoo.com). Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets: \$15/In advance, \$20/At the door  
Sa 1/19-1/19 8:00P

### PARENTS ESCAPE NIGHT

(Ages 2-12) See description for December.

**Location: Sterling Community Center**

**203750-02** \$15.00  
F 1/25-1/25 5:30P-9:00P

### SNOWFLAKE BALL

(Ages 3-10) You are cordially invited to a Royal Princess Party. Come dressed in your fanciest princess dress. The center will be magically transformed into a castle with special activities including Make Your Own Magic Fairy Dust, Princess games, wand and tiara making stations, light refreshments and more. Call 540-822-5284 or e-mail [LOVCC@loudoun.gov](mailto:LOVCC@loudoun.gov).

**Location: Lovettsville Community Center**

**202705-01** \$11.00  
Sa 1/26-1/26 1:00P-3:00P

### MIKE RAYBURN: COMEDY & GUITAR

(All ages) "Classically Trained, Comically Derailed . . ." Mike Rayburn's presentation is an odyssey of masterful guitar, universally appealing comedy and musical combinations God never intended. Mike's entertainment style has been described as "Victor Borge with a guitar (and too much coffee)." Mike has headlined Carnegie Hall three times and has also headlined the V Theater in Las Vegas (Planet Hollywood). Call 540-338-7973.



**Location: Franklin Park Arts Center**

Tickets: \$15/Adult, \$12/Seniors, \$1/Students

Sa	1/26-1/26	8:00P
Su	1/27-1/27	3:00P

**DRAW A DINOSAUR DAY**

(Ages 4 & under) Join us for prehistoric fun with dino activities, games, and moonbounces. We'll take a picture of our dino drawings and submit them to the national Draw a Dinosaur Day website! Call 703-430-9480.

**Location: Sterling Community Center**

<b>203704-01</b>	\$6.50	
W	1/30-1/30	10:00A-11:30A

**CHILI DINNER**

(All ages) We invite you to come out of the cold and warm up with a delicious bowl of chili at our annual dinner! Call 540-687-6375 to register.

**Location: Middleburg Community Center**

<b>Pay at Door</b>	\$20.00	
Th	1/31-1/31	6:00P-8:00P

**FEBRUARY****THE IMMORTALS**

(All ages) The Immortals are a group of teen musicians who have achieved amazing success in Loudoun County. The Immortals have performed at Youth-Fest and Rock the Field, and were invited to play at the Rock and Roll Hall of Fame! Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets:	\$7/All seats	
Sa	2/2-2/2	7:00P

**CHILDREN'S BOOKS EVENT**

(Ages 10 & under) Celebrate National Children's Authors and Illustrators Week with crafts, activities, and games based on favorites including Dr. Seuss, Eric Carle, J.K. Rowling, and more. Call 703-430-9480.

**Location: Sterling Community Center**

<b>203740-01</b>	\$5.00	
Tu	2/5-2/5	11:00A-1:00P

**LEGO MANIA**

(Ages 3 & up) Bring your Legos and Duplos to test your skill and creativity. We'll provide a theme for each age category and creations must be completed within a time limit. Prizes will be awarded, and refreshments will be sold. Registration deadline: 1/29. Call 540-822-5284 or e-mail lovcc@loudoun.gov.

**Location: Lovettsville Community Center**

<b>202704-01</b>	\$8.00	
Tu	2/5-2/5	6:00P-7:30P

**LOUDOUN LYRIC OPERA: THE MIKADO**

(All ages) The comic opera The Mikado features musical gems such as "A Wand'ring Minstrel I," "Behold the Lord High Executioner," and "Three Little Maids from School are We." Directed by James Campanella and Musical Director Cuong Hung Van with Choreography by Kelly Gray. Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets:	\$22/Adults, \$1/ Seniors, \$12/Students	
F	2/8-2/8	8:00P
Sa	2/9-2/9	8:00P
Su	2/10-2/10	3:00P
F	2/15-2/15	8:00P
Sa	2/16-2/16	8:00P
Su	2/17-2/17	3:00P

**ORDINARY TIMES**

(All ages) Visit the Lanesville Ordinary and take part in early American activities. Enjoy bread making, woodworking, clothes making, open fire cooking, toy making, and more! Refreshments served. Call 571-258-3700.

**Location: Claude Moore Park Historic Area**

<b>Free Event</b>		
Sa	2/9-2/9	10:00A-2:00P

**GIRLS & WOMEN IN SPORTS**

(All ages) Sterling Community Center presents National Girls & Women in Sports Day! Join us in discovering what sports are available to girls and women and the many benefits of sports for females. Call 703-430-9480.

**Location: Sterling Community Center**

<b>203731-01</b>	<b>Free event</b>	
Sa	2/9-2/9	11:00A-3:00P

**ANIMAL TEA PARTY**

(Ages 3-6) Bring a favorite (stuffed) animal friend, play games, make a craft and enjoy cookies and juice at our tea party! Call 571-258-3700. (Drop-off event)

<b>261118-01</b>	\$5.00	
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**Location: Claude Moore Park Lanesville Ordinary**

Tu	2/12-2/12	12:30P-1:30P
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**BE MY VALENTINE BOUNCE**

(Ages 4 & under) Celebrate Valentine's Day with moonbounces, crafts, games, and activities. Call 703-430-9480.

**Location: Sterling Community Center**

<b>203706-01</b>	\$7.00	
Th	2/14-2/14	10:00A-11:30A

**MARDI GRAS CARNIVAL**

(All ages) Join us for a carnival of family fun! Our preschool is transformed into a Mardi Gras atmo-

sphere with decorations, children's games, crafts, music, food and great raffle and silent auction prizes. Hosted by Claude Moore Community Center Advisory Board. Visit mardigrascarnival.org or call for ticket details. Snow date 2/22. Call 571-258-3500.

**Location: Claude Moore Community Center**

Before 2/14	\$2/Adult, \$5/Child all activities	
Pay at door	\$2/Adult, \$7/Child all activities	
F	2/15-2/15	5:30P-8:30P

**PARENTS ESCAPE NIGHT**

(Ages 2-12) See description for December.

**Location: Sterling Community Center**

<b>203750-03</b>	\$15.00	
F	2/15-2/15	5:30P-9:00P

**VALENTINE PARENT & CHILD DANCE**

(Ages 3 & up) Invite your special valentine to our second annual Parent & Child Dance. Light refreshments will be served. Call 540-338-4122.

**Location: Loudoun Valley Community Center**

<b>201713-01</b>	\$7.00/couple	
F	2/15-2/15	6:30P-7:30P
<b>201713-02</b>	\$5.00/Add'l child or parent	
F	2/15-2/15	6:30P-7:30P

**COMMUNITY CONSIGNMENT SALE**

(Ages 12 & up) Spring is a great time to clean out the basement, attic, garage, and closets. Vendors must register by 2/8. Please let us know if you need electricity. Call 540-338-4122.

**Location: Loudoun Valley Community Center**

<b>201800-01</b>	\$11.00/space	
Sa	2/16-2/16	8:30A-1:30P

**FEBRUARY BOOK SWAP**

(All Ages) See description for January.

**Location: Claude Moore Community Center**

<b>Free event</b>		
Sa	2/16-2/16	10:00A-12:00P

**STARTING FROM SEED**

(Ages 16 & up) There is something amazing about planting a seed and watching it grow! It can also be a less expensive way to fill out your garden, whether in containers on a porch or a full yard with flower beds. Learn how to order the right seeds, and when and how to plant them. Call 703-430-9480.

**Location: Sterling Community Center**

<b>203509-01</b>	\$5.00	
W	2/20-2/20	6:30P-8:00P

**LAST HAM STANDING**

(All ages) See description for January.

**Location: Franklin Park Arts Center**

Tickets:	\$12/Adult, \$10/Student, \$8/Child	
F	2/22-2/22	8:00P

**GIRLS IN ENGINEERING**

(Ages 6-12) Calling all girls for Introduce a Girl to Engineering Day! We'll have cool hands-on activities, demonstrations, and information about careers in engineering and technology. Call 703-430-9480.

**Location: Sterling Community Center**

**203712-01** \$5.00  
Sa 2/23-2/23 11:00A-1:00P

**BUNCEAROO PRESENTS: PAINT THE MUSIC**

(All ages) The night begins with each musician being paired with an artist and playing one song. The artist starts a painting to represent the musician's song. Once all four musicians have played their initial song and the artists have begun their paintings, each musician plays a full set while the crowd enjoys the music and watching the artists paint. Paintings can be purchased at the end via a silent auction. Purchase tickets online at [www.buncearoo.com](http://www.buncearoo.com). Call 540-338-7973.

**Location: Franklin Park Arts Center**

Tickets: \$12/Advance, \$15/At the door  
Sa 2/23-2/23 8:00P

**MARCH**

(registration begins Nov. 15)

**DR. SEUSS DAY CELEBRATION**

(All ages) Celebrate the birthday of Dr. Seuss! We'll read Dr. Seuss stories, try the Thing 1 & 2 obstacle course, and take part in lots of zany games and activities. Call 703-430-9480.

**Location: Sterling Community Center**

**203707-01** \$6.00  
F 3/1-3/1 10:00A-11:30A

**FATHER/DAUGHTER DANCE**

(Ages 2-9) Take your little princess on a date at the community center for an evening of dancing, music and fun.

**Location: Claude Moore Community Center**

**210713-01** \$15.00/per couple  
F 3/1-3/1 7:00P-9:00P  
**210713-02** \$5.00/each additional girl  
F 3/1-3/1 7:00P-9:00P

**TRIPS  
COUNTYWIDE**

This section lists some of our countywide trips offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information.

**DECEMBER****TEEN SHOPPING TRIP**

(Ages 11-16) Find those last minute gifts for friends and family while you hang out with community center staff. We'll head to the Leesburg Five Below store. Space is limited - sign-up early! Depart/Return: Loudoun Valley Community Center. Call 540-338-4122.

**201721-01** \$7.00  
Tu 12/4-12/4 5:00P-8:00P

**BOTANICAL GARDEN & NATIONAL TREE**

(All ages) Hop on the bus and head to DC. We will visit the indoor Botanical Garden, which will be adorned for the holiday season and include the train display. We will then visit the National Christmas Tree located on the Ellipse in front of the White House. Under 18 years needs an adult in attendance. Depart/Return: Douglass Community Center. Call 703-771-5913.

**204777-01** \$15.00  
Sa 12/8-12/8 2:00P-8:00P

**MY FIRST BOWLING TRIP**

(Ages 4-5) Stay at the community center after Pre-school, have lunch with your friends, then go on a bus ride to the bowling alley for a game of bowling. Depart/Return: Douglass Community Center. Call 703-771-5913.

**204708-01** \$15.00  
Th 12/20-12/20 11:15A-2:00P

**NEW YORK CITY TRIP-ROCKETTES**

(All ages) Travel by motor coach to New York City to see the world-famous Rockettes. Show ticket is included. Time for shopping. Depart/Return: Loudoun County Commuter Park & Ride lot, Leesburg. Call 703-771-5913.

**104700-02** \$110.00  
Sa 12/22-12/22 6:00A-11:59P

**NEW YORK CITY TRIP-SHOPPING ONLY**

(All ages) Travel by motor coach to New York City. Shopping Only. Depart/Return: Loudoun County Commuter Park & Ride lot, Leesburg. Call 703-771-5913.

**104701-02** \$60.00  
Sa 12/22-12/22 6:00A-11:59P

**JANUARY****ALL COUNTY SKI/SNOWBOARD/TUBING TRIP**

(Grades 6-12) The annual countywide PRCS ski/snowboard and tubing trip will be travelling to Canaan Valley Resort in West Virginia. Packages range from lift ticket only, to lift, lesson and rental to all day tubing. Dinner is included on the way home. School bus transportation. Depart/Return: Harper Park Middle School. Call Douglass CC at 703-771-5913 or email [dcc@loudoun.gov](mailto:dcc@loudoun.gov) for registration forms.

<b>204300-01</b>	\$60.00	Lift Ticket Only
F	1/18-1/18	6:00A-8:30P
<b>204300-02</b>	\$80.00	Lift & Ski Rental
F	1/18-1/18	6:00A-8:30P
<b>204300-03</b>	\$95.00	Lift, Skis & Lesson
F	1/18-1/18	6:00A-8:30P
<b>204300-04</b>	\$60.00	All Day Tubing
F	1/18-1/18	6:00A-8:30P
<b>204300-05</b>	\$80.00	Lift & Board Rental
F	1/18-1/18	6:00A-8:30P
<b>204300-06</b>	\$95.00	Lift, Board & Lesson
F	1/18-1/18	6:00A-8:30P

**TRIPS  
FOR SENIORS**

Registration for senior trips begins on November 14 at 9 a.m., unless otherwise noted. All trips are for individuals 55 years and older. Transportation is by senior center buses, unless otherwise noted. First price listed is for current (enrolled since 7/1/12) card-carrying senior center members (Carver, Cascades, Dulles South and Leesburg); second price listed is for nonmembers. Departure and return locations: Carver (Purcellville) Senior Center, Cascades (Sterling) Senior Center and Leesburg Wal-Mart (west side of parking lot near Garden Center). Sign-up is required and may be done at any PRCS facility with access to RecTrac! There are no refunds although a refund minus a 30% administrative fee may be issued if your seat is resold. Call 703-430-2397.

**DECEMBER****HOLIDAY LIGHTS – WASHINGTON, DC**

Begin with dinner on your own at Union Station, view the Pageant of Peace and visit the decorated Mormon Temple grounds and Visitors' Center with its 500,000 lights. Price includes motorcoach transportation with free admissions. Extensive walking. Limited to 52.

<b>245612-01</b>	\$25/member, \$29/non-member
Th	12/13-12/13
<b>245613-01</b>	\$25/member, \$29/non-member
M	12/17-12/17

## JANUARY

### SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirshhorn/Sackler Museums. Lunch on your own. Price includes transportation with free admission. Extensive walking. Limited to 28. Trip repeated on 2/4.

**245614-01** \$9/member, \$13/non-member  
M 1/7-1/7

### HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

Enjoy slots, table games and/or simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license (subject to change). Minimum walking. Limited to 28. Trip repeated on 2/14.

**245610-01** \$8/member, \$12/non-member  
Th 1/24-1/24

### "THE BLACK WATCH & THE BAND OF SCOTS GUARDS" AT GEORGE MASON CENTER FOR THE ARTS – FAIRFAX, VA

The Pipes, Drums and Highland Dancers of the 1st Battalion. No lunch is available – bring snacks or bag lunch to eat on bus. Show is at 2:00 pm. Price includes transportation and show. Minimum walking. Limited to 28.

**245616-01** \$50/member, \$54/non-member  
Sa 1/26-1/26

## FEBRUARY

### SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian, Air and Space and African Art/Freer/Hirshhorn/Sackler Museums. Lunch on your own. Price includes transportation with free admission. Extensive walking. Limited to 28.

**245617-01** \$9/member, \$13/non-member  
M 2/4-2/4

### HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

See description for 1/24.

**245610-02** \$8/member, \$12/non-member  
Th 2/14-2/14

### "OUR TOWN" AT FORD'S THEATER – WASHINGTON, DC

75th Anniversary Production by Thornton Wilder, directed by Stephen Rayne. Set in the serene New England town of Grover's Corners, Thornton Wilder's Pulitzer Prize-winning drama presents a timeless commentary on the transience of human

existence. No lunch is available – bring snacks or bag lunch to eat on bus. Show is at 11:00 a.m. Price includes transportation and show. Moderate walking. Limited to 52.

**245618-01** \$62/member, \$66/non-member  
Th 2/21-2/21

### "GOOD PEOPLE" AT ARENA STAGE – WASHINGTON, DC

Pulitzer Prize-winning playwright David Lindsay-Abaire presents this "poignant, brave and almost subversive" (New York Post) Broadway hit about life in a broke and broken American town. No lunch is available – bring snacks or bag lunch to eat on bus. Show is at noon. Price includes transportation and show. Minimum walking. Limited to 28.

**245619-01** \$52/member, \$56/non-member  
W 2/27-2/27

## OVERNIGHT TRIPS

### DALLAS AND FORT WORTH - TEXAS

9-days, 8-nights. Total trip cost: \$792/member and \$837/non-member for double occupancy or \$1,080/member and \$1,125/non-member for single occupancy. Extensive walking. Limited to 52.

**345640-01** \$264/\$279 double  
\$360/\$375 single  
due upon registration

**345640-02** \$264/\$279 or \$360/\$375  
due Dec. 1

**345640-03** \$264/\$279 or \$360/\$375  
due Feb. 1  
Tu-W 3/12-3/20

### "MURDER MYSTERY WEEKEND" AT ALLEN-BERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

When a mysterious accident puts the beloved Mayor of Boiling Springs out of commission, the race is on to find the town's next leader. But as soon as this emergency special election heats up, controversy reigns. Corruption, bribery, blackmail . . . and murder! Price includes coach bus transportation, accommodations, all meals, tips and shows. Total trip cost: \$422/member and \$452/non-member for double occupancy or \$588/member and \$618/non-member for single. Moderate walking (some moderate inclines). Limited to 52.

**345641-01** \$211/\$226 double  
\$294/\$309 single  
due upon registration.

**345641-02** \$211/\$226 or \$294/\$309  
due Jan 16  
F-Su 4/12-14

### NEW ENGLAND & NOVA SCOTIA, PRINCE EDWARD ISLAND - CANADA

This 11-day, 10-night tour includes stops of interest on our way north where we'll visit Bar Harbor, Maine; Fundy National Park, the Bay of Fundy and Reversing Falls in St. John, New Brunswick, Canada; Prince Edward Island; Cape Breton, Halifax, and Peggy's Cove in Nova Scotia. Total trip cost: \$2,351/member and \$2,411/non-member for double occupancy or \$3,054/member and \$3,114/non-member for single occupancy. Extensive walking. Limited to 52.

**345643-01** \$590/\$605/ double  
\$765/\$780/ single  
due upon registration.

**345643-02** \$587/\$602 double  
\$763/\$778 single  
due Jan. 17

**345643-03** \$587/\$602 or \$763/\$778  
due Mar. 21

**345640-04** \$587/\$602 or \$763/\$778  
due May 16  
Th –Su 6/27-7/7

## AREA AGENCY ON AGING

215 Depot Court, SE, 2nd Floor  
Leesburg, VA 20175  
**703-777-0257**  
M-F 8:30A 5:00P

The Area Agency on Aging provides the following programs and services for senior citizens, their families and/or caregivers:

#### Adult Day Centers

#### Caregiver Telephone Support Group

#### Caregiver Training Series

#### Case Management Services

#### Congregate Lunch Programs

#### Home Delivered Meals

#### Health & Wellness Promotion

**Information And Referral:** The program provides One Number to Call for information and assistance.

#### Medicare Counseling

#### Senior And Activity Centers

#### Tax Assistance Program

#### Volunteer Opportunities

## SENIOR CENTERS: GENERAL INFORMATION

### ACTIVITIES & FEES

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual member-

ship fee covering July-June is \$25/person (\$37.50/ non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program.

### FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

### ADULT DAY CENTERS: GENERAL INFORMATION

Ashburn: **571-258-3232**  
Leesburg **703-771-5334**  
Purcellville **571-258-3402**

### PARTICIPANTS

Our centers are open M-F from 7:30A-5:30P to provide a safe, social, and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

### CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from care giving. Caregiver and Alzheimer support groups are available to provide insight, guidance, companionship, and resources.

Through AAA's Elder Resources program, a monthly caregiver telephone support group is available, as well as a quarterly caregiver training series. For more information or to register for these services, please call 703-777-0257 or visit [www.loudoun.gov/aaa](http://www.loudoun.gov/aaa).

## CARVER CENTER

200 Willie Palmer Way  
Purcellville, VA 20132

**571-258-3400**

M-F 9:00A-9:00P

Sa 9:00A-6:00P

**For senior classes, programs and events  
refer to the Carver Center section following  
Bluemont Community Center listings.**

## DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive  
South Riding, VA 20105

**571-258-3883**

M-F 9:00A-5:00 P

*Unless otherwise noted, the following classes,  
activities, and programs for ages 55 & older are  
FREE, although membership or non-member drop-  
in fees apply.*

### SPECIAL EVENTS

#### HOLIDAY PARTY

Our holiday party for center members only features a gift exchange.

Th 12/20-12/20 5:30P-8:30P

Please contact the Dulles South Senior Activity Center for information about more special events for seniors.

### ON-GOING ACTIVITIES

#### YOGA FOR SENIORS WITH RANI

Enjoy the benefits of a life with yoga. Learn to breathe for health. Try Laugh Yoga - you can stand or sit while enjoying these sessions.

M, T, W, F on-going 11:00A-12:00A

#### TAI CHI W/ LONG MEI

Join us in this beautiful form of exercise

T, W on-going 10:00A-11:00P

#### COMPUTER W/ ALFRED

Computer Help. Please schedule class

T on-going 10:30A-1:00P

#### LINE DANCE

Learn some basic routines. You can have fun and exercise at the same time.

T on-going 11:00A-12:00P  
Th on-going 1:00P – 2:00P

#### YOGA WITH RANI

Traditional yoga. Please bring your yoga mat.

Th on-going 11:00A – 12:00P

#### KNIT 'N' STITCH CLUB

Bring your own supplies.

T on-going 12:30A-2:00P

#### ART GROUP

Join friends to draw, paint, etc. Bring your supplies. Please check with center for more information.

W on-going 1:00P-2:30P

#### LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center. for a monthly book /tape/CD exchange. Participants are welcome to borrow books, etc. from our ever-growing library.

2nd F on-going 11:00A

#### ADVISORY BOARD MEETING

Meetings to fulfill the mission of the senior center..

1st Tu on-going 1:00P

#### ONE ON ONE W/ KATHY KEHOE

Offering individual visits.

2nd, 4th W on-going 11:00A-11:45A

#### LOUDOUN MOBILE HEALTH OUTREACH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly .

3rd Tu on-going 11:00A-12:00P

#### GAMES GALORE

Start your weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble. Play Dominoes (all types), Rummikub, Mah Jongg, and more.

1st, 2nd, 3rd Th on-going 12:30P-2:00P

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group or just a friendly gathering!



## LOUDOUN COUNTY SENIOR CENTER AT CASCADES

21060 Whitfield Place

Sterling, VA 20165

703-430-2397

M, W-F 9:00A-5:00P

Tu 9:00A-8:00P

*Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies).*

### CARDS & GAMES

#### BINGO

Fee required (15 games)

M, Th	on-going	10:30A-12:00P
T	on-going	10:30A-11:30A
F	on-going	1:30P-3:00P

#### JEOPARDY!

4th W	on-going	11:00A-12:00P
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#### DUPLICATE BRIDGE

Sanctioned game - Fee required

M	on-going	11:00A-3:00P
Th	on-going	1:00P-4:30P

#### O'HECK

W	on-going	10:00A-11:30A
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#### PARTY BRIDGE

M, W, F	on-going	1:00P-4:00P
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#### POKER

Tu, Th	on-going	1:00P-4:30P
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### CULTURAL & SOCIAL ACTIVITIES

#### AART (All Ages Read Together)

The AART program is dedicated to providing low to moderate income preschoolers with one-on-one reading experiences with older members of the community. Seniors who are interested in volunteering should contact the center for more information.

Tu, Th	on-going	12:45P-2:00P
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#### BIBLE STUDY

Tu	on-going	10:30A-12:00P
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#### BOOK DISCUSSION

3rd Tu	on-going	12:00P-1:30P
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#### WRITING GROUP

3RD Tu	on-going	1:30P-3:00P
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#### MORNING REFRESHMENTS & FRIENDSHIP

M-F	on-going	11:00A-12:00P
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#### CURRENT EVENTS DISCUSSION

W	on-going	1:30P-3:00P
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#### GERMAN

Th	on-going	12:30P-3:00P
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#### ITALIAN

M	on-going	10:30A-12:00P
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#### FRENCH

F	on-going	10:30-12:00P
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#### KNITTING & CROCHETING

F	on-going	10:00A-12:00P
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#### MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$2/movie

3rd W	on-going	1:30P-3:30P
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#### OPEN PAINTING

Tu	on-going	10:00A-12:00P
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#### POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" bag to give as a bingo prize.

2nd Tu	on-going	5:30P-7:30P
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#### SENIOR CENTER ADVISORY BOARD

4th Th	on-going	10:00A-11:00A
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#### TEA TIME

\$ .50/donation

Th	on-going	2:00P-3:00P
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### EXERCISE ACTIVITIES

#### AEROBICS

M-F	on-going	10:00A-11:00A
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#### REJUVENATING EXERCISE

T, Th	on-going	10:00A-11:00A
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#### BALLROOM DANCING

W	on-going	11:00A-12:00P
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#### BASIC LINE DANCING

W	on-going	10:30A-11:30A
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#### BEGINNING LINE DANCING

1st Tu	on-going	6:15P-7:30P
W	on-going	1:15P-2:15P
F	on-going	1:15P-2:15P

#### BEGINNER PLUS LINE DANCING

W	on-going	12:30P-1:00P
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#### INTERMEDIATE LINE DANCING

M	on-going	1:15P-3:15P
T	on-going	1:15P-3:15P
Th	on-going	1:15P-3:15P
F	on-going	1:15P-3:15P

#### JERRY'S JUKEBOX

3rd Tu	on-going	6:30P-7:45P
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#### PICKLE BALL

W	on-going	9:30A-10:30A
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#### REJUVENATING EXERCISE

Tu, Th	on-going	10:00A-11:00A
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#### TAI CHI & QI GONG WITH MABEL

Meditation in motion. Gentle martial arts for seniors with breathing concentration exercises. Led by Mabel Chin and Marlene Burkgren.

Tu, F	on-going	11:00A-12:00P
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### SELF-HELP & RESOURCES

#### AARP DRIVER SAFETY PROGRAM

This two-day program may help to reduce the cost of your insurance.

\$12/AARP member, \$14/non-AARP members

W, F	TBA	10:00A-3:00P
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#### BLOOD PRESSURE CHECK

Tu, Th, F	on-going	11:00A-11:30A
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#### CLOTHING ALTERATIONS

M, Th	on-going	9:00A-11:30A
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#### COMPUTER LAB

M	on-going	10:00A-12:00P
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#### DEAF AND HARD OF HEARING SOCIAL

Deaf seniors who use sign language meet for lunch and social activities. Call or fax Elaine Shaffer at 703-430-6077 (TTY) evenings or email at eolshaffer@aol.com.

2nd W	on-going	10:00A-4:00P
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#### ONE-ON-ONE SUPPORT

A case manager from Area Agency on Aging available to meet one-on-one with individuals to provide information and referrals concerning health care,

financial concerns and social needs.

1st, 3rd W on-going 11:00A-1:30P

### EYEGLASSES ASSISTANCE

Staff from Lenscrafters clean glasses and make minor repairs and adjustments.

2nd Th on-going 11:30A-12:30P

### HEARING LOSS ASSISTANCE

Joan Cassidy, Northern Virginia Resource Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th on-going 10:00A-2:00P

### INDIAN CULTURAL GROUP

Experience and learn the Indian culture through chanting, meditating and singing Bhajans.

2nd F on-going 10:30A-12:00P

### MAN-TO-MAN (PROSTATE CANCER) EDUCATION AND SUPPORT GROUP

2nd Tu on-going 6:30P-8:00P

### MOBILE HEALTH VAN

Loudoun Healthcare provides health screenings, check-ups and referrals.

2nd/4th Tu on-going 9:30A-12:00P

### SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F on-going 2:00P-3:00P

### WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

## CLASSES

### CERAMICS

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Class offered every 2nd or 3rd Thursday of the month. Please check with the Senior Center for current schedule. Instructors: Pat Miller and/or Frank Smith.

\$21/member, \$23/non-member – 1 session

### COMPUTER CLASS

Learn how today's technology helps you connect. Smart phones, e-readers (Nook, etc.), social media, GPS, Skype, etc. will be explored. Instructor: Andy Livingston.

**145603-02** \$120/member, \$136/non-member  
Tu 1/8-2/26 10:30A-12:00P

### ESL CLASS

Instructor: Gordon Chin

\$21/member, \$41/non-member 10-week course

**245608-01** Beginner  
Tu on-going 10:00A-12:00P

**245608-02** Intermediate  
Th on-going 10:00A-12:00P

### SPANISH

There are four levels of Spanish. Spanish I & II require purchase of a Spanish Workbook (\$13).

Instructors: Lourdes Cabrisses and Lea Nigon

#### Spanish I

**245601-01** \$21/member, \$41/non-member  
F TBA 10:00A-11:00A

#### Spanish II (A)

**245601-02** \$21/member, \$41/non-member  
M TBA 2:00P-3:30P

#### Spanish II (B)

**245601-03** \$21/member, \$41/non-member  
F TBA 11:15A-12:30P

#### Spanish III

**245601-04** \$21/member, \$41/non-member  
Th TBA 1:00P-2:30P

### YOGA - GENTLE

Gentle Yoga aimed for active seniors to feel more energized, youthful & fit! Eight-week class.

Instructor: Sarla Mehta.

**245607-02** \$73/member, \$89/non-member  
Drop-in \$10/member, \$11/non-member  
Tu on-going 5:30P-7:00P

### ZUMBA GOLD

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version. Instructor: Vivian Monroe.

**245601-01** \$10/member, \$11/non-member  
Th on-going 11:00A-12:00P

## SPECIAL EVENTS

### HOLIDAY POT LUCK DINNER

Join us for a special Holiday Pot Luck Dinner with entertainment and a special BINGO gift exchange. Bring a \$5 gift for BINGO plus a dish to share.

**245609-01** \$5/member,  
\$7/non-member and at the door  
Tu 12/18-12/18 5:30P -7:30P

### NEW YEAR'S PARTY/DANCE

(Ages 55 & up) Ring in 2013 with your friends! Music, refreshments and snacks provided. All tickets will be \$7 beginning December 26 and at the door.

**245609-02** \$5/member, \$7/non-member  
Th 12/27-12/27 2:00P – 4:00P

### VALENTINE'S DAY PARTY/DANCE

"Love is in the air" at the Senior Center's 13th Annual Valentine's Day Party/Dance. Music will be provided by DJ Sky Dantine. Light snacks and refreshments will be provided. Tickets will be \$7 at the door.

**245609-03** \$5/member, \$7/non-member  
Th 2/14-2/14 2:00P – 4:00P

## THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B  
Leesburg, VA 20176

**703-737-8039**

M, W, Th, F 9:00A-5:00P; Tu 9:00A-8:00P

Membership fee: \$25/residents,  
\$37.50/non-residents

The center is closed 12/24, 12/25, 1/1, 1/21, 2/18

*Unless otherwise noted, the following classes, activities, and programs are offered FREE to participants ages 55 & older, although membership or drop-in fees apply.*

## CRAFTS

### SEWING WORKSHOP

For the beginning level, Sewing machines provided. Bring in your own sewing project.

M,F on-going 9:00A-12:00P

### STITCH-IN B GROUP

Come and sew, knit, needlepoint, or crochet.

M,F on-going 9:00A-12:00P

### ART STUDIO

Bring your own supplies and work together. Share techniques. Learn new skills from each other.

M on-going 1:00P-3:00P

### New! EASY CRAFTS WITH JACKIE

Th on-going 10:30A

## DANCE

### BEGINNING LINE DANCE

Join in the fun of Country Line Dance. Fun and Fitness provided by Instructor Lois

W on-going 12:00P-1:00P

### INTERMEDIATE LINE DANCE

You must have successfully completed Beginning Line Dance. Fun and Fitness provided by Instructor Lois.

W on-going 1:00P-2:00P

**SOCIAL DANCE**

Practice the Foxtrot, Waltz, Tango, and Cha Cha. No partner required. New participants welcome.

W on-going 2:00P-3:00P

**EDUCATIONAL****INTERNET BASICS**

You must have full knowledge of how to use the computer. Learn the basics of finding information on the internet. Create your own e-mail accounts. Space is limited. Instructor: Shiwei.

**227603-01** \$24.00  
W 12/5-12/26 10:00A-11:00A

**227603-02** \$24.00  
W 1/9-1/30 10:00A-11:00A

**227603-03** \$24.00  
W 2/6-2/27 10:00A-11:00A

**BEGINNING BRIDGE**

Learn the basic play of the hand and bidding. Practice after class to use what you have learned. Leaders: Betty & Helen. No class 12/25, 1/1.

**227604-01** \$48.00  
T 12/4-02/05 9:15A-10:15A

**POWER POINT**

Learn how to create a power point presentation using Microsoft software. You must have basic computer knowledge. Instructor: Shiwei.

**227605-01** \$24.00  
Th 1/10-1/31 10:30A-11:30A

**BEGINNING SPANISH WITH MARY FRANCES**

Try this continuation class. PART 1, PART 2, and PART 3 will build on recognizing basic words and phrases. Learn to pronounce them. No new members after 12/14. Leader: Mary Frances.

**227606-01** \$24/member, \$32/non-member  
F 12/7-12/28 10:00A-11:00A

**227606-02** \$24/member, \$32/non-member  
F 1/4-1/25 10:00A-11:00A

**227606-03** \$24/member, \$32/non-member  
F 2/1-2/22 10:00A-11:00A

**SPANISH WORKSHOP**

An opportunity to have fun using what you know. Practice all in Spanish with conversation, reading books, and games. Leader: Mary Frances. No class 12/25, 1/1.

**227607-01**  
Tu 12/4-2/26 10:00A-11:00A

**DIGITAL CAMERA**

Bring your camera, jump drive or memory stick and computer cord to download photos from your camera to the PC. You must know how to use the computer for this class. Instructor: Defa. No class 1/21.

**227621-01** \$24.00  
M 1/7-2/4 10:30A-11:30A

**FITNESS****TAI CHI WITH SUCHA**

Try these slow-motion movements to improve flexibility and range of motion. Leaders: Sucha and Marlene. No class 12/24, 1/21, 2/18.

M 12/3-02/25 10:45A-11:45A

**ZUMBA GOLD**

Latin-inspired dance fitness program. Feel the music and move to it with simple steps. Increase coordination and decrease stress. Wear rubber soled shoes, comfortable loose fitting clothing. Bring water and a towel. Certified Instructor: Barbara.

**227633-01** \$18/member, \$24/ non-member  
Tu 12/4-12/18 11:00A-12:00P

**227633-02** \$24/member, \$32/non-member  
Tu 01/08-01/29 11:00A-12:00P

**227633-03** \$24/member, \$32/non-member  
Tu 02/05-02/26 11:00A-12:00P

**YOGA AND LAUGHTER**

Series of stretching, flexibility, and balance. Laughter is the best medicine - come see why! Leader: Rae.

Th on-going 9:30A-10:30A

**STRETCH & TONE**

Use bands and hand weights for overall fitness. Leader: Mary

M on-going 12:45P-1:30P

Th on-going 11:00A-11:45A

**EXERCISE EQUIPMENT**

Includes two treadmills, crank cycle, elliptical, cardio glide, weight bench, and free weights.

M-F on-going 9:00A-5:00P

**ON-GOING CLUBS & GROUPS****New! BATTLE OF THE SEXES**

A monthly interactive game of friendly competition. Women vs Men. Come and see who wins.

W 12/19, 1/30, 2/27 only 12:45P

**INVESTORS DISCUSSION GROUP**

Discussion of members will research and share ideas about investing. Guest speakers are possible.

2nd, 4th M on-going 9:30A

**LEARN TO SHOOT POOL (BILLIARDS)**

Billiard lessons will be provided by experienced players.

M on-going 10:00A

**QUILT MAKERS CLUB**

T on-going 9:30A

**SING ALONG**

Check Calendar for dates 10:30A

**PARTY BRIDGE**

T on-going 1:00-4:00P

**WRITER'S ROUNDTABLE**

T on-going 1:00P

**BIBLE STUDY WITH BILL**

W on-going 11:00A

**ADVISORY BOARD MEETING**

Leesburg Senior Center Advisory Board meets on the first Thursday of the month.

1st Th on-going 2:00P

**GOOSE CREEK BRIDGE GROUP**

Duplicate Bridge group fees involved for members.

Th on-going 10:00A

**New! POETRY CLUB**

Th on-going 12:45A

**LOUDOUN BRIDGE BUFFS**

Duplicate Bridge Sanctioned game.

F on-going 1:00P

**CROCHET CLUB**

F on-going 9:00A

**HEALTH, WELLNESS & INFORMATION****VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING**

Representative Joan Cassidy presents information on resources and devices available to assist with mild to severe hearing loss.

1st W on-going 10:00A-12:00P

**DIABETES SUPPORT GROUP**

For Type I, Type II, or borderline. Share in the discussion to help you live a better, healthier and more active life. Learn some new ideas.

2nd Th on-going 11:00A

**INOVA MOBILE HEALTH SERVICES**

INOVA Nurses provide Blood Pressure checks and Lab Tests, some with fees. Questions Call 703-737-8039.

**RECREATION, SOCIAL  
& GAMES****LUNCH IN THE DINING ROOM**

Reservations are required. Lunch is served at 12 Noon. Call 703-737-8039.

Under age 60: \$4.00/lunch

Age 60 & up: Pay Donation

**BADMINTON**

Just have fun with it. Just like you played at your back yard picnics.

M on-going 9:30A

**OH HECK!**

M on-going 10:00A

**BID WHIST**

M on-going 10:30A

M on-going 12:30P

**BILLIARDS**

Make use of the two regulation slate pool tables.

M-F on-going 9:00A-5:00P

**TABLE TENNIS**

Make use of the regulation ping-pong table.

M,T,W,F on-going 9:00A-11:30A

**RUMMIKUB**

M on-going 2:00P

**PICKLEBALL**

Just for fun! Net game played with wooden paddle and wiffleball.

M on-going 2:30P

**TEXAS HOLD'EM**

T & Th on-going 9:00A

**EUCHRE**

T on-going 10:30A

**New! INDOOR GOLF**

Practice golf strokes, putting and chipping with your own clubs. Try the new PGA approved BirdieBall.

T on-going 2:30P

W on-going 9:30A

**SHOPPING OUTING**

T on-going 12:30P

**Wii BOWLING**

M,Tu on-going 12:30P

T & F on-going 12:45P

**CANASTA**

T on-going 4:30P

**MAHJONGG**

Th on-going 12:45P

**BINGO WITH GAIL**

Pay at door \$ .50 per card

F on-going 12:30P

**SPECIAL EVENTS****POTLUCK DINNER & BINGO**

Enjoy bingo and supper with friends. Bring a cover dish to share and a wrapped gift to play bingo.

2nd Tu on-going 5:30P

**New! MUSIC CLUB NIGHT**

Come listen and dance to the music.

Dixieland Jazz

3rd Tu 1/22-1/22 5:30P

Mardigras Music

3rd Tu 2/19-2/19 5:30P

**MOVIE NIGHT**

Enjoy the movie of the month. Popcorn and soda sold to support our Advisory Board.

\$2/member, \$4/non-member

**227645-01** The Best Exotic Marigold Hotel

Tu 12/18-12/18 5:30P

**227645-02** The Artist

Tu 1/29-1/29 5:30P

**227645-03** The Three Stooges

Tu 2/26-2/26 5:30P

**LUNCH BUNCH**

This is the social outing of the month. Enjoy lunch out with friends. Transportation paid for in advance. Lunch ordered and paid for on your own.

**227640-01** \$1.00 Ruby Tuesday, Leesburg

Th 12/27-12/27 11:30A-1:30P

**227640-02** \$1.00 Noodles & Co., Leesburg

Th 1/24-1/24 11:00A-1:30P

**227640-03** \$1.00 Shenanigan's, Leesburg

Th 2/21-2/21 11:30A-1:30P

**HOLIDAY AROUND THE WORLD**

Celebrate the holidays from around the world.

Experience the international flavor of spectacular events. You can pay \$2 each or \$10 for the Holiday Wreath with all events included.

**227651-01** \$2.00 China

Th 12/6 10:30A-11:30A

**227652-01** \$2.00 South America

Tu 12/11 10:30A-11:30A

**227653-01** \$2.00 Philippines

F 12/14 10:30A-11:30A

**227654-01** \$2.00 Europe & Asia

M 12/17 10:30A-11:30A

**227654-02** \$2.00 India

F 12/28 10:30A-11:30A

**DEC 21 HOLIDAY PARTY**

Celebrate the Holiday Party for \$5 or pay \$10 for the Holiday Wreath with all events included.

Registration ends 12/14.

**227655-01** \$5.00

F 12/21-12/21 11:00A-2:00P

**HOLIDAY WREATH**

Bundle the Whole World. All Holiday Around the World events and the Holiday Party at a discounted price. Registration ends 12/14.

**227650-01** \$10.00

**Wii BOWLING TOURNNEY**

Join in the Wii Bowling competition in a double elimination tournament. Medals will go to the winners.

**227680-01** \$3/member, \$5/non-member

Tu 12/4-12/4 10:30A-2:00P

**NEW YEAR'S PARTY**

Dance to the sounds of DJ Tony. Cash Bar serving mixed (non-alcoholic) drinks.

**227660-01** \$3/member, \$5/non-member

W 1/2 12:45P-2:30P

**ELVIS BIRTHDAY PARTY & MOVIE**

Celebrate the KING'S birthday! Enjoy the songs of Elvis sung by entertainer, Buddy T.

**227670-01** \$3/member, \$5/non-member

Tu 1/8-1/8 10:30A

Elvis Movie: Jail House Rock

**227670-02** \$2/member, \$4/non-member

Tu 1/8-1/8 1:00P

**SUPER BOWL PARTY**

Sign up to bring something to share. Enjoy the game on our large screen. Free to members, \$2.00 non-members.

Su 2/3-2/3 6:00P

**NATIONAL POPCORN DAY**

Celebrate the fun of popcorn. Staff will be selling freshly-popped, flavored popcorn for \$1.00.

M 2/4-2/4 1:00P

**VALENTINE'S PARTY**

Come early for "Speed Dating." Enjoy listening or dancing to a live band playing music from the 50's to the 70's. Door prizes. Cash bar serving mixed (non-alcoholic) drinks.

**227688-01** \$5.00

Th 2/14-2/14 1:30-4:00P



## BILLIARD TOURNAMENT

Show your skills with the cue stick. Join in the double elimination tournament. You just might win a medal!

**227675-01** \$3.00  
M 2/25-2/25 10:00A

# LICENSED CHILDREN'S PROGRAMS

703-777-0343

## CHILDCARE

### 2012-2013 SCHOOL YEAR

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy learning environment with age appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00A to 6:15P. Call the community center closest to you for more information and availability.

#### FEES:

Full-time care	7:00A-6:15P	\$215/week
Afternoon care	12:00P-6:15P	\$189/week
Morning care	7:00A-12:00P	\$165/week
Drop-in care	available basis	\$8/hour
Annual Registration Fee		\$45/year

#### LOCATIONS

Bluemont Community Center	540-554-4838
Dulles South Multipurpose Ctr.	571-258-3311
Loudoun Valley Community Ctr.	540-338-5035
Lovettsville Community Center	540-822-5381
Lucketts Community Center	703-737-8841

## PRESCHOOL

### 2012-13 SCHOOL YEAR

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but vary by location. Currently enrolled families received registration priority and a lottery was held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$45 non-refundable registration fee will be required prior to entering the program. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Our program follows Creative Curriculum Approach to Learning.

#### LOCATIONS

Bluemont Community Center	540-554-8643
Claude Moore Community Ctr.	571-258-3500

Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Comm. Ctr.	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

## AFTER KINDERGARTEN PROGRAM

### 2012-13 SCHOOL YEAR

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical & immunizations, proof of age and a childcare application form. A \$45 registration fee is payable at time of registration.

#### LOCATIONS

Bluemont Community Center	540-554-8643
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Ctr.	540-338-4122
Middleburg Community Ctr.	540-687-6375
Philomont Community Ctr.	540-338-5882

## PM KIDS CLUB

### 2012-2013 SCHOOL YEAR

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School Calendar. Call the center for current availability.

#### LOCATIONS

Bluemont Community Center	540-554-8643
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Ctr.	540-338-5882

## BEFORE SCHOOL & CASA LICENSED PROGRAMS

AGE 5-GRADE 5

703-737-8042

Visit [www.loudoun.gov/casa](http://www.loudoun.gov/casa) for information and forms.

### 2012-2013 BEFORE SCHOOL PROGRAM – Little River Elementary ONLY

The program operates from 6:30A until school starts and follows the Loudoun County Public School calendar. Note: PM Kindergarten parents will have to find alternate care before the start of PM Kindergarten. Please refer to registration procedures listed below.

## 2012-2013 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

This year we are excited to shift directions with our program and enter a new territory. As we seek to provide recreational opportunities for the next generation of creative thinkers - we will focus on "thinking outside the box". Our creative and talented staff has spent countless hours developing a new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public School calendar. Visit [www.loudoun.gov/prcs/camps](http://www.loudoun.gov/prcs/camps) for programs when LCPS is closed. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville Community Center, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m.

AM Kindergarten parents need to find alternate care until the end of the regular school day. Registration procedures are listed below.

### 2012-2013 CASA Locations/Schools Served

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Catocin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert (Hamilton), Dominion Trail, Evergreen Mill, Frederick Douglass, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Mountain View, Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Guilford, Sterling, Forest Grove), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information, please visit [www.loudoun.gov/casa](http://www.loudoun.gov/casa).

### 2012-2013 FEES\*

Before School:	\$150/month/child
CASA:	\$321/month/child
Registration Fee:	\$45/household/program

Monthly fees are due by the 1st of the preceding month (e.g., due 8/1 for September)

### 2012-2013 REGISTRATION: BEFORE SCHOOL & CASA

Registration is open until filled. Registration must be done in person at the PRCS administrative office in Leesburg. Office hours are 8:30 a.m. – 5:00 p.m., Monday-Friday. Please refer to registration procedures below.

### REGISTRATION PROCEDURES

Registration must be done in person and requires the following:

- A Children's Program Division Registration form

and addendum. Both forms can be downloaded at [www.loudoun.gov/casa](http://www.loudoun.gov/casa) or obtained at the PRCS administrative office.

- Current identity verification for each child. Acceptable forms include an original or certified copy of the child's birth certificate, birth registration card, passport, or report card.
- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.

**There are no exceptions!** We must have all of the above items to register your child. These items are needed to comply with Virginia state licensing requirements.

## YOUTH SERVICES

703-777-0343

### YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

**Fees** \$50/month

#### YAS Locations

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill

### YOUTH ADVISORY COUNCIL

Teens have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens on the Youth Advisory Council. Members plan special events, including YouthFest 2013, work on community service projects and promote events for teens. Applications are accepted on a rolling basis and are available on [www.loudounteens.org](http://www.loudounteens.org).

#### TEEN COMMUNITY SERVICE CLUB

(Ages 11-14) Teen Services is proud to announce T.H.R.I.V.E. (Teens Harvesting Responsibility in

Volunteer Experiences), a program for middle school students. T.H.R.I.V.E. is a community service program, equipping students in the development of character, responsibility, and leadership skills through community service. Weekly sessions will provide learning units to build understanding and enhance the connection between youth and their community. In addition to weekly meetings, three Saturday service projects will take place for students to provide hands on helping throughout the community. After-school transportation will be provided from Sterling M.S. to Sterling Community Center for every Thursday meeting.

**Location: Sterling Community Center**

**149302-02** Free  
Th 12/6-2/28 3:15P-6:00P  
Sa 1/5, 2/2, 3/2 9:00A-1:00P

## ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.  
Serving individuals with disabilities.  
"Enhancing Your Recreation Experience"

### INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

### GENERAL INTEREST

#### SPECIAL RECREATION ADVISORY BOARD, INC.

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call ahead.

**Location: PRCS office.**

3rd Tu on-going 11:30A-12:30P

#### HOLIDAY CELEBRATION

(All ages, All levels) Family & friends, unite for our annual AR Holiday Celebration - join us for lunch and dancing! All individuals attending event must register. Sponsored by SRAB. Contact Rick at 703-737-8837.

**Location: The Senior Center of Leesburg**

**241740-01** Free event  
Sa 12/1-12/1 11:00A-2:00P

#### HOLIDAY SHOP 'TIL YOU DROP

(Ages 16 & up, All levels) Need gifts for family and friends? We'll start with dinner at the Dulles Town Center food court and then hit the stores for bargains galore. Bring your shopping list and money. Contact Eden Gilligan at 703-771-5010.

**241724-01** \$16.00  
F 12/7-12/7 4:45P-8:00P

### DINNER AND ARCADE

(Ages 14 & up, Level 1) Enjoy a Friday night of dinner, arcade games and laser tag with friends. Please note: Laser tag involves strobe lights and loud music. Bring \$15 for dinner. Contact Caitlin Marcotte at 703-777-0438.

**241715-01** \$35.00  
W 1/23-1/23 6:00P-9:30P

### VALENTINE MASQUERADE BALL

(Ages 15 & up, All levels) Romance is in the air and the red carpet has been rolled out....welcome to the Valentine Masquerade Ball! Choose your evening wear, bring your mask and be ready to dance the night away. Light refreshments and general event supervision provided. Contact Caitlin Marcotte at 703-777-0438.

**241745-01** \$12.00  
Th 2/14-2/14 6:00P-8:00P

### OVERNIGHT SKI RESORT TRIP

(Age 18 & up, Levels 1, 2) Join us on an overnight trip to Wintergreen Resort for snow tubing, adaptive ski lessons, indoor swimming pools, hot tubs and more. We will be staying in a resort condo. All ski equipment and most meals provided. Register by 2/1. Contact Caitlin Marcotte at 703-777-0438.

**241739-01** \$180.00  
Th,F 2/21-2/22 10:00A-7:00P

### ARTS

#### VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

We invite people to join us and learn about VSA arts and the many opportunities that exist to volunteer with our programs. Call 540-338-7973 for more information.

**Location: Franklin Park Performing & Visual Arts Center**

4th M on-going 6:00P - 7:30P

#### BULL RUN LIGHTS FESTIVAL

(Ages 18 & up, All levels) Join us for dinner and holiday fun! We'll enjoy great food, conversation and a leisurely drive through the Bull Run Festival of Lights. Bring at least \$25 for dinner. Contact Caitlin Marcotte at 703-777-0438.

**241732-01** \$25.00  
Th 12/20-12/20 4:00P-8:30P

#### PIZZA & POTTERY

(Ages 16 & up, Levels 1, 2) A night of art and food! First, participants choose and glaze a piece of ceramic at the studio (plate, cup, bowl, etc.). Next, we'll head to CiCi's for pizza. (The studio fires the

pieces, which will be picked up later.) Contact: Rick Conway at 703-737-8837.

**241746-01** \$38.00  
F 1/4-1/4 4:30P-8:30P

### THE MEDIEVAL TIMES SPECTACULAR

(Ages 16 & up, Level 1, 2) Take a trip back in time to when Kings and Queens held giant feasts with lavish food and entertainment. Enjoy a fun dinner while rooting for your favorite knight as they joust on horseback and battle with swords in the arena! Watch as wizards cast fiery spells and enchanted horses dance! Contact Rick Conway at 703-737-8837.

**241747-01** \$92.00  
Sa 1/12-1/12 1:45P-7:30P

### VALENTINE'S MASK MAKING DAY

(Ages 16 & up, All levels) You can't attend a masquerade ball without a mask, right? Participants will be given a choice of one of two basic masks and, then, they can go wherever their imagination takes them! Contact Rick Conway at 703-737-8837.

**241749-01** \$20.00  
Sa 2/9-2/9 1:00P-3:00P

### DINNER & A TASTE OF THE ARTS

(Ages 16 & up, All levels) Join us for an evening of exciting, magical theater. "Into the Woods" is one of the most popular of Steven Sondheim's works. The magical story and fantastic music bring together beloved fairytales in uproarious fashion! We'll have dinner before the show. Contact Rick Conway at 703-737-8837.

**241748-01** \$45.00  
F 3/1-3/1 4:45P-10:45P

## SPORTS

### LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location. Contact Caitlin Marcotte 703737-0438.

**Location: PRCS office**

### SPARE TIME BOWLING

(Ages 18 & up, All levels) Relax on a Friday afternoon with bowling! This program teaches the basics of the game and promotes socialization and community awareness. When registering, you must note if participant is being picked up at ECHO. Contact Caitlin Marcotte at 703-777-0438.

**241710-01** \$18.00  
F 12/7-12/7 2:30P-4:30P  
**241710-02** \$18.00  
F 12/21-12/21 2:30P-4:30P

**241710-03** \$18.00  
F 1/4-1/4 2:30P-4:30P  
**241710-04** \$18.00  
F 1/18-1/18 2:30P-4:30P  
**241710-05** \$18.00  
F 2/1-2/1 2:30P-4:30P  
**241710-06** \$18.00  
F 2/15-2/15 2:30P-4:30P

### MASSANUTTEN WATER PARK

(Ages 16 & up, Levels 1, 2) Beat the winter blues with summertime fun! Join us at Massanutten Indoor Water Park with slides, a fortress, indoor surfing, a wave pool, and much more. Bring \$25 for food. Contact Caitlin Marcotte at 703-777-0438.

**241720-01** \$50.00  
F 2/8-2/8 10:00A-6:00P

### NHL CAPITALS GAME

(Ages 16 & up, Level 1) Get ready to cheer on our Washington Capitals hockey team! Our adventure will include taking the Metro from the Vienna stop to the Verizon Center. We will eat dinner at the game. Contact Eden Gilligan at 703-771-5010.

**241750-01** \$100.00  
Tu 2/26-2/26 4:45P-11:30P

## CAMP PROGRAMS

703-737-8042

### WINTER BREAK CAMP 12/26-12/28

(Ages 5-11) Join us for an three exciting days of fun-filled games, activities, and crafts when school is out! Bring two snacks, a bag lunch, and water bottle each day. Come dressed for both indoor and outdoor games.

**123273-01** \$96.00 Bluemont Comm. Ctr.  
W,Th,F 12/26-12/28 7:30A-6:00P  
**123273-02** \$96.00 Douglass Comm. Ctr.  
W,Th,F 12/26-12/28 7:30A-6:00P  
**123273-03** \$96.00 Dulles South Multip. Ctr.  
W,Th,F 12/26-12/28 7:30A-6:00P  
**123273-04** \$96.00 Sterling Comm. Ctr.  
W,Th,F 12/26-12/28 7:30A-6:00P

### CAMP SCHOOL'S OUT 1/18/13

(Ages 5-11) See description for Winter Break Camp.

**223250-01** \$42.00 Bluemont Comm. Ctr.  
F 1/18-1/18 7:30A-6:00P  
**223250-02** \$42.00 Douglass Comm. Ctr.  
F 1/18-1/18 7:30A-6:00P  
**223250-03** \$42.00 Dulles South Multip. Ctr.  
F 1/18-1/18 7:30A-6:00P  
**223250-04** \$42.00 Sterling Comm. Ctr.  
F 1/18-1/18 7:30A-6:00P

### CAMP SCHOOL'S OUT 2/18/13

(Ages 5-11) See description for Winter Break Camp.

**223261-01** \$42.00 Bluemont Comm. Ctr.  
M 2/18-2/18 7:30A-6:00P  
**223261-02** \$42.00 Douglass Comm. Ctr.  
M 2/18-2/18 7:30A-6:00P  
**223261-03** \$42.00 Dulles South Multip. Ctr.  
M 2/18-2/18 7:30A-6:00P  
**223261-04** \$42.00 Sterling Comm. Ctr.  
M 2/18-2/18 7:30A-6:00P

## SPORTS PROGRAMS ADULT & YOUTH

703-777-0343

For more information, visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).

## ADULT SPORTS

Call 703-777-0343 for information about winter adult sports leagues.

## MARTIAL ARTS

### PMAA TAI CHI

(Ages 18 & up) PMAA Tai Chi program trains students to develop a healthy body and peaceful mind. It helps to reduce anxiety and depression, improve balance and flexibility, and build a better quality life. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a Wushu World Champion title and the highest class ranking as an International Athlete.

**Location: Professional Martial Arts Academy, Sterling**

**221202-01** \$155.00  
Tu 12/1-12/25 8:00P-9:00P  
Sa 12/1-12/25 1:00P-2:00P  
**221202-02** \$155.00  
Tu 1/5-1/29 8:00P-9:00P  
Sa 1/5-1/29 1:00P-2:00P  
**221202-03** \$155.00  
Tu 2/2-2/26 8:00P-9:00P  
Sa 2/2-2/26 1:00P-2:00P

## ROCK CLIMBING

### SPORTROCK ADULT CLIMBLING

(Ages 18 & up) Looking for a fun and different workout? Learn how to harness up, belay, and climb. All equipment is provided and instructors will lead you every step of the way.

**Location: Sportrock Climbing Center, Sterling**  
**221206-01** \$94.50

Sa	12/1-12/15	12:00P-2:00P
<b>221206-02</b>	\$94.50	
Sa	1/5-1/19	12:00P-2:00P
<b>221206-03</b>	\$94.50	
Sa	2/2-2/16	12:00P-2:00P

## YOUTH SPORTS

Youth programs are coed, unless otherwise noted.

## BASKETBALL

### GIANT BASKETBALL ACADEMY LEAGUE

(Ages 6-10) Former Washington Wizard Gheorghe Muresan's program of instruction for beginner-intermediate players. Emphasizes fundamental skill development, teamwork, sportsmanship and positive participation to take your son or daughter to the next level. Children will have 1 practice a week and games on Saturdays starting 1/19 under the coaching of Giant Basketball Academy and volunteer parents.

**Practices: Legacy ES, Ashburn**

**Games: Legacy ES, Ashburn**

<b>221701-01</b>	\$133.00	Ages 6-8 Coed
M	1/7-3/9	6:00P-7:00P
<b>221701-02</b>	\$133.00	Ages 6-8 Coed
Tu	1/8-3/9	6:00P-7:00P
<b>221701-03</b>	\$133.00	Ages 8-10 Boys
M	1/7-3/9	7:00P-8:00P
<b>221701-04</b>	\$133.00	Ages 8-10 Boys
Tu	1/8-3/9	7:00P-8:00P

**Practices: Dominion Trail ES, Ashburn**

**Games: Legacy ES, Ashburn**

<b>221701-05</b>	\$133.00	Ages 6-8 Coed
W	1/9-3/9	6:00P-7:00P
<b>221701-06</b>	\$133.00	Ages 6-8 Coed
Th	1/10-3/9	6:00P-7:00P
<b>221701-07</b>	\$133.00	Ages 8-10 Boys
W	1/9-3/9	7:00P-8:00P
<b>221701-08</b>	\$133.00	Ages 8-10 Boys
Th	1/10-3/9	7:00P-8:00P

**Practices: Guilford ES, Sterling**

**Games: Seldens Landing ES, Leesburg**

<b>221701-09</b>	\$133.00	Ages 6-8 Coed
M	1/7-3/9	6:00P-7:00P
<b>221701-10</b>	\$133.00	Ages 6-8 Coed
Tu	1/8-3/9	6:00P-7:00P
<b>221701-11</b>	\$133.00	Ages 8-10 Boys
M	1/7-3/9	7:00P-8:00P
<b>221701-12</b>	\$133.00	Ages 8-10 Boys
Tu	1/8-3/9	7:00P-8:00P

**Practices: Cool Spring ES, Leesburg**

**Games: Seldens Landing ES, Leesburg**

<b>221701-13</b>	\$133.00	Ages 6-8 Coed
W	1/9-3/9	6:00P-7:00P

<b>221701-14</b>	\$133.00	Ages 6-8 Coed
Th	1/10-3/9	6:00P-7:00P
<b>221701-15</b>	\$133.00	Ages 8-10 Boys
W	1/9-3/9	7:00P-8:00P
<b>221701-16</b>	\$133.00	Ages 8-10 Boys
Th	1/10-3/9	7:00P-8:00P

### JOE HARRINGTON BASKETBALL CAMP

(Grades 3-8) Give your son or daughter a holiday present - three days of basketball with fundamentals and three 5-on-5 games daily. Sign up before 12/15 to receive a holiday gift card personalized by Coach Harrington. Visit [www.coachjoe.harrington.com](http://www.coachjoe.harrington.com) or contact [coachjoe.harrington@yahoo.com](mailto:coachjoe.harrington@yahoo.com).

**Location: Harper Park MS, Leesburg**

<b>221727-01</b>	\$116.50	
W,Th,F	12/26-12/28	9:00A-4:00P

## GYMNASTICS

### LGC MOM/DAD/ME

(Ages 18mos -3yrs) A playfully-structured gymnastics experience involving strong parent participation. Concepts like movement, motor control, rhythms, and simple gymnastic elements are included.

**Location: Loudoun Gymnastics Center, Sterling**

<b>221716-01</b>	\$60.00	
M	12/3-12/31	9:30A-10:15A
<b>221716-02</b>	\$60.00	
Sa	12/1-12/29	11:00A-11:45A
<b>221716-03</b>	\$60.00	
M	1/21-2/18	9:30A-10:15A
<b>221716-04</b>	\$60.00	
Tu	1/22-2/19	9:30A-10:15A
<b>221716-05</b>	\$60.00	
Sa	1/26-2/23	11:00A-11:45A

### LGC MINI BEARS

(Ages 3-4) Young gymnasts work independently with the instructor to continue exploring movement and expanding perceptual motor control. Bars, balance beam, trampoline, vault, and floor exercise are included.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221717-01</b>	\$75.00	
M	12/3-12/31	9:30A-10:15A
<b>221717-02</b>	\$75.00	
W	12/5-1/2	1:15P-2:00P
<b>221717-03</b>	\$75.00	
M	1/21-2/18	9:30A-10:15A
<b>221717-04</b>	\$75.00	
Tu	1/22-2/19	9:30A-10:15A
<b>221717-05</b>	\$75.00	
W	1/23-2/20	1:15P-2:00P

### LGC PANDA BEARS

(Ages 5-6) Participants work independently with the instructor, exploring and expanding skill development through verbal and physical repetition. Bars, balance beam, trampoline, vault and floor exercise are included. Listening skills and simple skill progressions are incorporated.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221718-01</b>	\$75.00	
M	12/3-12/31	9:30A-10:30A
<b>221718-02</b>	\$75.00	
W	12/5-1/2	9:30A-10:30A
<b>221718-03</b>	\$75.00	
W	1/23-2/20	5:30P-6:30P
<b>221718-04</b>	\$75.00	
Tu	1/22-2/19	9:30A-10:30A

### LGC SCHOOL'S OUT DAY CAMP

(Ages 5-12) Loudoun County Schools are out and we are open! Children can spend a half or Full-day at the gym enjoying gymnastics, games, relays, arts and crafts and more.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221702- 0</b>	\$75.00	Full-day
W	11/21	9:00A-4:00P
<b>221702-01</b>	\$75.00	Full-day
M	12/24	9:00A-4:00P
<b>221702-02</b>	\$75.00	Full-day
W	12/26	9:00A-4:00P
<b>221702-03</b>	\$75.00	Full-day
Th	12/27	9:00A-4:00P
<b>221702-04</b>	\$75.00	Full-day
F	12/28	9:00A-4:00P
<b>221702-05</b>	\$75.00	Full-day
M	12/31	9:00A-4:00P
<b>221702-06</b>	\$75.00	Full-day
M	1/21	9:00A-4:00P
<b>221702-07</b>	\$75.00	Full-day
M	2/18	9:00A-4:00P
<b>221702-08</b>	\$50.00	Half-day
W	11/21	9:00A-12:00P
<b>221702-09</b>	\$50.00	Half-day
M	12/24	9:00A-12:00P
<b>221702-10</b>	\$50.00	Half-day
W	12/26	9:00A-12:00P
<b>221702-11</b>	\$50.00	Half-day
Th	12/27	9:00A-12:00P
<b>221702-13</b>	\$50.00	Half-day
F	12/28	9:00A-12:00P
<b>221702-14</b>	\$50.00	Half-day
M	12/31	9:00A-12:00P
<b>221702-15</b>	\$50.00	Half-day
M	1/21	9:00A-12:00P
<b>221702-16</b>	\$50.00	Half-day
M	2/18	9:00A-12:00P



**DULLES GYMNASTICS ACADEMY**

(Ages 5-12) Do you want your child run, jump, laugh, play and just have fun? Dulles Gymnastics Association offers a super "funtastic" gymnastics camp for the gymnast in everyone. Our staff will introduce new tricks, new fun and excitement... the power of feeling strong.

**Location: Dulles Gymnastics Academy, Sterling**

<b>221731-04</b>	\$55.00	
W	12/26	9:00A-4:00P
<b>221731-05</b>	\$55.00	
Th	12/27	9:00A-4:00P
<b>221731-06</b>	\$55.00	
F	12/28	9:00A-4:00P
<b>221731-07</b>	\$55.00	
M	12/31	9:00A-4:00P
<b>221731-08</b>	\$55.00	
M	1/21	9:00A-4:00P
<b>221731-09</b>	\$55.00	
M	2/18	9:00A-4:00P

**LGC TUMBLING/TRAMPOLINE**

(Ages 6 & up) This introductory class brings all the excitement of flight surrounding the core area of gymnastics- flexibility, strength, and basic skill development.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221225-02</b>	\$100.00	
Sa	12/1-12/29	10:00A-11:00A
<b>221225-03</b>	\$100.00	
F	12/7-1/4	5:30P-6:30P
<b>221225-04</b>	\$100.00	
Sa	1/26-2/23	10:00A-11:00A
<b>221225-05</b>	\$100.00	
F	1/25-2/22	5:30P-6:30P

**LGC BOYS BEGINNER**

(Ages 6-8 Boys) Boys learn the basics of gymnastics through a progressive method of instruction. Flexibility and strength are introduced to complete a well-rounded gymnastics experience. All gymnastics equipment appropriate for this level will be used.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221719-01</b>	\$100.00	
F	12/7-1/4	4:30P-5:30P
<b>221719-02</b>	\$100.00	
Sa	12/1-12/29	10:00A-11:00A
<b>221719-03</b>	\$100.00	
F	1/25-2/22	4:30P-5:30P
<b>221719-04</b>	\$100.00	
Sa	1/26-2/23	10:00A-11:00A

**LGC GIRLS BEGINNER**

(Ages 6-8 Girls) See description for Boys Beginner.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221720-01</b>	\$100.00	
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W	12/5-1/2	5:30P-6:30P
<b>221720-02</b>	\$100.00	
W	1/23-2/20	5:30P-6:30P

**CHEERTASTICS-GYMNASTICS**

(Ages 6-10) Students will learn jumps, motions, tumbling and cheers - all the fundamentals in a safe and fun environment. Instructor/student ratio = 1:8

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221712-01</b>	\$100.00	
F	12/7-1/4	5:30P-6:30P
<b>221712-02</b>	\$100.00	
F	1/25-2/22	5:30P-6:30P

**LGC GIRLS INTERMEDIATE**

(Ages 9-12 Girls) Students are taught higher progressions of gymnastics. Learning from their basics, each gymnast learns at their own pace. Flexibility and strength are built upon and help the gymnast to improve and gain skill.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221721-01</b>	\$145.00	
F	12/7-1/4	5:30P-7:00P
<b>221721-02</b>	\$145.00	
F	1/25-2/22	5:30P-7:00P

**HOUR OF POWER – SPORTS CONDITIONING**

(Ages 12 & up) Participants will take part in some of the most rigorous circuit training available that is designed to dramatically increase power, agility, flexibility, joint preparation, and all-around athletic ability.

**Location: Loudoun Gymnastics Ctr, Sterling**

<b>221723-01</b>	\$75.00	
M	12/3-12/31	5:00P-6:00P
<b>221723-02</b>	\$75.00	
M	1/21-2/18	5:00P-6:00P

**MARTIAL ARTS****PMAA KUNG FU CLASS**

(Ages 5-18). PMAA Kungfu-Wushu program trains both mind and body to be strong, sharp, flexible and graceful. The students build discipline, focus, respect, and self-esteem. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a Wushu World Champion title and the highest class ranking as an International Athlete.

**Location: Professional Martial Arts Academy, Sterling**

<b>221201-01</b>	\$155.00	
W,F	11/30-1/2	6:00P-6:45P
<b>221201-02</b>	\$155.00	
W,F	1/4-1/30	6:00P-6:45P
<b>221201-03</b>	\$155.00	
W,F	2/1-2/27	6:00P-6:45P
<b>221201-04</b>	\$155.00	

W	11/30-1/2	6:45P-7:45P
F	11/30-1/2	6:30P-7:30P
<b>221201-05</b>	\$155.00	
W	1/4-1/30	6:45P-7:45P
F	1/4-1/30	6:30P-7:30P
<b>221201-06</b>	\$155.00	
W	2/1-2/27	6:45P-7:45P
F	2/1-2/27	6:30P-7:30P
<b>221201-07</b>	\$155.00	
Tu	11/29-12/25	6:45P-7:45P
Th	11/29-12/25	6:30P-7:30P
<b>221201-08</b>	\$155.00	
Tu	1/3-1/29	6:45P-7:45P
Th	1/3-1/29	6:30P-7:30P
<b>221201-09</b>	\$155.00	
Tu	1/31-2/26	6:45P-7:45P
Th	1/31-2/26	6:30P-7:30P
<b>221201-10</b>	\$155.00	
M	12/3-1/3	6:45P-7:45P
Th	12/3-1/3	7:30P-8:30P
<b>221201-11</b>	\$155.00	
M	1/7-1/31	6:45P-7:45P
Th	1/7-1/31	7:30P-8:30P
<b>221201-12</b>	\$155.00	
M	2/4-2/28	6:45P-7:45P
Th	2/4-2/28	7:30P-8:30P
<b>221201-13</b>	\$155.00	
Tu	11/29-12/25	5:45P-6:45P
Th	11/29-12/25	5:30P-6:30P
<b>221201-14</b>	\$155.00	
Tu	1/3-1/29	5:45P-6:45P
Th	1/3-1/29	5:30P-6:30P
<b>221201-15</b>	\$155.00	
Tu	1/31-2/26	5:45P-6:45P
Th	1/31-2/26	5:30P-6:30P

**SOCCER****THE SOCCER PROS - TOTS**

(Ages 2-5) Tots Soccer Pros is specialized for our youngest age groups and uses a variety of fun games to delight and engage kids in physical education. This class is professionally designed to develop motor skills, promote physical fitness, and create self-confidence in kids.

**Location: Sterling ES**

<b>221728-01</b>	\$144.00	
Sa	12/1-1/19	9:30A-10:15A
<b>221728-02</b>	\$144.00	
Sa	12/1-1/19	9:30A-10:15A

**GOLDEN BOOT SOCCER-LIL BOOTS**

(Ages 4-6) The program introduces young players to the basic fundamental skills of soccer and the concept of team play. It incorporates soccer skill with motor, physical, mental and social skills in a

positive, non-competitive environment. The camp builds self-esteem and confidence and promotes sportsmanship and fair play, while instilling a love and passion for the game.

**Location: Sully ES, Sterling**

**221714-01** \$145.00 Ages 8-13  
Sa 1/12-2/23 9:00A-10:00A

**Location: Little River ES, South Riding**

**221714-02** \$145.00 Ages 9-13  
Sa 1/12-2/23 1:00P-2:00P

**Location: Ashburn ES**

**221714-03** \$145.00 Ages 9-13  
Su 1/13-2/24 2:00P-3:00P

**THE SOCCER PROS - JUNIORS**

(Ages 6-9) Soccer Pros instructors show kids how to optimize specific skills like ball control, dribbling, shooting, and passing. The Soccer Pros emphasize proper technique on the field.

**Location: Sterling ES**

**221729-01** \$144.00 Ages 6-9  
Sa 12/1-1/19 10:30A-11:30A

**Location: Creighton's Corner ES, Ashburn**

**221729-02** \$144.00 Ages 6-9  
Sa 12/1-1/19 10:30A-11:30A

**GOLDEN BOOT PLAYER DEVELOPMENT**

(Age 7-13) The Player Development program focuses on tactical understanding of the game, soccer intelligence and decision-making under pressure. Players learn through close interaction with experienced professional trainers, instructional demonstrations, technical training, skill contests, drills and footwork training. They apply the skills and concepts learned in a game situation during scrimmages and small sided games.

**Location: Simpson MS, Leesburg**

**221715-01** \$175.00 Ages 7-13  
W 1/9-2/20 6:15P-8:15P

**Location: Sully ES, Sterling**

**221715-02** \$145.00 Ages 7-11  
Sa 1/12-2/23 10:00A-11:00A

**Location: Little River ES, South Riding**

**221715-03** \$145.00 Ages 7-11  
Sa 1/12-2/23 2:00P-3:00P

**Location: Ashburn ES**

**221715-04** \$145.00 Ages 7-11  
Su 1/13-2/24 3:00P-4:00P

**GOLDEN BOOT SOCCER ART OF SCORING**

(Ages 8-13) The program focuses on finishing and striking techniques and on how to create scoring opportunities. Players learn how to think as goal scorers and make smart decisions under pressure. The program teaches players individual offensive skills and how to play a significant role in their team's offensive play. Players apply the concepts learned in offensive games and exercises including scrimmages and mini tournaments.

**Location: Simpson MS, Leesburg**

**221713-01** \$175.00 Ages 8-13  
Th 1/10-2/21 6:15P-8:15P

**Location: Sully ES, Sterling**

**221713-02** \$145.00 Ages 9-13  
Sa 1/12-2/23 11:00A-12:00P

**Location: Little River ES, South Riding**

**221713-03** \$145.00 Ages 9-13  
Sa 1/12-2/23 3:00P-4:00P

**Location: Ashburn ES**

**221713-04** \$145.00 Ages 9-13  
Su 1/13-2/24 4:00P-5:00P

**ROCK CLIMBING**

**SPORTROCK KIDS NIGHT**

(Ages 6 & up) Kids Night gives children an opportunity to experience the vertical world in a safe and comfortable environment. They can choose any climbs and they are belayed and guided by experienced instructors.

**Location: Sportrock Climbing Center, Sterling**

**221207-01** \$78.00  
F 12/7-12/21 6:30P-8:00P

**221207-02** \$78.00  
F 1/4-1/18 6:30P-8:00P

**221207-03** \$78.00  
F 2/1-2/15 6:30P-8:00P

**BANSHEE REEKS  
NATURE PRESERVE**

21085 The Woods Road

Leesburg, VA 20175

**703-669-0316**

Sa-Su 8:00A--4:00P.

[www.bansheereeks.org](http://www.bansheereeks.org)

***Supply & material fees are payable to  
the instructor at the first class.***

Enjoy the beauty of this unique 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks strives to protect the rich natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River, that encompasses abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public every Saturday and Sunday from 8:00 a.m. to 4:00 p.m. It is also open at other times to organized groups that secure an access permit from the preserve manager.

**INSTRUCTORS WANTED!**

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

**VOLUNTEER OPPORTUNITIES**

The third Saturday of each month, beginning at 9:00 a.m., is Volunteer Day at Banshee Reeks. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

**TRAILS ARE OPEN**

Enjoy many of the 20 miles of trails at Loudoun County's only nature preserve. Bring the family. No registration required.

**BIRDING BANSHEE**

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for their guided bird walks. These free, guided walks begin at 8:00 a.m. and are held on the second Saturday of each month. These walks provide beginner and experienced birders a chance to see some spectacular birds. Bring binoculars.

**GUIDED WALKABOUTS**

Special guided walkabouts can be provided to Scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-Its or Merit Badges. School groups can observe aspects of nature that they study in the classroom. These walkabouts can be used to introduce your group to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Fee: \$3/person with \$18 minimum for one-hour walkabouts.

**FREE NATURALIST LED HIKES**

(All ages) Join a naturalist on a hike around Banshee Reeks Preserve. These free, guided walks are held 1:00 p.m. – 3:00 p.m. on the third Sunday of each month. Bring binoculars.

**CAMPING AT BANSHEE REEKS**

Camping is allowed by special permit for organized Scout groups only. All camping is LNT (Leave No Trace) and primitive. Campers must hike in. Toilets and water are available. Cooking is on stoves only. Fires are dependent on weather and only by permission. Fees are \$4.00/person with \$25 minimum/night. Call preserve office at 703-669-0316 for permit and camping policies.

## SCOUT PROGRAMS

These programs meet most badge requirements. Other scout programs may be available. Leaders and chaperones are free and do not register. Instructor will contact students regarding pre-work prior to the start of class. All scout programs may include an outside portion, please dress appropriately. Minimum numbers required to run programs; please call to register.

**Brownie Try-Its:** Animals, Earth and Sky, Eco-Explorer, Watching Wildlife, Water Everywhere, Senses, Space Explorers

**Junior Girl Scouts:** Earth Connections, Plants and Animals, Wildlife, Rocks Rock, Sky Search, Water Wonders

**Bears:** Sharing Your World with Wildlife, Water and Soil Conservation, American Indian Life, Take Care of Your Planet

**Webelos:** Forester, Naturalist, Geologist, Outdoorsman

**Boy Scout Merit Badges:** Geology, Indian Lore, Forestry, Environmental Science, Basketry

## MULTIAGE HIKES & INTERPRETIVE PROGRAMS

Children under twelve must be accompanied by a registered adult unless noted. Minimum numbers required to run programs; please call or register in advance. All programs may include an outside portion, please dress appropriately.

### GEMINIDS METEOR SHOWER

(All ages) The last meteor shower of the year peaks on December 13, 2012. With up to 50 meteors an hour and a new moon, the show should be great this year. Bring a blanket, stay up late and make a wish come true! Hot chocolate and kids' activities will help us keep warm while having fun.

**267728-01** \$6.00  
Th 12/13-12/13 8:00P-10:00P

## PARENT/CHILD PROGRAMS

Children under six must be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance. All programs may include an outside portion, please dress appropriately.

### WHAT'S GOING ON IN WINTER?

(Ages 4 & up) Explore the winter wonderland of Banshee Reeks Nature Preserve. Winter is the

perfect time for some quiet bird watching and studying nature.

**267704-01** \$6.00  
Sa 12/29-12/29 1:00P-2:30P

## TEEN & ADULT PROGRAMS

Participants under 14 must be accompanied by a registered adult. Minimum numbers required to run programs; please call or register in advance.

### WINTER WEED & TREE ID

(Ages 8 & up) Join us as we learn how to identify some of the trees and weeds in our fields and forest.

**267701-01** \$6.00  
Su 12/9-12/9 1:00P-2:30P

### WHICH BONE IS WHICH?

(Ages 8 & up) Have you ever found a skull or jaw bone, and wondered which animal it came from? Come out to the preserve and we'll teach you clues to matching bones with animals.

**267702-01** \$9.00  
Sa 1/5-1/5 1:00P-2:30P

# BLUEMONT COMMUNITY CENTER

33846 Snickersville Pike  
Bluemont, VA 20135  
**540-554-8643**  
M-Th 7:00A-8:30P  
F 7:00A-6:30P

### LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time care \$215/week; half-time care \$189/week or \$165/week, depending on schedule. Call the center at 540-554-4838 for space availability.

### LICENSED PRESCHOOL: 2012/13 SCHOOL YEAR

(Ages 2-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Call for available openings in current year classes.

### PRESCHOOL & AFTER SCHOOL CARE OPEN REGISTRATION: 2013/14 SCHOOL YEAR

Open registration for our Preschool Lottery begins February 11.

## PRESCHOOL AGE PROGRAMS

### New! ADVENTURES IN LEARNING #1

(Ages 4-5) Each week, we stamp your passport before we play, grow and learn while exploring a new subject. When your passport has four stamps, you are awarded with a visit to our treasure chest! Bring lunch. All sections require a \$2 supply fee. Instructor: Kim Harper.

**206109-01** \$15.75 Cooking up Some Fun  
M 12/3-12/3 11:45A-2:00P  
**206109-02** \$15.75 Math & Science Mash-up  
M 12/10-12/10 11:45A-2:00P  
**206109-03** \$15.75 Crayon & Clay Ornaments  
M 12/17-12/17 11:45A-2:00P  
**206109-04** \$15.75 Globe Trotting  
M 1/7-1/7 11:45A-2:00P

### PRESCHOOL SIGN LANGUAGE

(Ages 3-5) Learn the basics of sign language thru instruction, games and songs. Instructor: Tiffany Harrington.

**206101-01** \$24.00  
W 12/5-12/19 11:45A-12:30P  
**206101-02** \$32.00  
W 1/2-1/23 11:45A-12:30P  
**206101-03** \$32.00  
W 2/6-2/27 11:45A-12:30P

### MOMMY & ME SIGN LANGUAGE

(Ages 6mos-3yrs) Parents, caregivers and children will build their American Sign Language (ASL) vocabulary through instruction, interactive games and songs. Parents must attend. Instructor: Tiffany Harrington.

**206103-01** \$24.00  
Th 12/6-12/20 11:00A-11:45A  
**206103-02** \$32.00  
Th 1/3-1/24 11:00A-11:45A  
**206103-03** \$32.00  
Th 2/7-2/28 11:00A-11:45A

### COOK & BOOK

(Ages 3-5) Children will enjoy story time and baking a nice treat.

**206106-01** \$7.00 (+\$2 supplies)  
F 12/7-12/7 11:45A-12:45P

### BOOK BUDDIES

(Ages 4-5) Come join in the fun as we explore the amazing world of Children's Literature. Using our book selection as a foundation each week, we will be building our pre-literacy skills through reading, music, art and games. Pack a lunch and we'll pack in the fun. Instructor: Kim Harper.

**206104-01** \$47.25  
F 12/7-12/21 11:45A-2:00P

<b>206104-02</b>	\$63.00	
F	1/4-1/25	11:45A-2:00P
<b>206104-03</b>	\$63.00	
F	2/1-2/22	11:45A-2:00P

**PRESCHOOL GIFT MAKING**

(Ages 3-5) Preschoolers will make peppermint chocolate spoons to give out as gifts to those they love.

<b>206108-01</b>	\$7.00 (+\$2 supplies)	
F	12/14-12/14	11:30A-12:30P

**PAINTING WITHOUT BRUSHES**

(Ages 3-5) All kids like to paint. This class will teach your child how to create their own paintings without brushes.

<b>206118-01</b>	\$14.00	
W	1/2-1/9	4:00P-5:00P

**New! TOOLS FOR TOTS**

(Ages 3-4) Led by an occupational therapist, this class addresses body awareness, pre-writing skills and beginning scissor skills needed for kindergarten through the use of fun activities. Instructor: Christa Kelly.

<b>206111-01</b>	\$42.00	
Tu	1/8-2/12	10:00A-10:45A

**ADVENTURES IN LEARNING #2**

(Ages 4-5) See description for Adventures in Learning #1.

<b>206110-01</b>	\$15.75	Cooking up Some Fun
M	1/14-1/14	11:45A-2:00P
<b>206110-02</b>	\$15.75	Math & Science Mash Up
M	1/28-1/28	11:45A-2:00P
<b>206110-03</b>	\$15.75	Crayon & Clay Ornaments
M	2/4-2/4	11:45A-2:00P
<b>206110-04</b>	\$15.75	Globe Trotting/ Chinese New Year
M	2/11-2/11	11:45-2:00P

**HOLIDAY LUNCH BUNCH**

(Ages 3-5) Parents come drop off your children for some lunchtime fun then head out for some alone time. Bring a lunch.

<b>206105-01</b>	\$17.50	
M	1/21-1/21	11:00A-1:30P

**LET'S MAKE LUNCH**

(Ages 4-5) Come! Let's have lunch together. We will teach the preschoolers how to make their own sandwich and pick healthy accompaniments to enjoy. Proper table manners will be taught as well.

<b>206107-01</b>	\$7.00 (+\$2 supplies)	
F	2/15-2/15	11:45A-12:45P

**PRESIDENT'S DAY LUNCH BUNCH**

(Ages 3-5) While your children take part in crafts

and play time, you can have a few hours to yourself. Bring a lunch.

<b>206102-01</b>	\$21.00	
M	2/18-2/18	11:00A-2:00P

**ELEMENTARY AGE PROGRAMS****CHRISTMAS CRAFT CLUB**

(Ages 6-10) Children will have fun making a number of Christmas crafts to help decorate your house and bring joy to family members.

<b>206203-01</b>	\$14.00 (+\$3 supplies)	
Tu	12/4-12/11	4:00P-5:00P

**HOLIDAY CARTOON ART**

(Ages 6-12) It's a cartoon holiday! Let's celebrate the holidays and draw Santa and his friends.

<b>206211-01</b>	\$14.00	
W	12/5-12/12	4:00P-5:00P

**THANK YOU CARD CREATIONS**

(Ages 6-9) Now that you've opened your gifts, come create homemade thank you cards for loved ones who remembered you at the holidays.

<b>206202-01</b>	\$7.00	
W	12/26-12/26	1:30P-2:30P

**CARTOON ART**

(Ages 6-12) All kids like to draw cartoon characters. Children will learn different techniques of drawing. You will also create your own cartoon characters.

<b>206201-01</b>	\$14.00	
Th	1/10-1/17	4:00P-5:00P

**TASTY TREATS FOR BIRDS**

(Ages 6-9) Help us keep our winged friends fed this winter. We will make 2 different treats for our birds. Caution: peanut butter will be used.

<b>206205-01</b>	\$7.00 (+\$2 supplies)	
M	1/14-1/14	4:00P-5:00P

**WINTER BIRCH TREES**

(Ages 6-8) Come out and create a beautiful water-color painting of white birch trees in winter.

<b>206204-01</b>	\$7.00	
W	1/16-1/16	4:00P-5:00P

**ELEMENTARY PAINTING**

(Ages 6-11) Learn the basics of painting. Variety of subjects will be painted. Instructor: Sally Thibodeaux

<b>206212-01</b>	\$14.00	
W	1/23-1/30	4:00P-5:00P

**SKETCHING CHARCOAL**

(Ages 6-11) Students will learn to use charcoal and drawing techniques for art sketches.

Instructor: Sally Thibodeaux.

<b>206215-01</b>	\$14.00	
W	2/6-2/13	4:00P-5:00P

**WORKING WITH COLORS**

(Ages 6-10) This is for students who want to learn the art of drawing and painting. They will use their creative imagination using color pencils and paints. Instructor: Sally Thibodeaux.

<b>206207-01</b>	\$14.00	
W	2/20-2/27	4:00P-5:00P

**ADULT PROGRAMS****GET FIT WITH LINDA**

(Ages 18 & up) This is an on-going fun workout featuring stretching, aerobics, and mat work. First class is free. Instructor: Linda Sapp.

<b>206501-01</b>	\$56.00	
M,W,F	12/3-12/19	9:15A-10:15A

**PAINTING WITH ACRYLICS**

(Ages 18 & up) Learn the basics of painting with acrylics. You will develop skills and techniques of painting. Students must have canvas, brushes and acrylic paints.

<b>206503-01</b>	\$40.00	
W	1/9-1/30	7:00P-8:30P
<b>206503-02</b>	\$40.00	
W	2/6-2/27	7:00P-8:30P

**PAINTING WITH KNIVES**

(Ages 18 & up) Learn the basics of painting with acrylics. You will develop skills and techniques of painting with a knife. Students must provide own canvas, brushes knives and acrylic paints.

<b>206502-01</b>	\$40.00	
Tu	2/5-2/26	7:00P-8:30P

**MULTIAGE PROGRAMS****New! CULINARY ARTS FOR KIDS**

(Ages 4-6) Fun, hands-on cooking class with Chef Justin. In three classes, children will make a Caesar salad, home-made ravioli, and sugar cookies. Instructor: Justin Garrison.

<b>206715-01</b>	\$21.00 (+\$20 supplies)	
M	12/3-12/17	11:45A-12:45P

**New! CULINARY ARTS FOR ADULTS**

(Ages 16 & up) Get ready to impress your family for the holidays! Chef Justin will teach students how to prepare an appetizer, entree, and dessert. Instructor: Justin Garrison.

<b>206716-01</b>	\$45.00 (+\$25 supplies)	
Tu	12/4-12/18	6:30P-8:00P



**EVENING YOGA/PILATES**

(Ages 15 & up) Develop strength, flexibility, and body awareness while strengthening, sculpting and stretching your body. All levels welcomed. Instructor: Turi Turkel.

<b>206704-01</b>	\$40.00	
W	12/5-12/19	6:15P-7:30P
<b>206704-02</b>	\$66.00	
W	1/2-1/30	6:15P-7:30P
<b>206704-03</b>	\$53.00	
W	2/6-2/27	6:15P-7:30P

**YOGA YOUR WAY**

(Ages 12 & up) Start your morning with the flow of yoga. Enhance your breathing and awaken your body building, strength, and flexibility. Instructor: Desiree Polo.

<b>206709-01</b>	\$30.00	
Th	12/6-12/20	10:30A-11:30A
<b>206709-02</b>	\$40.00	
Th	1/3-1/24	10:30A-11:30A
<b>206709-03</b>	\$40.00	
Th	2/7-2/28	10:30A-11:30A

**TAI CHI**

(Ages 16 & up) Tai Chi is an ancient Chinese form of mind, body, and spirit exercise that uses slow circular movements to develop strength, balance, and promote overall health. Instructor: Steve LaForce.

<b>206713-01</b>	\$30.00	
Th	12/6-12/20	6:00P-7:00P
<b>206713-02</b>	\$40.00	
Th	1/3-1/24	6:00P-7:00P
<b>206713-03</b>	\$40.00	
Th	2/7-2/28	6:00P-7:00P

**BALLROOM DANCING**

(Ages 16 & up) Bluemont has Ballroom Dancing! Be the belle of the ball and show off your Fox Trot, Waltz, Tango, Swing and Cha Cha moves. Instructor: Steve LaForce.

<b>206714-01</b>	\$30.00	
Th	12/6-12/20	7:00P-8:00P
<b>206714-02</b>	\$40.00	
Th	1/3-1/24	7:00P-8:00P
<b>206714-03</b>	\$30.00	
Th	2/7-2/28	7:00P-8:00P

**WRAPPING IT UP**

(Ages 3½-6) Children will craft original works of art that can be used to wrap up those special gifts. Pack a lunch and we'll pack in the fun! Instructor: Kim Harper.

<b>206703-01</b>	\$14.00 (+\$2 supplies)	
Th	12/13-12/13	12:00P-2:00P

**SNOW-GLOBE ORNAMENT**

(Ages 3½-6) We will be making a beautiful keep-

sake ornament featuring your child's handprint.

Pack a lunch. Instructor: Kim Harper.

<b>206705-01</b>	\$14.00 (+\$2 supplies)	
Tu	12/18-12/18	12:00P-2:00P

**KRAFTY KIDS**

(Ages 3½-6) Create a special way to measure snowfall or bake stained glass, heart-shaped cookies – or both! Each class has a \$2 supply fee. Bring a lunch. Instructor: Kim Harper.

<b>206706-01</b>	\$14.00	Snow Measuring Stick
Tu	1/8-1/8	12:00P-2:00P
<b>206706-02</b>	\$14.00	Stained Glass Cookies
Th	2/7-2/7	12:00P-2:00P

**COLLAGES, COLLAGES, COLLAGES!**

(Ages 8-16) Create artwork in an easy way with cut outs, stamps, stickers and markers. Bring pictures, magazine or papers that interest you. Instructor: Sally Thibodeaux,

<b>206712-01</b>	\$14.00 (+\$3 supplies)	
Tu	1/8-1/8	3:30P-5:30P

**PRINCESS PRETTIES**

(Ages 3-6) Make-and-take princess dress up. The girls will create their own personalized outfits. Instructor: Sally Thibodeaux,

<b>206707-01</b>	\$7.00 (+\$5 supplies)	
Tu	1/15-1/15	3:00P-4:00P

**PARENT'S AFTERNOON OUT**

(Ages 4-6) Drop off your little ones and enjoy some quality couple time. Your child will enjoy free play, craft time and reading with friends.

<b>206702-01</b>	\$21.00	
M	1/21-1/21	1:00P-4:00P

**WINTER SCENE WATERCOLOR**

(Ages 8-16) Learn to create snowy winter scenes in watercolor with special effects and use of negative space. Instructor: Sally Thibodeaux.

<b>206711-01</b>	\$7.00	
Tu	1/22-1/22	4:00P-5:00P

**HOMEMADE VALENTINE FUN**

(Ages 8-16) Take some time to create up to ten unique, fun, sweet valentines for family, friends and loved ones. Ideas, supplies and help will be provided. Instructor: Sally Thibodeaux.

<b>206708-01</b>	\$14.00 (+\$6 supplies)	
Tu	2/5-2/5	3:30P-5:30P

**FAIRY FROCKS**

(Ages 3-6) Come spend the afternoon creating a make and take outfit and fun accessories. Instructor: Sally Thibodeaux.

<b>206710-01</b>	\$7.00 (+\$5 supplies)	
Tu	2/19-2/19	3:00P-4:00P

**CARVER CENTER**

200 Willie Palmer Way  
Purcellville, VA 20132

**571-258-3400**

M-F 9:00A-9:00P

Sa 9:00A-6:00P

**Supply & material fees are due to the instructor at the first class.**

Visit [loudoun.gov/carver](http://loudoun.gov/carver) for updated class information.

**MEMBERSHIP**

Carver Senior Center annual memberships are available for those 55 & better. We offer a variety of weekday activities between 9:00 a.m. - 2:00 p.m. for active, independent members. Most activities are included with membership. Unless otherwise noted, non-members pay a \$2 drop-in fee for free activities.

**MEMBERSHIP FEES**

**Annual Fee: Ages 55 & Better:**

Loudoun County residents: \$25/year

Non-Residents: \$37.50/year

**Non-Member Drop-In Fee:**

Ages 17 & under: \$1.50

Ages 18-54: \$2/limited use, \$3/full access

Ages 55 & better: \$2.00

**FINE & APPLIED ARTS****HANDWORK GROUP**

(Ages 18 & up) Bring any handwork project and chat with friends while you work.

Tu	on-going	7:00P-9:00P
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**HEALTH & FITNESS PROGRAMS****FITNESS for 55 & BETTER**

(Ages 55 & up) Maintain and increase your muscle tone, range of motion and positive attitude. Some standing exercises with support for balance and spatial awareness are included. Instructors: Alison MacPherson and Faith Cooper.

<b>Pay at door</b>	\$36/12-visit punch card	
M, W, F	on-going	1:00P-1:45P

**MONDAY MORNING MOVES - Whole Body Workout!**

(Ages 55 & up) Kick start your week with light aerobics, hand weights, bands, and balls aimed at building core strength and increasing muscle awareness, balance, coordination and mental

stimulation. Work at your own level. Instructor: Faith Cooper.

**Pay at door** \$48/12-visit punch card  
M on-going 10:00A-10:45A

### New! MOMMY & ME

(Ages 18 & up) A gentle exercise class for new Mothers and their babies. Please note that child-care is not provided. Instructor: Kerry Perry. No class 1/21, 2/18.

**230707-01** \$66.00  
M 1/7-2/25 9:00A-10:00A

### EARLY BIRD FITNESS

(Ages 16 & up) First, work your upper body improving posture, strength and muscle definition. Next, work your lower body for improved balance, muscle endurance and core strength. End the week with deep stretching to improve flexibility. Instructor: Jill Perla.

**230702-01** \$121.00  
Tu,Th,F 1/8-2/15 8:15A-8:45A

### YOGA I

(Ages 18 & up) Class includes modifications for individuals with injuries or health concerns. Bring only a mat and/or blanket. Certified instructor: Rae Bielak.

**230711-01** \$134.00  
Tu 1/8-2/26 6:30P-7:30P

### TAI CHI

(Ages 16 & up) A martial art that teaches strength, balance, relaxation and flexibility through the learning and group repetition of a sequence of slow motion movements. This class covers the 24 position form. Instructor: Trudy Weaver.

**230706-01** \$66.00 Beginners  
F 1/4-2/8 6:00P-7:00P  
**230706-02** \$66.00 Intermediate  
F 1/4-2/8 7:00P-8:00P

### BODY SCULPTING

(Ages 15 & up) Tighten and shape your muscles using resistance bands and dumbbells. Abdominal work and a cool-down stretch to improve flexibility are included. Bring a mat. Instructor: Jill Perla. No class 12/24, 12/26, 12/31, 1/2, 1/21.

**230703-01** \$101.00  
M,W 12/3-1/28 5:15P-6:00P

### KICKBOXING

(Ages 12 & up) This terrific workout combines drills with no-contact sparring. At your first class, you will be given a punch card for 12 classes. You can switch days of the week. Cards remain valid for six months. Drop-in fee: \$8.50. Instructor: Mahesh Pathirana. No class 12/25, 1/1.

**230704-01** \$101.00  
Sa on-going 10:30A-11:30A

**230704-02** \$101.00  
Tu on-going 6:00P-7:00P

### ZUMBA

(Ages 16 & up) Latin-dance-inspired, aerobic exercise class. At your first class meeting, you will be given a punch card to be used toward 15 classes. You can switch days of the week. Cards remain valid for 6 months. Drop-in fee: \$9.00. Instructor: Amanda Estep. No class, 12/24, 12/31, 1/21, 2/7, 2/18.

**230705-01** \$101.00  
Th on-going 7:00P-8:00P

**230705-02** \$101.00  
M on-going 6:30P-7:30P

### FITNESS CENTER MEMBERSHIPS

Full use of the fitness center and state-of-the-art equipment. Get in shape, stay healthy!

Drop-in	Ages 55 & better	\$2.00
Drop-in	Ages 16-54	\$3.00
6-Mos	Ages 16 & up	\$52.00
12-Mos	Ages 16 & up	\$104.00
M-F	9:00A-9:00P	Ages 55 & better (Free w/ membership)
M-F	2:00P-9:00P	Ages 16 & up
Sa	9:00A-6:00P	Ages 16 & up

## DANCE PROGRAMS

### BELLY DANCE

(Ages 16 & up) The class combines the rhythms and beats of Mediterranean music with basic Belly Dance moves. Tighten your core muscles as we progress to intermediate level moves and make the hip scarves dance. Instructor: Laura Thompson. No class 12/26, 1/2.

**230701-01** \$61.00  
W 12/5-1/23 7:30P-8:30P

**230701-02** \$61.00  
W 2/6-3/13 7:30P-8:30P

### MY FIRST DANCE FITNESS

(Ages 3-4) Incorporates basic dance steps from different genres into routines taught in the style of stage performance! Performance for family and friends on 5/4 at 6:30P. Tap shoes and ballet or jazz shoes required. Instructor Amanda Estep is a choreographer for musical theater. No class 2/16, 3/16, 4/20.

**230709-01** \$131.00  
Sa 1/19-5/4 11:00A-11:45A

### DANCE FITNESS FOR THE YOUNG CHILD

(Ages 4-5) See description for My First Dance Fitness.

**230712-01** \$131.00  
Sa 1/19-5/4 11:45A-12:30P

### DANCE FITNESS FOR THE YOUNG CHILD

(Ages 4-6) See description for My First Dance Fitness. No class 1/21, 2/18, 3/25.

**230710-01** \$131.00  
M 1/14-4/29 3:15P-4:00P

### DANCE FITNESS FOR GIRLS

(Ages 7-15) See description for My First Dance Fitness.

**230708-01** \$131.00 Ages 7-10  
Sa 1/19-5/4 9:00A-10:00A

**230708-02** \$131.00 Ages 11-15  
Sa 1/19-5/4 10:00A-11:00A

### BALLROOM DANCE SOCIAL

(Ages 16 & up) Couples and singles are invited for one hour of instruction, followed by two hours of dancing in a night club atmosphere. Call 571-258-3400 by 8:00P the day before to register. NADTA-certified instructor: Jason Conrad.

**Pay at door** \$15, \$10/advance registration  
4th F 1/25, 2/22 7:00P-10:00P

### INTERMEDIATE LINE DANCE (Drop-in)

(Ages 16 & up) Work your body and mind! Instructor: Arlene Anderson.

**Pay at door** \$3.00/class  
W on-going 6:00P-7:00P

## SOCIALIZING & ENTERTAINMENT

### DAILY CONGREGATE LUNCH

(Ages 55 & up) A full meal in a warm and friendly atmosphere! Please sign up in person or by calling 571-258-3459 at least 24 hours in advance.

\$4/Ages 55-59, Donation/Ages 60 & up  
M-F on-going 12:00P-12:30P

### CARVER LUNCH BUNCH

(55 & up) Lunch with friends at different restaurants. Transportation available to and from restaurant from Carver Center for modest fee. Cost of lunch is extra. Those not requiring transportation must still register (no cost).

**230601-01** \$4.00 Camino Real, Berryville  
W 1/16-1/16 11:00A-1:30P

**230601-02** Self-Transport  
W 1/16-1/16 11:00A-1:30P

**230601-03** \$4.00 Cheng's, Sterling  
W 2/20-2/20 11:00A-1:30P

**230601-04** Self-Transport  
W 2/20-2/20 11:00A-1:30P

### POOL ANYONE?

(Ages 18 & up) Enjoy honing your pool-shooting skills alone or with some friendly competition. Free to members.

<b>Pay at door</b>	\$2.00	
M-F	on-going	2:00P-9:00P
Sa	on-going	9:00A-6:00P

## EDUCATION & INFORMATION

### COMPUTER LAB

Call ahead for availability. Free for members.

<b>Pay at door</b>	\$2.00	Ages 55 & better
M-F	on-going	9:00A-2:00P
<b>Pay at door</b>	\$3.00	Ages 18 & up
M-F	on-going	2:00P-9:00P
Sa	on-going	9:00A-6:00P

## SPECIAL EVENTS

### MIRACLE ON 21ST STREET

(Ages 55 & up) Meet at Carver Center and travel by Carver bus or drive yourself for a morning of shopping the quaint specialty shops of 21st Street in Purcellville. Participating merchants will have special treats and/or discounts for seniors. Avoid the malls and enjoy the smells and textures of smaller, more intimate spaces. Call to register by 12/5.

<b>Free event</b>		
F	12/7-12/7	10:00A-2:00P

### HOLIDAY PARTY

(Ages 55 & up) Come enjoy a delicious mid-day dinner, followed by our very own play production.

<b>Free event</b>		
F	12/21-12/21	12:00P-2:00P

### PRESENTATION: MARTIN LUTHER KING MEMORIAL

(Ages 18 & up) An educational specialist from the National Park Service will give a slide presentation on the building of the MLK Memorial. This lovely memorial will steal your heart - come learn about its history.

<b>Free event</b>		
F	1/18-1/18	12:30P-2:00P

### ALZHEIMER'S DISEASE PRESENTATION

(Ages 55 & up) A two-part presentation covering the financial and legal aspects of this devastating disease.

<b>Free event</b>	Financial Considerations	
W	1/30-1/30	10:30A-12:00P

<b>Free event</b>	Legal Considerations	
F	2/15-2/14	12:30P-2:00P

### CHINESE NEW YEAR CELEBRATION

(Ages 55 & up) A full day of cultural exploration begins with a film by a young Chinese-American film-maker. This short film premiered at Cannes

this year and explores man's impact on our natural world. After a special lunch, enjoy a presentation by a Doctor of Traditional Chinese Medicine on this ancient healing method.

<b>Free event</b>		
F	2/8-2/8	11:00A-1:30P

### BLACK HISTORY MONTH DISPLAY

(Ages 18 & up) If you would like to learn more about the history of the annual Martin Luther King March in Loudoun County, here is your chance. Mary Randolph will set up an educational display in Carver's library, and will answer questions about the evolution of this event.

<b>Free event</b>		
F	2/22-2/22	12:30P-2:00P

## ON-GOING WEEKLY CLASSES

The following programs are offered weekdays during senior hours and many are exclusive to those 55 and better.

### LITTLE YELLOW GIFT SHOP

Shop from the cabinet's collection for unique items with prices ranging from fifty cents to thirty-five dollars. This is an Advisory Board project.

M-F	on-going	10:00A-12:00P
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### BRING IN SOMETHING & TELL US ABOUT IT

(Ages 55 & up) Do you have a cherished object with an interesting story behind it or a photograph of something or someone dear to you? Do you make things? Bring something interesting to share.

M	on-going	10:45A-11:15A
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### INDOOR (STANDING OR SEATED) BEACH BALL VOLLEYBALL

(Ages 55 & up) It's all the fun of volleyball with as little or much effort as you choose!

M	on-going	11:15A-11:50A
Th	on-going	10:15A-10:45A

### SHOPPING

(Ages 55 & up) Transportation to Leesburg for light variety shopping.

1st M	on-going	1:00P-3:00P
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### WATER WALKING

(Ages 55 & up) Approximately one hour of joint-friendly exercise in Ida Lee's auxiliary pool. Travel by bus from Carver. \$5.25/admission.

M	on-going	11:30P-2:30P
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### BOWLING

(Ages 55 & up) Play one non-competitive game at Village Lanes in Leesburg. Free shoe rental. Free transportation at 12:30P. \$2.50/game.

M	on-going	12:30P-2:30P
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### CARDS & GAMES

(Ages 55 & up)

M	Farkle	12:45P-2:00P
M	Canasta	1:00P-3:00P
M	Dominoes	12:45P-2:00P

### BEGINNER LINE DANCE

(Ages 55 & up) Leader: Carolyn Bledsoe. Free to Carver Center members. All others pay \$2 drop-in fee.

M	on-going	2:00P-3:00P
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### VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

(Ages 18 & up) Joan Cassidy will have information regarding mild to severe hearing loss and the newest assistive equipment available.

2nd Tu	on-going	10:00A-11:30A
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### TAI CHI FOR 55 & Better

(Ages 55 & up) Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

<b>430607-01</b>	\$2 drop-in/non-member
Tu	10:15A-11:15A

### BRIDGE FOR BEGINNERS

(Ages 55 & up) This is an introductory class for those who would like to learn to play. Instructor: Jane Olah.

T	on-going, beginning 12/4
	10:30A-12:00P

### MODERATED BOOK DISCUSSION

(Ages 18 & up) Monthly book discussions, led by Anne Hardy. Books provided.

3rd Tu	on-going	10:30A-12:00P
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### PING-PONG CLINIC

(Ages 55 & up)

Tu,	on-going	9:45A-10:45A
F	on-going	10:45A-11:45A

### BELLY DANCE FOR 55 & BETTER

(Ages 55 & up) A belly dance class that will combine the rhythms and beats of Mediterranean music with basic Belly Dance moves. Tighten your core muscles as we progress to intermediate level moves and make the hip scarves dance. Instructor: Laura Thompson.

T	on-going, beginning 12/4
	11:00A-11:45A

### BALANCE AND STABILITY

(Ages 55 & up) Enhance your balance and stability with exercises and movements using bands and resistance. Leader: Glenn Eason. \$2 drop-in/non-member.

Tu on-going 11:30A-11:55A  
Th on-going 11:30A-11:55A

### BINGO

(Ages 55 & up) Join in for fun and prizes.  
\$.50 per card; no card limit.

Tu on-going 12:45P-1:45P  
F on-going 10:45A-11:45A

### CARVER CENTER ADVISORY BOARD

(Ages 18 & up) Help make suggestions for programs, projects, activities and events.

1st Tu on-going 1:00P

### NINTENDO Wii LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

W on-going 10:00A-10:30A  
Th on-going 11:00A-11:30A  
F on-going 10:15A-10:45A

### THRIFT STORE SHOPPING/LIBRARY VISITS IN PURCELLVILLE

(Ages 55 & up) Trips alternate between Blue Ridge Hospice Thrift Store and the Purcellville Library.

W on-going 10:30A-11:30A

### LAUGH YOGA

(Ages 55 & up) Rae and Diana lead you through fun exercises and games to promote physical and emotional well-being.

W on-going 10:30A-11:30A

### CARDS & GAMES

(Ages 55 & up) Scrabble/Group Games

W on-going 12:30P-2:00P

### FAMILY FEUD

(Ages 55 & up) Test how well your answers match up with those polled in this classic game led by our own Trixi Carter and Debra Foster.

4th W on-going 12:30P-2:00P

### MONTHLY AFTERNOON TEA

(Ages 55 & up) Your hostess, Carol Weckerly, will seat you in the lovely Carver library for an hour of sweets, tea and conversation. Limited to 14. Pre-register at front desk or by calling 571-258-3400 two weeks before the event.

#### Free event

1st W on-going 1:00P-2:00P

### LIBRARY OUTREACH VISIT

(Ages 55 & up) Carts, display racks and trays of materials are brought inside the Center. Participants select materials to check out or library staff assists them in selecting materials. Participants can request materials online or staff can take requests

and do the processing for the guest. Either way, the requested materials are brought on a return visit, checked out to the resident.

2nd W on-going 11:00A-12:00P

### CREATIVE WRITING

(Ages 18 & up) A weekly group for anyone interested in exploring the writing process in a supportive and friendly environment. Group leader: published author Jean Kipfer.

W on-going 10:30A-12:00P

### VERY BEGINNER LINE DANCE

(Ages 18 & up)

W on-going 1:00P-2:00P

### BLOOD PRESSURE CHECK

(Ages 18 & up) Provided by Inova Loudoun Healthcare Unit. No appointment needed. Check calendar for dates.

2nd, 4th Th on-going 10:00A-12:00P

### FACILITATED INTERDENOMINATIONAL BIBLE STUDY

(Ages 55 & up)

Th on-going 10:45A-11:55A

### AREA AGENCY ON AGING ONE-ON-ONE SUPPORT

(Ages 55 & up) Elder Case Manager Kathy Kehoe is available for confidential counseling on aging issues. Use our sign-up sheet or call 703-737-8741.

1st, 3rd Th on-going 12:15P-2:45P

### MENTAL MUSCLE

(Ages 55 & up) Weekly classes using brain games to foster thinking.

Th on-going 12:45P-2:00P

### BRIDGE CLUB

(Ages 55 & up) Group is open to those who already know how to play.

Th on-going 1:00P-4:00P

### GAME NIGHT

(Ages 55 & up)

Th on-going 5:00P-9:00P

### BOOKIN' IT

Read to and be read to by Emerick Elementary first grade students. Bus transportation provided.

F on-going 9:30A-10:30A

### GROCERY SHOPPING

(Ages 55 & up) Transportation to local establishments.

F on-going 12:30P-2:00P

### BEGINNING WATERCOLOR GROUP

(Ages 18 & up) Individual assistance available.

F on-going 12:30P-2:00P

### TEXAS HOLD 'EM

(Ages 55 & up) This chips only group meets weekly in the Carver Library.

F on-going 12:30P-4:00P

## CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road  
Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane

**571-258-3700**

[www.loudoun.gov/claudemoorepark](http://www.loudoun.gov/claudemoorepark)

Visitor Center/Discovery Room:

Daily 9:00A-5:00P

Park Hours: Daily 7:00A-Sunset

### PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.

## PARENT/CHILD CLASSES

### PARK PALS

(Ages 2-4) Discover the outdoors with your grown-up pal. See a bird, meet a beetle, visit a forest, and more, while focusing on monthly nature themes.

**261103-01** \$7.75 Winter Coats

F 12/7-12/7 9:30A-10:30A

**261103-02** \$7.75 Tiny Trackers

*Snow date 1/18*

F 1/11-1/11 9:30A-10:30A

**261103-03** \$7.75 Snowflakes

F 1/25-1/25 9:30A-10:30A

**261103-04** \$7.75 Dinosaurs

*Snow date 2/15*

F 2/8-2/8 9:30A-10:30A

**261103-05** \$7.75 Owls

F 2/22-2/22 9:30A-10:30A

## DROP-OFF CLASSES

### AMAZING ADAPTATIONS

(Ages 3-6) Can animals really change their fur? What do they do when it gets cold or rains? Discover amazing animal abilities while searching the woods for wildlife!

**261104-01** \$11.50

F 12/7-12/7 12:30P-2:00P



### TINY TRACKERS

(Ages 3-6) How can you tell if a deer has been by? Do raccoons leave a trail? Search for clues and signs of animals while exploring the wilderness! Snow date 1/18.

**261105-01** \$11.50  
F 1/11-1/11 12:30P-2:00P

### SNOWFLAKES GALORE

(Ages 3-6) Where do snowflakes come from? Why are they so cold? Make a snowflake craft and discover a world of snow! Snow date 2/1.

**261107-01** \$11.50  
F 1/25-1/25 12:30P-2:00P

### DINOSAUR RUMBLE

(Ages 3-6) Get ready to ROAR! Become a Junior Paleontologist and uncover the truth about our dino friends! Snow date 2/15.

**261108-01** \$11.50  
F 2/8-2/8 12:00P-2:00P

### OWL POWER

(Ages 3-6) Whooo loves to hunt at night? Whooo flies so softly you would never hear? Explore the life of an owl with feathers, stories, beaks, and more!

**261109-01** \$11.50  
F 2/22-2/22 12:30P-2:00P

## SCOUT PROGRAMS

These programs meet most badge requirements. Adult must accompany scouts. Other times and badges available. Call for information. Register online with WebTrac. Leaders and chaperones are free and do not register.

### DAISY GIRL SCOUT ACTIVITIES

Try out the Between Earth and Sky Journey while experiencing the wonders of the park or just bring your girls for an exciting tour of the local wilderness.

**Call ahead**  
Days vary 12/1-2/28 10:00A-5:00P

### BROWNIE GIRL SCOUT BADGES

Complete various badges while exploring the park. Badges include but aren't limited to Hiker, Bugs, Senses, Letterboxer, and more.

**Call ahead**  
Days vary 12/1-2/28 10:00A-5:00P

### JUNIOR GIRL SCOUT BADGES

Visit nature while completing requirements for badges like: Geocaching, Animal Habitats, Camper, Flowers, and more.

**Call ahead**  
Days vary 12/1-2/28 10:00A-5:00P

### WEBELOS-GEOLOGIST BADGE

Rocks and minerals are in almost everything around—and in us! Explore their importance to us and to nature.

**261229-01** \$5.00  
Sa 1/19-1/19 1:00P-2:30P  
**261229-02** \$5.00  
Sa 2/2-2/2 1:00P-2:30P

### WEBELOS-CITIZEN BADGE

Flags of 1779 and 1812 will wave as you post the colors, experience flag protocol, and explore the deeds of Citizens of the past.

**261238-01** \$5.00  
Sa 1/19-1/19 10:00A-11:30A

### BEAR CUB SCOUTS-SHARING YOUR WORLD WITH WILDLIFE

Visit a nature center, learn about animal extinction, and what a naturalist does. Make a bird feeder.

**261224-01** \$5.00  
Sa 2/2-2/2 10:00A-11:30A

## ADULT PROGRAMS

### PROJECT WILD: GROWING UP WILD & PROJECT LEARNING TREE (EARLY CHILDHOOD)

(Ages 18 & up) Preschool through second grade educators gain a wealth of hands on environmental education resources through this nationally recognized program. Discover trusted ways to expand your classroom to the outdoors and get children exploring! You must attend the entire workshop to receive the materials.

Call to register \$10 (non-refundable)  
Sa 2/16-2/16 9:00A – 5:00P

## MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult unless noted. Minimum numbers required to run programs; please call in advance to register.

### TREASURES OF THE PARK

(All ages) Explore the log cabin and historic house! Make a nature craft and play old-time games. No registration required.

**Free Event**  
Fri 12/28-12/28 1:00P-2:30P

### NIGHT PROWL

(All ages) Be a "Night Prowler" and join park staff as we stalk through the park at night. What will we find, or hear during our adventure? Includes a game and campfire - marshmallows provided.

**Pay at door** \$5.00  
Sa 12/15-12/15 5:30P-7:00P

### LANESVILLE OPEN HOUSE

(All ages) Discover the history of this property listed on the National Register of Historic Places. No registration required.

**Free Event**  
Sa 12/15-12/15 1:00P-3:00P  
**Free Event**  
Sa 1/26-1/26 1:00P-3:00P  
**Free Event**  
Sa 2/23-2/23 1:00P-3:00P

### FROGSHACKLE OPEN HOUSE

(All ages) Do you love animals? How about fossils, sea shells, bird's nests, and feathers? Well why not explore our nature center with a treasure trove of hands-on nature items.

**Free Event**  
Sa 12/15-12/15 1:00P-3:00P  
**Free Event**  
Sa 1/26-1/26 1:00P-3:00P  
**Free Event**  
Sa 2/23-2/23 1:00P-3:00P

### NEW YEARS RESOLUTION HIKE

(All ages) Walk off some of those extra calories with a hike while learning interesting facts about your park. Play a game including a scavenger hunt! Enjoy hot chocolate and snacks (provided).

**Pay at door** \$5.00  
Sa 1/5-1/5 1:00P-2:30P

### BIRDS, BIRDS, BIRDS

(Ages 7-12) Birds come in all shapes and sizes. Discover some of their unique adaptations, play a bird game, and make an origami bird mobile to take home. (Drop-off program)

**261719-01** \$5.00  
Su 1/27-1/27 1:00P-2:30P

### JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge, and receive your patch.

**Pay at door** \$2.00  
Daily 12/1-2/28 9:00A-5:00P

### NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose themes like: Reptiles, Nature Safari, Birds, etc. Can include visit with park's turtles & snake.

**Call ahead** \$95.00  
Days vary 12/1-2/28 10:00A-5:00P

### ADVENTURE BIRTHDAY PARTY

(Ages 7 & up) Up for a bit of adventure? Try out fishing, geocaching, or campfire fun. Can include visit with park's turtles & snake.

**Call ahead** \$125.00  
Days vary 12/1-2/28 10:00A-5:00P

### GUIDED NATURE OR HISTORY PROGRAMS

(All ages) We provide fun and educational guided programs for groups of all ages. Be it hikes, nature center visits, history tours, fishing outings, or even geocaching. Call for information and reservations.

**Call ahead** \$3.50  
Days vary 12/1-2/28 10:00A-5:00P

### CAMPFIRE PROGRAMS

(All ages) Bring your group to join a naturalist for some campfire fun. We'll build the fire and supply the marshmallows and sticks. Call for information and to schedule.

**Call ahead**  
Days vary 12/1-2/28 10:00A-9:00P

## CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane  
Sterling, VA 20164

**571-258-3500**

M-Th 8:00A-8:00P

F 8:00A-6:00P Sa 9:00A-2:00P

**Supply & material fees are payable to the instructor at the first class.**

### PRESCHOOL AGE PROGRAMS

#### MY FIRST PRESCHOOL- M, W PM

(Age 2) Your child's first preschool class is a unique experience with books, songs, socialization, art, games, music, dance and more! Register in person at CMCC. No class 1/21, 2/18

**510123-06** \$60.00  
M,W 12/3-12/19 11:00A-12:30P  
**510123-07** \$80.00  
M,W 1/2-1/30 11:00A-12:30P  
**510123-08** \$70.00  
M,W 2/4-2/27 11:00A-12:30P

#### MY FIRST PRESCHOOL-TU,TH PM

(Age 2) Your child's first preschool class is a unique experience with books, songs, socialization, art, games, music, dance and more! Register in person at CMCC.

**510121-06** \$60.00  
Tu,Th 12/4-12/20 11:00A-12:30P  
**510121-07** \$90.00  
Tu,Th 1/3-1/31 11:00A-12:30P

**510121-08** \$80.00  
Tu,Th 2/5-2/28 11:00A-12:30P

### LITTLE LEARNERS

(Ages 3-4) Introduces basic preschool skills through stories, art, creative movement and play. Pack a small snack & drink. Instructor: Nellie Sokol & Liz Jaramillo. No class 12/25, 12/27, 1/1.

**210101-01** \$275.00  
Tu,Th 12/4-2/28 9:30A-11:30A

### AFTERNOON KINDERGARTEN FUN

(Ages 3-5) An afternoon class that focuses on basic skills through stories, play and fun. Pack a small snack & drink. Instructor: Nellie Sokol and Gaby Kragness. No class 12/25, 12/27, 1/1.

**210102-01** \$275.00  
Tu,Th 12/4-2/28 12:00P-2:00P

### ORNAMENTS GALORE

(Ages 3-4) Create and decorate a different ornament each week to take home to be displayed in your home for the holidays.

**210103-01** \$24.00  
Tu 12/4-12/18 11:30A-12:15P

### MOM & ME HAVE WINTER FUN

(1-2½) Enjoy this time together to do art, sing, play and do some creative movement. Each month is a different theme.

**210104-01** \$24.00 Holiday Fun  
Th 12/6-12/20 9:15A-10:00A  
**210104-02** \$24.00 Holiday Fun  
Th 12/6-12/20 10:15A-11:00A  
**210104-03** \$30.00 Winter Wonderland  
Th 1/10-1/31 9:15A-10:00A  
**210104-04** \$30.00 Winter Wonderland  
Th 1/10-1/31 10:15A-11:00A  
**210104-05** \$30.00 Valentine Fun  
Th 2/7-2/28 9:15A-10:00A  
**210104-06** \$30.00 Valentine Fun  
Th 2/7-2/28 10:15A-11:00A

### MOM AND ME STAY AND PLAY

(Ages 1-2) Moms will stay and play with their little ones, participating in a variety of activities including blocks, sorting, open-ended art activities, parachute fun, songs and dancing.

**210105-01** \$24.00  
F 12/7-12/21 9:15A-10:00A  
**210105-02** \$30.00  
F 1/4-1/25 9:15A-10:00A  
**210105-03** \$30.00  
F 2/1-2/22 9:15A-10:00A

### AFTERNOON FRIDAY FUN

(Ages 3-5) Bring your lunch, meet your friends and make new ones. Have some fun with games, crafts, creative movement, music and more. Each week will be a different theme. No peanut or tree nut please.

**210106-01** \$45.00  
F 12/7-12/21 12:00P-2:30P  
**210106-02** \$60.00  
F 1/4-1/25 12:00P-2:30P  
**210106-03** \$60.00  
F 2/1-2/22 13:00P-2:00P

### MOVE AND GROOVE

(Ages 1½-2) Get up, get moving, and bring your little one to this mommy and me class full of fun fitness activities to help your toddler develop their gross motor skills.

**210107-01** \$8.00  
Tu 12/11-12/11 10:00A-10:45A  
**210107-02** \$8.00  
Tu 1/8-1/8 10:00A-10:45A  
**210107-03** \$8.00  
Tu 1/22-1/22 10:00A-10:45A  
**210107-04** \$8.00  
Tu 2/5-2/5 10:00A-10:45A  
**210107-05** \$8.00  
Tu 2/19-2/19 10:00A-10:45A

### DECORATE GINGERBREAD COOKIES

(Ages 3-5) A morning filled with decorating yummy gingerbread cookies for the holiday season.

**210108-01** \$8.00  
Tu 12/11-12/11 9:30A-10:30A

### SANTA'S WORKSHOP

(Ages 3-5) Now that the holiday season is upon us, join us for a morning of Christmas cheer, filled with crafts, stories, games, and the moon bounce. Bring your lunch to enjoy with your friends.

**210109-01** \$12.00  
Th 12/13-12/13 11:30A-1:00P

### PRESCHOOL HOLIDAY CAMP

(Ages 3-5) Drop your children off for games, crafts, creative movement, stories and social interaction with children their own age. Please bring a snack, drink and lunch.

**210110-01** \$75.00  
W,Th,F 12/26-12/28 9:00A-12:30P

### BLAST OFF INTO THE NEW YEAR

(Ages 3-4) Join us as we blast off to discover a world beyond our own. Each week we will learn about a different aspect of space, rockets, astronauts, and beyond!

**210111-01** \$28.00  
F 1/4-1/25 11:30A-12:15P

**MUSIC TOGETHER**

(Ages Birth-4) Have a blast making music with us in this research-based, internationally recognized music and movement program. It engages early childhood music development for children and their caregivers. No class 1/21, 2/18.

<b>210112-01</b>	\$158.00	
M	1/7-3/18	9:30A-10:15A
<b>210112-02</b>	\$158.00	
M	1/7-3/18	10:30A-11:15A
<b>210112-03</b>	\$158.00	
Sa	1/12-3/9	10:00A-10:45A

**BOOK BUDDIES**

(Ages 4-5) Bring your lunch to enjoy with your friends. Each week, we will read and explore a different book through crafts, songs, games and creative movement.

<b>210113-01</b>	\$12.00	
M	1/7-1/7	12:00P-1:30P
<b>210113-02</b>	\$12.00	
M	1/14-1/14	12:00P-1:30P
<b>210113-03</b>	\$12.00	
M	1/28-1/28	12:00P-1:30P
<b>210113-04</b>	\$12.00	
M	2/4-2/4	12:00P-1:30P
<b>210113-05</b>	\$12.00	
M	2/11-2/11	12:00P-1:30P
<b>210113-06</b>	\$12.00	
M	2/25-2/25	12:00P-1:30P

**JR. LEGO ROBOTICS**

(Ages 4-5) Engineering for Kids provides fun, hands-on engineering enrichment programs. Children will learn to design, program, and control fully functional robotic models. No class 1/21, 2/18.

<b>210114-01</b>	\$149.00	
M	1/7-2/25	12:30P-1:30P

**DEW DROP FAIRIES**

(Age 3-5½) We will learn creative movement and ballet skills while working on taking turns, listening skills, and have fun. Instructor: Geralyn Ward.

<b>210155-01</b>	\$50.00	
Tu	1/8-2/12	11:15A-12:00P

**ROSEBUD DANCERS**

(Ages 2½-4½) An introduction to ballet and lyrical dancing. Instructor: Geralyn Ward.

<b>210159-01</b>	\$40.00	
Tu	1/8-2/12	9:30A-10:00A

**DANCING MOVERS/SHAKERS**

(Ages 3½-5½) A great introduction to jazz and creative movement. Instructor: Geralyn Ward

<b>210160-01</b>	\$50.00	
Tu	1/8-2/12	10:15A-11:00A

**SCIENCE SENSATIONS**

(Ages 3½-5) Explore a world of hands-on experiments such as gravity and motion, cause and effect, solids and liquids, and more.

<b>210115-01</b>	\$36.00	
Tu	1/8-2/12	9:30A-10:15A
<b>210115-02</b>	\$36.00	
Tu	1/8-2/12	10:30A-11:15A

**TINY TULIP BALLERINAS**

(Ages 2½-3½) In this great introduction to dance, children will learn basic skills while working on taking turns, listening skills and having fun. Instructor: Geralyn Ward.

<b>210156-01</b>	\$40.00	
W	1/9-2/13	9:30A-10:00A

**STORY BALLET I**

(Ages 2½-4½) In this introduction to ballet, we learn ballet skills while working on taking turns, listening skills and having fun. Instructor: Geralyn Ward.

<b>210157-01</b>	\$50.00	
W	1/9-2/13	11:15A-12:00P

**LILAC FAIRIES**

(Ages 3½-5½) Learn ballet positions and movements and have fun. Instructor: Geralyn Ward.

<b>210158-01</b>	\$50.00	
W	1/9-2/13	10:15A-11:00A

**ANIMAL ANTICS**

(Ages 3-5) Each week, animals come to life through stories, crafts, math and writing activities, songs and creative movement. We will learn about mammals, reptiles and amphibians, birds and fish. Bring your lunch and extend your preschool day.

<b>210116-01</b>	\$48.00	
W	1/9-1/30	11:30A-1:00P

**LET'S GET MOVING**

(Ages 3-5) Join us for this eight week fitness class. Your preschoolers will improve their gross motor skills through bean bag games, balance beam exercises, parachute games and creative movement.

<b>210117-01</b>	\$64.00	
Th	1/10-2/28	11:30A-12:30P

**WINTER WONDERLAND**

(Ages 3-5) Shake off those winter blues with a winter wonderland of crafts, chilly songs, snowy stories and moonbounce fun. Warm up with hot chocolate and a special treat. Bring your lunch and extend your preschool day.

<b>210118-01</b>	\$14.00	
W	1/23-1/23	11:30A-1:00P

**MESSES AND MASTERPIECES**

(Ages 3-5) Use your creativity in this open-ended

art class as we create messes and masterpieces using a variety of art supplies. Come dressed for a mess. Bring your lunch and extend your preschool day.

<b>210120-01</b>	\$48.00	
W	2/6-2/27	11:30A-1:00P

**BE MY VALENTINE**

(Ages 3-5) Join your friends to create beautiful red, white and pink artwork and crafts for this loving holiday.

<b>210121-01</b>	\$7.00	
Th	2/14-2/14	10:00A-10:45A

**ELEMENTARY PROGRAMS****HOLIDAY FAMILY GIFTS**

(Ages 5-10) Children will paint and decorate different gift choices made from wood or cloth and decorate gift bags to take home.

<b>210210-01</b>	\$16.00	
W	12/5-12/12	4:00P-5:00P

**HOLIDAY ORNAMENT CRAFTS**

(Ages 5-7) Measure, mix, and create dough ornaments to take home to decorate your family tree or give as gifts.

<b>210201-01</b>	\$12.00	
Th	12/6-12/6	4:00P-5:30P

**ICE/DECORATE CHRISTMAS COOKIES**

(Ages 5-9) Ice and decorate Christmas cookies to take home and share. A variety of colored icing, decorations and ideas will be offered.

<b>210204-01</b>	\$8.00	
M	12/17-12/17	4:00P-5:00P

**WINTER BREAK FUN**

(Ages 5-9) Enjoy your break from school with holiday fun, games, painting, arts, crafts, movies and so much more. Bring your lunch, 2 snacks, and drink daily. Bring your swim suit/towel for swimming on Thursday. Instructors: Ms. Malikah and Ms. Sarah.

<b>210202-01</b>	\$89.00	
W,Th,F	12/26-12/28	8:00A-6:00P

**WHERE THE SIDEWALK ENDS**

(Ages 5-7) Using this book of humorous, kid-friendly poetry, we will engage with art/math/music and movement based on specific poems like "Boa Constrictor," "Colors" and others.

<b>210205-01</b>	\$8.00	
Th	1/10-1/10	4:00P-5:00P

**HIDDEN TREASURE BOOKS**

(Ages 5-10) Paint and decorate your own book with a secret compartment already built in for your

treasures. Learn about being your own detective.

**210211-01** \$8.00  
W 1/16-1/16 4:00P-5:00P

### DINING WITH DINOSAURS

(Ages 5-7) Have fun on your day off from school. Bring your lunch and drink and dine among the dinosaurs. Learn lots of fun dinosaur facts and enjoy related activities too.

**210206-01** \$12.00  
F 1/18-1/18 11:30A-1:00P

### ABOUT BIRDS

(Ages 5-9) Using the children's book About Birds, we'll learn to identify local birds by sight and sound. A colored pencil and watercolor art activity craft will be included too.

**210207-01** \$8.00  
M 1/28-1/28 4:00P-5:00P

### AMAZING REPTILES

(Ages 5-9) Enjoy the amazing world of reptiles through activities and a fun filled learning experience.

**210208-01** \$8.00  
Th 2/7-2/7 4:00P-5:00P

### PIRATE QUEST

(Ages 5-7) "Shiver Me Timbers!" What an afternoon of fun! A pirate treasure hunt and activities for all to share.

**210209-01** \$8.00  
Th 2/21-2/21 4:00P-5:00P

### VALENTINE HEART ART

(Ages 5-10) Meet the challenge in this "heart" art class. Choose your favorite colors and styles using a variety of paints and materials for your creations.

**210212-01** \$8.00  
W 2/6-2/6 4:00P-5:00P

tion and Lego Robotics.

**210709-01** \$119.00  
W,Th,F 12/26-12/28 9:00A-12:00P

### LEGO ROBOTICS CAMP

(Ages 6-14) Introduces robot-building and programming. Students build robots for specific tasks and figure out how they could function even better. Students discover the engineering design process as they repeatedly test their robots. (See childcare note under Engineering Exploration.)

**210710-01** \$119.00  
W,Th,F 12/26-12/28 1:00P-4:00P

### MECHANICAL ENGINEERING

(Ages 6-14) Classes designed to introduce students to the concepts of physics, motion, and energy through hands-on activities with various materials and media, including wind and water.

**210711-01** \$182.00  
Tu 1/15-2/19 5:00P-6:30P

### COCOA MUGS

(Ages 4-12) Have fun on your student holiday painting your own cocoa mug for your favorite winter drink. All materials are child and food safe and non-toxic. Fired and finished mugs will be ready for pick up at CMCC office the following week.

**210701-01** \$17.00  
F 1/18-1/18 10:00A-10:30A

### LEGO ROBOTICS

(Ages 6-14) See description for Lego Robotics Camp.

**210712-01** \$182.00  
Sa 1/19-2/23 10:00A-11:30A

### HEART DISHES

(Ages 4-12) Paint your own Valentine heart dish to decorate or fill with candy treats. Materials are child and food-safe and non-toxic. Fired and finished items will be ready for pick up at CMCC office the following week.

**210708-01** \$17.00  
Sa 2/2-2/2 10:00A-10:30A

### SHAMROCK PLATE

(Ages 4-12) Paint your own shamrock plate for St. Patty's day decoration. Materials are child and food-safe and non-toxic. Fired and finished items will be ready for pick up at CMCC office the following week.

**210704-01** \$17.00  
Sa 3/2-3/2 10:00A-10:30A

### ANIMAL FRIENDS

(Ages 4-12) Paint your choice of animal friends to decorate your room or give as a gift. Materials are child and food-safe and non-toxic. Fired and finished items will be ready for pick up at CMCC office the following week.

**210707-01** \$17.00  
Sa 3/23-3/23 10:00A-10:30A

## PARTY RENTALS

### MOON BOUNCE BIRTHDAY PARTY

(Ages 3-9) This birthday party is designed to offer wholesome fun for up to 15 children, while giving the parents the convenience of having the party at CMCC and the fun of the moon bounce. Add a snow cone to the party for just \$25.00 more. Call to book your party!

\$150.00 Moon Bounce  
\$175.00 w/snow cone or popcorn machine

## MULTIAGE PROGRAMS

### HOLIDAY COOKIE PLATES

(Ages 4-12) Paint a sweet treat - a lunch size plate for the holidays - perfect for cookies, or gifting. All materials are child-safe, food-safe and non-toxic. Fired and finished items will be ready for pick up at the CMCC office the following week.

**210705-01** \$17.00  
Sa 12/1-12/1 10:00A-10:30A

### ENGINEERING EXPLORATION CAMP

(Ages 6-14) One day the focus will be on civil engineering with bridges or towers; another day, we'll work on boat basics from marine engineering. Vendor will provide free childcare from 12:00P-1:00P for children registered in both Engineering Explora-



*Don't miss our Winter Holiday Happenings  
& other Special Events starting on page 10.*



# CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane  
Sterling, VA 20164

571-258-3600

571-258-3601 (fax)

<http://www.loudoun.gov/claudemoorerec>

## Facility Hours:\*

M-F 5:00A-9:30P • Sa-Su 8:00A - 8:00P

Closing 12:00PM on 12/24

Closed 12/25

Closing 12:00PM on 12/31

Closed 1/1/2013

## Competition Pool

M-F 5:00A-9:15P • Sa-Su 8:00A-7:45P

## Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

\*Please call for availability of the leisure pool and rock wall. Hours are subject to change based on customer demand.

Family	\$1000	\$1500
Student Pass*	\$400	\$600
Senior	\$400	\$600
Senior Couple	\$620	\$930

\*Student Pass: individual up to age 21 claimed as a dependent for tax purposes with valid school ID

## Drop-in Care for Children (6 mos-10 years)

M, W, F, Sa 9:00A-12:00P

M, W 3:30P-7:30P

Friday 3:30P-6:30P

Tu, Th No Drop-in

Cost for drop-in child care is \$4 per child per visit

## CMRC ANNUAL MEMBERSHIP\* SALE!

# 15% OFF

## NOV. 23, 2012 - JAN. 5, 2013

\*Applies to annual memberships only.

## GENERAL INFORMATION

### FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

### RECREATION CENTER BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings and Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms. Stop by to secure a date. Full payment is due at time of reservation.

## AQUATICS & SAFETY PROGRAMS

### LIFEGUARD CLASS

(Ages 15 & up) Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 ft. of water at first class. Bring swimsuit and towel everyday. Attendance is mandatory at every class.

<b>273290-01</b>	\$251.00	
Tu, W, Th, F, Sa	12/26-12/29	10:00A-6:00P
<b>273290-02</b>	\$251.00	
Su, Sa	2/9-2/17	10:00A-6:00P

### LIFEGUARD/CPR RECERT

(Ages 15+) Lifeguarding and CPR recertification class. Prerequisites: Must hold unexpired CPR/LG

card or certifications expired no more than three months. Proof of certification required at class.

<b>273293-01</b>	\$101.00	
Su	12/30-12/30	10:00A-4:00P

### AQUA FIT

(Ages 14 & up) Using the water for resistance, this class offers challenging cardiovascular training, as well as strength conditioning. Held in shallow water.

<b>273465-01</b>	\$81.00	
Tu, Th	1/3-1/29	6:30P-7:30P
<b>273465-02</b>	\$71.00	
Tu, Th	2/5-2/28	6:30P-7:30P
<b>273465-03</b>	\$61.00	
Tu, Th	3/5-3/21	6:30P-7:30P

### PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) These lessons offer individualized attention. Half-hour lessons are scheduled on a monthly basis and arranged according to instructor availability. Enrollments must be made at the CMRC Front Desk.

Resident	Private	Semi-private
4 lessons	\$150	\$100
Non-resident	Private	Semi-private
4 lessons	\$225	\$150

### CLAUDE MOORE AQUATICS

Swim Lesson Evaluations:

F	12/28, 1/25, 2/22	5:00P-7:00P
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## ADAPTIVE AQUATICS PROGRAMS

### ADAPTIVE AQUATICS

(All levels) Get ready to splash into our Winter Swim Lessons! Loudoun County Adaptive Aquatics is supported by the Joey Pizzano Memorial Fund, and is designed to teach individuals with disabilities how to have fun and stay safe in the water. Be prepared to get wet and enjoy making a SPLASH! Call 703-771-5010 or contact Eden.Gilligan@loudoun.gov for more details.

#### Youth I

<b>241751-01</b>	\$30.00	Ages 5-10
Sa	1/5-2/16	8:00A-8:30A

#### Youth II

<b>241751-02</b>	\$30.00	Ages 10-15
	1/5-2/16	8:40A-9:10A

#### Teen/Adult

<b>241751-03</b>	\$30.00	Ages 16 & up
Sa	1/5-2/16	9:20A-9:50A

#### Water Fun Fit

<b>241751-04</b>	\$20.00	Ages 18 & up
M	1/7-1/28	7:30P-8:00P
<b>241751-05</b>	\$20.00	Ages 18 & up
M	2/4-2/25	7:30P-8:00P

## ADMISSION FEES

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3	Free	Free
(plastic training pants required)		
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00
(*adults accompanying youth 5-12, but not utilizing CMRC; MUST be in pool with <5 yrs, pay full admission fee)		

### Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+	\$85	\$128
Ages 18-54	\$120	\$180

### Monthly Passes (unlimited use)

Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent	\$12	\$18
Family	\$84	\$125
Student Pass*	\$34	\$50
Senior	\$34	\$50
Senior Couple	\$52	\$78

### Annual Membership (unlimited use)

Single Adult	\$550	\$825
Two Adults (Family)	\$850	\$1275
Family Dependent	\$140	\$210

**PRESCHOOL SWIM CLASSES****No classes 1/25-1/27****PARENT/CHILD LEVEL 1**

(Ages 6-36 mos) Class will focus on water adjustment and safety skills. Parent must be in water.

**Activity Number 273151**

Sec	Dates	Day	Time	Fee
01	1/7-1/17	M-Th	10:20A-10:50A	\$91
02	1/7-1/17	M-Th	1:50P- 2:20P	\$91
03	1/21-1/31	M-Th	10:20A-10:50A	\$91
04	1/21-1/31	M-Th	1:50P- 2:20P	\$91
05	2/4-2/14	M-Th	10:20A-10:50A	\$91
06	2/4-2/14	M-Th	1:50P- 2:20P	\$91
07	2/18-2/28	M-Th	10:20A-10:50A	\$91
08	2/18-2/28	M-Th	1:50P- 2:20P	\$91
09	3/4-3/14	M-Th	10:20A-10:50A	\$91
10	3/4-3/14	M-Th	1:50P- 2:20P	\$91
11	1/3-1/29	Tu,Th	5:20P- 5:50P	\$81
12	2/5-2/26	Tu,Th	5:20P- 5:50P	\$80
13	3/5-3/21	Tu,Th	5:20P- 5:50P	\$69
14	1/4-3/15	F	9:00A- 9:30A	\$113
15	1/4-3/15	F	1:00P- 1:30P	\$113
16	1/4-3/15	F	5:40P- 6:10P	\$113
17	1/5-3/16	Sa	9:10A- 9:40A	\$113
18	1/5-3/16	Sa	10:20A-10:50A	\$113
19	1/6-3/17	Su	8:00A- 8:30A	\$113
20	1/6-3/17	Su	9:45A-10:15A	\$113

**PARENT/CHILD LEVEL 2**

(Ages 24-48 mos) Class will focus on water adjustment, safety skills and skill readiness. Parent must be in water.

**Activity Number 273152**

Sec	Dates	Day	Time	Fee
01	1/7-1/17	M-Th	11:40A-12:10P	\$91
02	1/21-1/31	M-Th	11:40A-12:10P	\$91
03	2/4-2/14	M-Th	11:40A-12:10P	\$91
04	2/18-2/28	M-Th	11:40A-12:10P	\$91
05	3/4-3/14	M-Th	11:40A-12:10P	\$91
06	1/2-1/28	M,W	5:20P- 5:50P	\$91
07	2/4-2/25	M,W	5:20P- 5:50P	\$80
08	3/4-3/20	M,W	5:20P- 5:50P	\$69
10	1/4-3/15	F	9:40A-10:10A	\$113
11	1/4-3/15	F	1:40P- 2:10P	\$113
12	1/4-3/15	F	5:00P- 5:30P	\$113
13	1/5-3/16	Sa	9:45A-10:15A	\$113
14	1/6-3/17	Su	8:35A- 9:05A	\$113
15	1/6-3/17	Su	10:20A-10:50A	\$113

**PRESCHOOL LEVEL 1**

(Ages 3-5) Child must be able to leave parent willingly and follow directions. Goals of the class include entering independently, submerging face &amp; blowing bubbles for at least 3 seconds and gliding on front at least 2 body lengths.

**Activity Number 273153**

Sec	Dates	Day	Time	Fee
01	1/7-1/17	M-Th	9:00A- 9:30A	\$91
02	1/7-1/17	M-Th	12:30P- 1:00P	\$91
03	1/21-1/31	M-Th	9:00A- 9:30A	\$91
04	1/21-1/31	M-Th	12:30P- 1:00P	\$91
05	2/4-2/14	M-Th	9:00A- 9:30A	\$91
06	2/4-2/14	M-Th	12:30P- 1:00P	\$91
07	2/18-2/28	M-Th	9:00A- 9:30A	\$91
08	2/18-2/28	M-Th	12:30P- 1:00P	\$91
09	3/4-3/14	M-Th	9:00A- 9:30A	\$91
10	3/4-3/14	M-Th	12:30P- 1:00P	\$91
12	1/2-1/28	M,W	4:00P- 4:30P	\$91
13	1/2-1/28	M,W	4:40P- 5:10P	\$91
14	1/2-1/28	M,W	5:20P- 5:50P	\$91
15	1/2-1/28	M,W	6:40P- 7:10P	\$91
16	1/2-1/28	M,W	7:20P- 7:50P	\$91
17	2/4-2/25	M,W	4:00P- 4:30P	\$80
18	2/4-2/25	M,W	4:40P- 5:10P	\$80
19	2/4-2/25	M,W	5:20P- 5:50P	\$80
20	2/4-2/25	M,W	6:40P- 7:10P	\$80
21	2/4-2/25	M,W	7:20P- 7:50P	\$80
22	3/4-3/20	M,W	4:00P- 4:30P	\$69
23	3/4-3/20	M,W	4:40P- 5:10P	\$69
24	3/4-3/20	M,W	5:20P- 5:50P	\$69
25	3/4-3/20	M,W	6:40P- 7:10P	\$69
26	3/4-3/20	M,W	7:20P- 7:50P	\$69
29	1/3-1/29	Tu,Th	4:00P- 4:30P	\$80
30	1/3-1/29	Tu,Th	4:40P- 5:10P	\$80
31	1/3-1/29	Tu,Th	5:20P- 5:50P	\$80
32	1/3-1/29	Tu,Th	6:40P- 7:10P	\$80
33	1/3-1/29	Tu,Th	7:10P- 7:40P	\$80
34	2/5-2/26	Tu,Th	4:00P- 4:30P	\$80
35	2/5-2/26	Tu,Th	4:40P- 5:10P	\$80
36	2/5-2/26	Tu,Th	5:20P- 5:50P	\$80
37	2/5-2/26	Tu,Th	6:40P- 7:10P	\$80
38	2/5-2/26	Tu,Th	7:10P- 7:40P	\$80
39	3/5-3/21	Tu,Th	4:00P- 4:30P	\$69
40	3/5-3/21	Tu,Th	4:40P- 5:10P	\$69
41	3/5-3/21	Tu,Th	5:20P- 5:50P	\$69
42	3/5-3/21	Tu,Th	6:40P- 7:10P	\$69
43	3/5-3/21	Tu,Th	7:10P- 7:40P	\$69
44	1/4-3/15	F	10:20A-10:50A	\$113
45	1/4-3/15	F	2:20P- 2:50P	\$113
46	1/4-3/15	F	4:20P- 4:50P	\$113
47	1/4-3/15	F	5:20P- 5:50P	\$113
48	1/4-3/15	F	6:20P- 6:50P	\$113
49	1/4-3/15	F	7:20P- 7:50P	\$113
50	1/5-3/16	Sa	8:00A- 8:30A	\$113
51	1/5-3/16	Sa	8:35A- 9:05A	\$113
52	1/5-3/16	Sa	9:45A-10:15A	\$113
53	1/6-3/17	Su	8:00A- 8:30A	\$113
54	1/6-3/17	Su	9:10A- 9:40A	\$113
55	1/6-3/17	Su	10:20A-10:50A	\$113

**PRESCHOOL LEVEL 2**

(Ages 3-5) Child must be able to complete objectives of preschool level 1. Goals of the class include gliding on front 3 body lengths, floating for 5 seconds then recovering to a vertical position, swimming using combined arm and leg actions on front for 3 body lengths.

**Activity Number 273154**

Sec	Dates	Day	Time	Fee
01	1/7-1/17	M-Th	9:40A-10:10A	\$91
02	1/7-1/17	M-Th	1:10P- 1:40P	\$91
03	1/7-1/17	M-Th	3:00P- 3:30P	\$91
04	1/21-1/31	M-Th	9:40A-10:10A	\$91
05	1/21-1/31	M-Th	1:10P- 1:40P	\$91
06	1/21-1/31	M-Th	3:00P- 3:30P	\$91
07	2/4-2/14	M-Th	9:40A-10:10A	\$91
08	2/4-2/14	M-Th	1:10P- 1:40P	\$91
09	2/4-2/14	M-Th	3:00P- 3:30P	\$91
10	2/18-2/28	M-Th	9:40A-10:10A	\$91
11	2/18-2/28	M-Th	1:10P- 1:40P	\$91
12	3/4-3/14	M-Th	3:00P- 3:30P	\$91
13	3/4-3/14	M-Th	9:40A-10:10A	\$91
14	3/4-3/14	M-Th	1:10P- 1:40P	\$91
15	3/4-3/14	M-Th	3:00P- 3:30P	\$91
16	1/2-1/28	M,W	4:00P- 4:30P	\$91
17	1/2-1/28	M,W	4:40P- 5:10P	\$91
18	1/2-1/28	M,W	6:00P- 6:30P	\$91
19	1/2-1/28	M,W	6:40P- 7:10P	\$91
20	2/4-2/25	M,W	4:00P- 4:30P	\$80
21	2/4-2/25	M,W	4:40P- 5:10P	\$80
22	2/4-2/25	M,W	6:00P- 6:30P	\$80
23	2/4-2/25	M,W	6:40P- 7:10P	\$80
24	3/4-3/20	M,W	4:00P- 4:30P	\$69
25	3/4-3/20	M,W	4:40P- 5:10P	\$69
26	3/4-3/20	M,W	6:00P- 6:30P	\$69
27	3/4-3/20	M,W	6:40P- 7:10P	\$69
30	1/3-1/29	Tu,Th	4:00P- 4:30P	\$91
31	1/3-1/29	Tu,Th	4:40P- 5:10P	\$91
32	1/3-1/29	Tu,Th	6:00P- 6:30P	\$91
33	1/3-1/29	Tu,Th	6:40P- 7:10P	\$91
34	2/5-2/26	Tu,Th	4:00P- 4:30P	\$80
35	2/5-2/26	Tu,Th	4:40P- 5:10P	\$80
36	2/5-2/26	Tu,Th	6:00P- 6:30P	\$80
37	2/5-2/26	Tu,Th	6:40P- 7:10P	\$80
38	3/5-3/21	Tu,Th	4:00P- 4:30P	\$69
39	3/5-3/21	Tu,Th	4:40P- 5:10P	\$69
40	3/5-3/21	Tu,Th	6:00P- 6:30P	\$69
41	3/5-3/21	Tu,Th	6:40P- 6:30P	\$69
43	1/4-3/15	F	11:00A-11:30A	\$113
44	1/4-3/15	F	3:00P- 3:30P	\$113
45	1/4-3/15	F	4:00P- 4:30P	\$113
46	1/4-3/15	F	4:40P- 5:10P	\$113
47	1/4-3/15	F	5:20P- 5:50P	\$113
48	1/4-3/15	F	6:40P- 7:10P	\$113
49	1/4-3/15	F	7:00P- 7:30P	\$113
52	1/5-3/16	Sa	8:35A- 9:05A	\$113

53	1/5-3/16	Sa	9:10A- 9:40A	\$113
54	1/5-3/16	Sa	10:20A-10:50A	\$113
57	1/6-3/17	Su	8:35A- 9:05A	\$113
58	1/6-3/17	Su	9:10A- 9:40A	\$113
59	1/6-3/17	Su	9:45A-10:15A	\$113
60	1/6-3/17	Su	10:20A-10:50A	\$113

### PRESCHOOL LEVEL 3

(Ages 3-5) Child must be able to complete objectives of preschool level 2. Goals of class include, Front & back float for 5 seconds each, swimming using combined arm and leg actions on front for 5 body lengths, rolling to back float for 15 seconds, then continuing 5 additional body lengths.

#### Activity Number 273155

Sec	Dates	Day	Time	Fee
01	1/7-1/17	M-Th	11:00A-11:30A	\$91
02	1/7-1/17	M-Th	2:30P- 3:00P	\$91
03	1/21-1/31	M-Th	11:00A-11:30A	\$91
04	1/21-1/31	M-Th	2:30P- 3:00P	\$91
05	2/4-2/14	M-Th	11:00A-11:30A	\$91
06	2/4-2/14	M-Th	2:30P- 3:00P	\$91
07	2/18-2/28	M-Th	11:00A- 11:30A	\$91
08	2/18-2/28	M-Th	2:30P- 3:00P	\$91
09	3/4-3/14	M-Th	11:00A-11:30A	\$91
10	3/4-3/14	M-Th	2:30P- 3:00P	\$91
11	1/2-1/28	M,W	4:00P- 4:30P	\$91
12	1/2-1/28	M,W	4:40P- 5:10P	\$91
13	1/2-1/28	M,W	5:20P- 5:50P	\$91
14	1/2-1/28	M,W	6:00P- 6:30P	\$91
15	1/2-1/28	M,W	7:20P- 7:50P	\$91
16	2/4-2/25	M,W	4:00P- 4:30P	\$80
17	2/4-2/25	M,W	4:40P- 5:10P	\$80
18	2/4-2/25	M,W	5:20P- 5:50P	\$80
19	2/4-2/25	M,W	6:00P- 6:30P	\$80
20	2/4-2/25	M,W	7:20P- 7:50P	\$80
21	3/4-3/20	M,W	4:00P- 4:30P	\$69
22	3/4-3/20	M,W	4:40P- 5:10P	\$69
23	3/4-3/20	M,W	5:20P- 5:50P	\$69
24	3/4-3/20	M,W	6:00P- 6:30P	\$69
25	3/4-3/20	M,W	7:20P- 7:50P	\$69
28	1/3-1/29	Tu,Th	4:00P- 4:30P	\$91
29	1/3-1/29	Tu,Th	4:40P- 5:10P	\$91
30	1/3-1/29	Tu,Th	5:20P- 5:50P	\$91
31	1/3-1/29	Tu,Th	6:00P- 6:30P	\$91
32	1/3-1/29	Tu,Th	6:30P- 7:00P	\$91
33	1/3-1/29	Tu,Th	7:20P- 7:50P	\$91
34	2/5-2/26	Tu,Th	4:00P- 4:30P	\$80
35	2/5-2/26	Tu,Th	4:40P- 5:10P	\$80
36	2/5-2/26	Tu,Th	5:20P- 5:50P	\$80
37	2/5-2/26	Tu,Th	6:00P- 6:30P	\$80
38	2/5-2/26	Tu,Th	6:30P- 7:00P	\$80
39	2/5-2/26	Tu,Th	7:20P- 7:50P	\$80
40	3/5-3/21	Tu,Th	4:00P- 4:30P	\$69
41	3/5-3/21	Tu,Th	4:40P- 5:10P	\$69
42	3/5-3/21	Tu,Th	5:20P- 5:50P	\$69

43	3/5-3/21	Tu,Th	6:00P- 6:30P	\$69
44	3/5-3/21	Tu,Th	6:30P- 7:00P	\$69
45	3/5-3/21	Tu,Th	7:20P- 7:50P	\$69
48	1/4-3/15	F	11:40A-12:10P	\$113
49	1/4-3/15	F	3:40P- 4:10P	\$113
50	1/4-3/15	F	4:00P- 4:30P	\$113
51	1/4-3/15	F	4:40P- 5:10P	\$113
52	1/4-3/15	F	6:00P- 6:30P	\$113
53	1/4-3/15	F	6:40P- 7:10P	\$113
56	1/5-3/16	Sa	8:00A- 8:30A	\$113
57	1/5-3/16	Sa	9:10A- 9:40A	\$113
58	1/5-3/16	Sa	9:45A-10:15A	\$113
59	1/5-3/16	Sa	10:20A-10:50A	\$113
62	1/6-3/17	Su	8:00A- 8:30A	\$113
63	1/6-3/17	Su	8:35A- 9:05A	\$113
64	1/6-3/17	Su	9:10A- 9:40A	\$113
65	1/6-3/17	Su	9:45A-10:15A	\$113

## AMERICAN RED CROSS LEARN TO SWIM CLASSES

No classes 1/25-1/27

### LEARN TO SWIM LEVEL 1

(Ages 6-12) Goals of the class include gliding on front for 2 body lengths and floating on back for 5 seconds.

#### Activity number 273251

Sec	Dates	Day	Time	Fee
01	1/2-1/28	M,W	4:00P- 4:30P	\$91
02	1/2-1/28	M,W	5:20P- 5:50P	\$91
03	1/2-1/28	M,W	6:40P- 7:10P	\$91
04	2/4-2/25	M,W	4:00P- 4:30P	\$80
05	2/4-2/25	M,W	5:20P- 5:50P	\$80
06	2/4-2/25	M,W	6:40P- 7:10P	\$80
07	3/4-3/20	M,W	4:00P- 4:30P	\$69
08	3/4-3/20	M,W	5:20P- 5:50P	\$69
09	3/4-3/20	M,W	6:40P- 7:10P	\$69
13	1/3-1/29	Tu,Th	3:50P- 4:20P	\$91
14	1/3-1/29	Tu,Th	5:10P- 5:40P	\$91
15	1/3-1/29	Tu,Th	6:40P- 7:10P	\$91
16	2/5-2/26	Tu,Th	3:50P- 4:20P	\$80
17	2/5-2/26	Tu,Th	5:10P- 5:40P	\$80
18	2/5-2/26	Tu,Th	6:40P- 7:10P	\$80
19	3/5-3/21	Tu,Th	3:50P- 4:20P	\$69
20	3/5-3/21	Tu,Th	5:10P- 5:40P	\$69
21	3/5-3/21	Tu,Th	6:40P- 7:10P	\$69
24	1/4-3/15	F	4:00P- 4:30P	\$113
25	1/4-3/15	F	5:20P- 5:50P	\$113
26	1/4-3/15	F	6:40P- 7:10P	\$113
28	1/5-3/16	Sa	8:00A- 8:30A	\$113
29	1/5-3/16	Sa	9:10A- 9:40A	\$113
30	1/5-3/16	Sa	10:20A-10:50A	\$113
33	1/6-3/17	Su	8:00A- 8:30A	\$113
34	1/6-3/17	Su	9:10A- 9:40A	\$113
35	1/6-3/17	Su	10:20A-10:50A	\$113

### LEARN TO SWIM LEVEL 2

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 1. Goals of the class include swimming 10 body lengths using any stroke and floating on front & back for 5 seconds.

#### Activity number 273252

Sec	Dates	Day	Time	Fee
01	1/2-1/28	M,W	4:40P- 5:10P	\$91
02	1/2-1/28	M,W	6:00P- 6:30P	\$91
03	1/2-1/28	M,W	7:20P- 7:50P	\$91
04	2/4-2/25	M,W	4:40P- 5:10P	\$80
05	2/4-2/25	M,W	6:00P- 6:30P	\$80
06	2/4-2/25	M,W	7:20P- 7:50P	\$80
07	3/4-3/20	M,W	4:40P- 5:10P	\$69
08	3/4-3/20	M,W	6:00P- 6:30P	\$69
09	3/4-3/20	M,W	7:20P- 7:50P	\$69
12	1/3-1/29	Tu,Th	4:30P- 5:00P	\$91
13	1/3-1/29	Tu,Th	5:50P- 6:20P	\$91
14	1/3-1/29	Tu,Th	7:20P- 7:50P	\$91
15	2/5-2/26	Tu,Th	4:30P- 5:00P	\$80
16	2/5-2/26	Tu,Th	5:50P- 6:20P	\$80
17	2/5-2/26	Tu,Th	7:20P- 7:50P	\$80
18	3/5-3/21	Tu,Th	4:30P- 5:00P	\$69
19	3/5-3/21	Tu,Th	5:50P- 6:20P	\$69
20	3/5-3/21	Tu,Th	7:20P- 7:50P	\$69
24	1/4-3/15	F	4:40P- 5:10P	\$113
25	1/4-3/15	F	6:00P- 6:30P	\$113
26	1/4-3/15	F	7:20P- 7:50P	\$113
29	1/5-3/16	Sa	8:35A- 9:05A	\$113
30	1/5-3/16	Sa	9:45A-10:15A	\$113
34	1/6-3/17	Su	8:35A- 9:05A	\$113
35	1/6-3/17	Su	9:45A-10:15A	\$113

### LEARN TO SWIM LEVEL 3

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 2. Goals of the class include swim front crawl 15 yards, treading water or float for 15 seconds and swimming Elementary Backstroke 15 yards.

#### Activity number 273253

Sec	Dates	Day	Time Period	Fee
01	1/2-1/28	M,W	3:40P- 4:10P	\$91
02	1/2-1/28	M,W	4:20P- 4:50P	\$91
03	1/2-1/28	M,W	5:00P- 5:30P	\$91
04	1/2-1/28	M,W	5:40P- 6:10P	\$91
05	1/2-1/28	M,W	6:00P- 6:30P	\$91
06	1/2-1/28	M,W	6:40P- 7:10P	\$91
07	1/2-1/28	M,W	7:10P- 7:40P	\$91
08	1/2-1/28	M,W	7:20P- 7:50P	\$91
09	1/2-1/28	M,W	7:50P- 8:20P	\$91
10	2/4-2/25	M,W	3:40P- 4:10P	\$80
11	2/4-2/25	M,W	4:20P- 4:50P	\$80
12	2/4-2/25	M,W	5:00P- 5:30P	\$80
13	2/4-2/25	M,W	5:40P- 6:10P	\$80
14	2/4-2/25	M,W	6:00P- 6:30P	\$80
15	2/4-2/25	M,W	6:40P- 7:10P	\$80

16	2/4-2/25	M,W	7:10P- 7:40P	\$80
17	2/4-2/25	M,W	7:20P- 7:50P	\$80
18	2/4-2/25	M,W	7:50P- 8:20P	\$80
19	3/4-3/20	M,W	3:40P- 4:10P	\$69
20	3/4-3/20	M,W	4:20P- 4:50P	\$69
21	3/4-3/20	M,W	5:00P- 5:30P	\$69
22	3/4-3/20	M,W	5:40P- 6:10P	\$69
23	3/4-3/20	M,W	6:00P- 6:30P	\$69
24	3/4-3/20	M,W	6:40P- 7:10P	\$69
25	3/4-3/20	M,W	7:10P- 7:40P	\$69
26	3/4-3/20	M,W	7:20P- 7:50P	\$69
27	3/4-3/20	M,W	7:50P- 8:20P	\$69
30	1/3-1/29	Tu,Th	3:40P- 4:10P	\$91
31	1/3-1/29	Tu,Th	4:20P- 4:50P	\$91
32	1/3-1/29	Tu,Th	5:00P- 5:30P	\$91
33	1/3-1/29	Tu,Th	5:40P- 6:10P	\$91
34	1/3-1/29	Tu,Th	6:00P- 6:30P	\$91
35	1/3-1/29	Tu,Th	7:20P- 7:50P	\$91
36	1/3-1/29	Tu,Th	7:40P- 8:10P	\$91
37	2/5-2/26	Tu,Th	3:40P- 8:10P	\$80
38	2/5-2/26	Tu,Th	4:20P- 4:50P	\$80
39	2/5-2/26	Tu,Th	5:00P- 5:30P	\$80
40	2/5-2/26	Tu,Th	5:40P- 6:10P	\$80
41	2/5-2/26	Tu,Th	6:00P- 6:30P	\$80
42	2/5-2/26	Tu,Th	7:20P- 7:50P	\$80
43	2/5-2/26	Tu,Th	7:40P- 8:10P	\$80
44	3/5-3/21	Tu,Th	3:40P- 4:10P	\$69
45	3/5-3/21	Tu,Th	4:20P- 4:50P	\$69
46	3/5-3/21	Tu,Th	5:00P- 5:30P	\$69
47	3/5-3/21	Tu,Th	5:40P- 6:10P	\$69
48	3/5-3/21	Tu,Th	6:00P- 6:30P	\$69
49	3/5-3/21	Tu,Th	7:20P- 7:50P	\$69
50	3/5-3/21	Tu,Th	7:40P- 8:10P	\$69
55	1/4-3/15	F	3:40P- 4:10P	\$113
56	1/4-3/15	F	4:20P- 4:50P	\$113
57	1/4-3/15	F	5:00P- 5:30P	\$113
58	1/4-3/15	F	5:40P- 6:10P	\$113
59	1/4-3/15	F	6:00P- 6:30P	\$113
60	1/4-3/15	F	6:20P- 6:50P	\$113
61	1/4-3/15	F	7:00P- 7:30P	\$113
62	1/4-3/15	F	7:20P- 7:50P	\$113
63	1/4-3/15	F	7:40P- 8:10P	\$113
66	1/5-3/16	Sa	8:00A- 8:30A	\$113
67	1/5-3/16	Sa	8:40A- 9:10A	\$113
68	1/5-3/16	Sa	9:20A- 9:50A	\$113
69	1/5-3/16	Sa	10:00A-10:30A	\$113
70	1/5-3/16	Sa	10:00A-10:30A	\$113
71	1/5-3/16	Sa	10:40A-11:10A	\$113
72	1/5-3/16	Sa	10:40A-11:10A	\$113
73	1/5-3/16	Sa	11:20A-11:50A	\$113
74	1/5-3/16	Sa	11:20A-11:50A	\$113
77	1/6-3/17	Su	8:00A- 8:30A	\$113
78	1/6-3/17	Su	8:00A- 8:30A	\$113
79	1/6-3/17	Su	8:40A- 9:10A	\$113
80	1/6-3/17	Su	9:20A- 9:50A	\$113
81	1/6-3/17	Su	9:30A-10:00A	\$113

82	1/6-3/17	Su	10:00A-10:30A	\$113
83	1/6-3/17	Su	10:40A-11:10A	\$113
84	1/6-3/17	Su	11:20A-11:50A	\$113

**LEARN TO SWIM LEVEL 4**

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 3. Goals of the class include performing a feet-first entry, swimming Front Crawl & Elementary Backstroke for 25 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 15 yards.

**Activity number 273254**

Sec	Dates	Day	Time	Fee
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01	1/2-1/28	M,W	4:00P- 4:40P	\$115
02	1/2-1/28	M,W	5:40P- 6:20P	\$115
03	1/2-1/28	M,W	6:20P- 7:00P	\$115
04	1/2-1/28	M,W	7:20P- 8:00P	\$115
05	2/4-2/25	M,W	4:00P- 4:40P	\$94
06	2/4-2/25	M,W	5:40P- 6:20P	\$94
07	2/4-2/25	M,W	6:20P- 7:00P	\$94
08	2/4-2/25	M,W	7:20P- 8:00P	\$94
09	3/4-3/20	M,W	4:00P- 4:40P	\$88
10	3/4-3/20	M,W	5:40P- 6:20P	\$88
11	3/4-3/20	M,W	6:20P- 7:00P	\$88
12	3/4-3/20	M,W	7:20P- 8:00P	\$88
15	1/3-1/29	Tu,Th	3:30P- 4:10P	\$115
16	1/3-1/29	Tu,Th	5:10P- 5:50P	\$115
17	1/3-1/29	Tu,Th	6:50P- 7:30P	\$115
18	2/5-2/26	Tu,Th	3:30P- 4:10P	\$94
19	2/5-2/26	Tu,Th	5:10P- 5:50P	\$94
20	2/5-2/26	Tu,Th	6:50P- 7:30P	\$94
21	3/5-3/21	Tu,Th	3:30P- 4:10P	\$88
22	3/5-3/21	Tu,Th	5:10P- 5:50P	\$88
23	3/5-3/21	Tu,Th	6:50P- 7:30P	\$88
26	1/4-3/15	F	4:00P- 4:40P	\$144
27	1/4-3/15	F	5:40P- 6:20P	\$144
28	1/5-3/16	Sa	8:00A- 8:40A	\$144
29	1/5-3/16	Sa	9:40A-10:20A	\$144
30	1/5-3/16	Sa	11:20A-12:00P	\$144
31	1/5-3/16	Sa	1:00P- 1:40P	\$144
32	1/6-3/17	Su	8:00A- 8:40A	\$144
33	1/6-3/17	Su	9:40A-10:20A	\$144
34	1/6-3/17	Su	10:10A-10:50A	\$144
35	1/6-3/17	Su	11:00A-11:40A	\$144
36	1/6-3/17	Su	11:20A-12:00P	\$144

**LEARN TO SWIM LEVEL 5**

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 4. Goals of the class include performing a shallow angle dive, swimming Front Crawl & Elementary Backstroke for 50 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 25 yards.

**Activity number 273255**

Sec	Dates	Day	Time	Fee
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01	1/2-1/28	M,W	4:50P- 5:30P	\$115
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02	2/4-2/25	M,W	4:50P- 5:30P	\$94
03	3/4-3/20	M,W	4:50P- 5:30P	\$88
06	1/3-1/29	Tu,Th	4:20P- 5:00P	\$115
07	1/3-1/29	Tu,Th	6:00P- 6:40P	\$115
08	2/5-2/26	Tu,Th	4:20P- 5:00P	\$94
09	2/5-2/26	Tu,Th	6:00P- 6:40P	\$94
10	3/5-3/21	Tu,Th	4:20P- 5:00P	\$88
11	3/5-3/21	Tu,Th	6:00P- 6:40P	\$88
14	1/4-3/15	F	4:50P- 5:30P	\$144
15	1/4-3/15	F	7:20P- 8:00P	\$144
16	1/5-3/16	Sa	8:50A- 9:30A	\$144
17	1/5-3/16	Sa	12:10P-12:50P	\$144
18	1/6-3/17	Su	8:40A- 9:20A	\$144

**LEARN TO SWIM LEVEL 6.1**

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 5. Goals of the class include Swimming choice stroke for 500 yards, jumping in deep water, survival float, back float- 5 minutes, feet first dive (Deep), retrieve object, surface and return to starting point.

**Activity number 273256**

Sec	Dates	Day	Time	Fee
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01	1/2-1/28	M,W	6:30P- 7:10P	\$115
02	2/4-2/25	M,W	6:30P- 7:10P	\$94
03	3/4-3/20	M,W	6:30P- 7:10P	\$88
04	1/3-1/29	Tu,Th	7:40P- 8:20P	\$115
05	2/5-2/26	Tu,Th	7:40P- 8:20P	\$94
06	3/5-3/21	Tu,Th	7:40P- 8:20P	\$88
07	1/4-3/15	F	7:40P- 8:20P	\$144
08	1/5-3/16	Sa	10:30A-11:10A	\$144
09	1/5-3/16	Sa	1:40P- 2:20P	\$144
10	1/6-3/17	Su	10:40A-11:20A	\$144

**ADULT LEVEL 1**

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on front for 5 yards.

**Activity number 273461**

Sec	Dates	Days	Time	Fee
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01	1/2-1/28	M,W	8:20P- 8:50P	\$115
02	2/4-2/25	M,W	8:20P- 8:50P	\$115
03	3/4-3/20	M,W	8:20P- 8:50P	\$115
04	1/5-3/16	Sa	12:00P-12:40P	\$144
05	1/6-3/17	Su	12:00P-12:40P	\$144

**ADULT LEVEL 2**

(Ages 13 & up) Goals of class include swimming 25 yards using both front and back crawl and floating on back for 10 seconds.

**Activity number 273462**

Sec	Dates	Days	Time	Fee
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01	1/3-1/29	Tu,Th	8:20P- 9:00P	\$115
02	2/5-2/26	Tu,Th	8:20P- 9:00P	\$94
03	3/5-3/21	Tu,Th	8:20P-12:00A	\$88



04	1/5-3/16	Sa	12:50P- 1:30P	\$144
05	1/6-3/17	Su	11:50A-12:30P	\$144

**ADULT LEVEL 3**

(Ages 13 & up) Goals of class include continuing to develop skills based on students goals.

**Activity number 273463**

Sec	Dates	Days	Time	Fee
01	1/5-3/16	Sa	1:30P- 2:20P	\$144
02	1/6-3/17	Su	1:50P- 2:30P	\$144

### FITNESS & SPORTS PROGRAMS

**FITKIDS® MOMMY & ME SPORTS**

(Ages 2-3) 4 weeks A new swing on mommy and me that's sure to please the kids. Children will learn all about sports such as soccer, basketball, football and more to improve hand-eye coordination, balance and cooperative skills. Parent or caregiver must be present.

<b>273107-01</b>	\$45.00
Tu	1/22-2/12 9:30A-10:10A

**FITKIDS® MOM & ME FITNESS JR.**

(Ages 2-3) A great mommy and me class consisting of different activities each week with lots of "cool" equipment to keep the children moving and having fun! Parent or caregiver must attend.

<b>273108-01</b>	\$45.00
Tu	12/4-1/8 9:30A-10:10A

**FITKIDS® FITNESS (3-6)**

(Ages 3-5) Children run, jump, hop, skip, climb, and move for 40 minutes of non-stop fun. Work on motor-skills, self-confidence, and physical education.

<b>273112-02</b>	\$45.00
Th	12/6-1/3 12:30P-1:10P

**FITKIDS® GYMNASTICS STARS**

(Ages 3-5) Fitness class - may be strenuous. Flip, jump and roll into tumbling fun! Floor exercises (basic tumbling skills) and balance beam work will build confidence, self-esteem, coordination, and strength.

<b>273111-01</b>	\$45.00
Tu	12/4-1/8 10:15A-10:55A
<b>273111-02</b>	\$45.00
Tu	12/4-1/8 5:30P-6:10P
<b>273111-03</b>	\$45.00
Tu	1/22-2/12 5:30P-6:10P
<b>273111-04</b>	\$45.00
Th	1/24-2/14 1:15P-1:55P

**FITKIDS® SOCCER**

(Ages 3-5) We cover the basics of trapping, dribbling, passing, and shooting, along with fun games.

<b>273139-01</b>	\$45.00
Tu	12/4-1/8 4:45P-5:25P
<b>273139-02</b>	\$45.00
Th	12/6-1/3 1:15P-1:55P
<b>273139-03</b>	\$45.00
Tu	1/22-2/12 4:00P-4:40P

**FITKIDS® FLOOR HOCKEY**

(Ages 3-5) Floor Hockey is a super place for young players with tons of energy. This camp will focus on the fundamentals of hockey, teamwork, and sportsmanship.

<b>273140-01</b>	\$45.00
Tu	1/22-2/12 4:45P-5:25P
<b>273140-02</b>	\$45.00
Th	1/24-2/14 12:30P-1:10P
<b>273140-03</b>	\$45.00
Tu	12/4-1/8 4:00P-4:40P

**FITKIDS® T-BALL SLUGGERS**

(Ages 3-5) This class will go over hitting, fielding, throwing and base running. Make new friends; improve self-confidence as well as hand-eye coordination.

<b>273141-01</b>	\$45.00
Tu	1/22-2/12 10:15A-10:55A

**BASKETBALL ACADEMY(AGES 6-8)**

(Age 6-8) Swoosh! Learn the basics of basketball. Passing, dribbling, shooting, and teamwork. (5 weeks)

<b>273202-01</b>	\$61.00
Su	12/2-1/6 3:00P-3:50P
<b>273202-02</b>	\$61.00
Su	12/2-1/6 4:00P-4:50P
<b>273202-04</b>	\$61.00
Su	1/20-2/17 3:00P-3:50P
<b>273202-05</b>	\$61.00
Su	1/20-2/17 4:00P-4:50P

**BASKETBALL ACADEMY(AGES 6-8)**

(Age 7-11) See previous description

<b>273204-01</b>	\$61.00
Su	12/2-1/6 5:00P-6:00P
<b>273204-02</b>	\$61.00
Su	1/20-2/17 5:00P-5:50P
<b>273204-03</b>	\$61.00
Sa	12/8-1/12 4:00P-5:00P
<b>273204-04</b>	\$61.00
Sa	1/26-2/23 4:00P-5:00P

**RUNNING TRAINING FOR TEENS**

(Ages 11-14) Fitness class - may be strenuous. Beginner, intermediate and advanced middle school runners will improve strength, fitness, and form. Coaches: Julie Hayden, Courtney Cornwall, Terri Rath.

<b>273704-01</b>	\$126.00
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Tu	12/4-2/5 8:00P-9:15P
<b>273704-02</b>	\$126.00
Th	12/6-2/7 8:00P-9:15P

### GROUP EXERCISE

**AQUA FIT**

(Ages 14 & up) See description under Aquatics & Safety Programs.

**PILATES**

(Ages 18 & up) May be strenuous Focus on correct breathing, posture and core strengthening for all fitness levels. Instructor: Cynthia Strong.

<b>273511-01</b>	\$67.00
W	12/5-1/16 6:00P-7:00P
<b>273511-02</b>	\$56.00
W	1/30-2/27 6:00P-7:00P

### FITNESS TRAINING & PROGRAM DESIGN

**PERSONAL TRAINING-INDIVIDUAL**

(Ages 12 & up) Half-hour and 1-hour individual training sessions arranged by advance appointment. Individualized attention for instruction and motivation. Call 571-258-3600 or email Mitchell. Frid@loudoun.gov.

**PERSONAL TRAINING-GROUP**

The certified trainers with MASE Training, LLC are committed to helping you obtain your fitness goals. MASE is available for free fitness assessments, as well as one free phone nutritional consultation. Contact the Recreation Center or call MASE Training, LLC at 571-434-6273.

**ADULT FITNESS ORIENTATION, CV**

(Ages 16 & up) (Ages 16 & up) May be strenuous Learn how to start, program, and safely use the cardiovascular equipment. Schedule changes monthly. Contact Mitchell.Frid@loudoun.gov or call 571-258-3600.

<b>273523-01</b>	Free
M-Su	12/1-2/29

**ADULT FITNESS ORIENTATION, STR**

(Age 16 & up) May be strenuous. Learn how to set the seat, proper form, and technique to safely use the strength equipment. Schedule changes monthly. Contact Mitchell.Frid@loudoun.gov or call 571-258-3600.

<b>273524-01</b>	Free
M-Su	12/1-2/29

**YOUTH FITNESS ORIENTATION**

(Ages 12-15) May be strenuous. Two 1-hr sessions to learn proper form, technique, and safety on the

cardiovascular and weight machines. Schedule changes monthly. Contact Mitchell.Frid@loudoun.gov or call 571-258-3600.

**273723-01** \$11  
M-Su 12/1-2/28

## MARTIAL ARTS/SELF-DEFENSE PROGRAMS

### TAI CHI FOR ADULTS

(Ages; 18 & up) Tai chi is an ancient Chinese form of mind, body and spirit exercise that uses slow, circular movements to build strength, flexibility, and balance. Instructor: Lorraine Kelley.

**273510-01** \$89.00  
Tu 12/4-2/5 7:30P-8:30P

## FENCING PROGRAMS

Classes for all levels of ability are offered in partnership with "Have Blade Will Travel". Equipment fee is payable to the instructor at the first class.

### PRIVATE LESSONS

(Ages 8 & up) Twenty minutes of personal instruction with Coach Geoff Butler, arranged by advanced appointment. Contact Alexa at 571-258-3600, or Alexa.Fuerth@loudoun.gov.

### FENCING: RECREATIONAL

(Ages 8 & up) Designed for students new to the sport, still need to grasp the fundamentals, or are not interested in becoming competitive fencers.

**273326-01** \$89.00 (+\$20 equipment)  
M 12/3-1/28 5:15P-6:15P  
**273326-02** \$89.00 (+\$20 equipment)  
W 12/5-1/16 5:15P-6:15P  
**273326-03** \$89.00 (+\$20 equipment)  
M 12/3-1/28 6:30P-7:30P  
**273326-04** \$89.00 (+\$20 equipment)  
W 12/5-1/16 6:30P-7:30P

### FENCING: GENERAL

(Ages 8 & up) Class helps prepare students for competitive fencing classes. Focuses on furthering basic parries, attacks, and drills. All three fencing disciplines are welcome. Prior experience required. Must be approved by a Have Blade Coach.

**273331-01** \$100.00 (+\$20 equipment)  
M 12/3-1/28 6:30P-7:30P  
**273331-02** \$100.00 (+\$20 equipment)  
W 12/5-1/16 6:30P-7:30P

### FENCING: COMPETITIVE

(Ages 11 & up) Requires approval by Coach Geoff Butler or proof of a minimum E ranking by USFA. Designed for fencers who want to improve their USFA ranking or become a ranked fencer. All 3

fencing disciplines are welcome.

**273332-01** \$199.00 (+\$20 equipment)  
M 12/3-1/28 5:45P-7:45P  
**273332-02** \$199.00 (+\$20 equipment)  
W 12/5-1/16 5:45P-7:45P

### FENCING: ADULT

(Ages 13 & up) This class will focus on teaching the basic stance, lunge, parries, and basic attacks, as well as the basic concepts of fencing.

**273527-01** \$100.00 (+\$20 equipment)  
Th 12/6-1/17 7:00P-8:00P

## BABY SIGNS® PROGRAMS

### BABY SIGNS®: BABY ON THE GROW

(Ages 2-6mos) Learn fun ways to interact with your baby while learning tips to make tummy time fun, promote healthy vision development and to foster your baby's early abilities.

**273116-01** \$83.00  
W 2/6-2/20 11:00A-11:45A

### BABY SIGNS®: SIGN, SAY, AND PLAY

(Ages 6 mos-3 yrs) Learn signs while singing songs, playing games, and having fun. (Includes 2 parents and 1 child under 3). Materials fee of \$40.00 is due at first class

**273117-01** \$83.00 (+\$40 materials)  
W 1/16-2/20 9:30A-10:15A

## ARTS & CRAFTS/SPECIALITY PROGRAMS

*Supply & material fees are payable to the instructor at the first class.*

### AFTERSCHOOL ART CLUB

(Ages 7-11) Creative fun for students for whom art class at school is not enough! Each week, students explore art and their own creativity through fun art projects and new challenges.

**273206-01** \$121.00 (+\$20 materials)  
Tu 1/29-3/19 4:00P-5:30P

### GREAT LITTLE ARTIST

(Ages 5-9) Young artists learn about great art and artists through traditional art, drawing and painting, 3-D design, and crafts from various cultures. Instructor: Lisa Zdravec.

**273208-01** \$106.00 (+\$20 materials)  
Sa 1/26-3/16 9:00A-10:30A

### TEEN STUDIO ART

(Ages 13-17) Challenge yourself to your highest potential in the visual fine arts with six weeks of drawing, painting and 3-D art. There will be an art

show by students.

**273305-01** \$91.00 (+\$20 materials)  
W 2/6-3/13 6:00P-7:30P

### YOUNG MASTERS ART

(Ages 10-15) Learn techniques of the Masters in drawing and painting, black & white, color, brushwork, 3-D, and other skills. Instructor: Lisa Lisa Zdravec.

**273320-01** \$106.00 (+\$20 materials)  
Sa 1/26-3/16 11:00A-12:30P

### PORTRAIT DRAWING WORKSHOP

(Ages 18 & up) Beginning and advanced artists learn professional techniques to draw amazing, realistic portraits from life and photos. Students use the correct method to draw people, from the inside out, with proper bone structure and the ability to model the head from any angle.

**273532-01** \$41.00 (+\$20 materials fee)  
Th 1/10-1/17 6:00P-8:00P

## DANCE CLASSES

### TINY TUTUS

(Ages 3-5) Introduction to the fun of classical ballet and creative movement. Learn vocabulary & technique, improve coordination, flexibility, balance, and focus. Instructor: Lorraine Kelley.

**273100-01** \$121.00  
Sa 12/8-2/16 10:30A-11:15A

### BALLET FOR YOUTH

(Ages 5-7) Explore classical and contemporary ballet. Improve coordination, balance, flexibility, and focus while learning to love the art of dance. Instructor: Lorraine Kelley.

**273236-01** \$121.00  
Sa 12/8-2/16 11:30A-12:15P

## CLIMBING CLASSES

### INTRO TO INDOOR CLIMBING

(Ages 6-12) Learn climbing commands, safety checks, belaying, gear, climbing techniques, and how to tie knots.

**273213-01** \$49.00  
Su 12/2-12/23 7:00P-8:00P  
**273213-02** \$49.00  
Su 1/6-1/27 7:00P-8:00P  
**273213-03** \$49.00  
Su 2/3-2/24 7:00P-8:00P  
**273213-04** \$49.00  
Sa 12/1-12/22 10:00A-11:00A  
**273213-05** \$49.00  
Sa 1/5-1/26 10:00A-11:00A  
**273213-06** \$49.00  
Sa 2/2-2/23 10:00A-11:00A

**ADULT ONLY INTRO TO CLIMBING**

(Ages 18 & up) See previous description. Adults only!

<b>273534-01</b>	\$49.00	
W	1/2-1/23	8:00P-9:00P
<b>273534-02</b>	\$49.00	
W	2/6-2/27	8:00P-9:00P

**SPECIAL EVENTS****CLAUDE MOORE M.S. TEEN NIGHT**

(Ages 11-14) A fun, safe environment for middle school youth every Friday night featuring special events, food, fun, and more. (Not held on weeks/weekends with school holidays)

<b>Pay at door</b>	\$5.00	
F	on-going	6:30P-9:15P

## DOUGLASS COMMUNITY CENTER

405 East Market Street  
Leesburg, VA 20176

**703-771-5913**

M-F: 8:00A-10:00P Sa: 8:00A-4:00P

*Supply & material fees are payable to the instructor at the first class.*

**TODDLER & PRESCHOOL AGE PROGRAMS****RUDOLPH FUN**

(Ages 12-24 mos) Celebrate the season by creating your own red nosed reindeer. Parent participation required.

<b>204114-01</b>	\$15.00	
M	12/3-12/17	9:15A-9:45A

**WINTER CRAFTS FOR TOTS**

(Ages 12-24 mos) Create wonderful, winter crafts to decorate your home for the season. No class 1/21 and 2/18.

<b>204108-01</b>	\$15.00	
M	12/3-12/17	10:30A-11:00A
<b>204108-02</b>	\$15.00	
M	1/7-1/28	10:30A-11:00A
<b>204108-03</b>	\$15.00	
M	2/4-2/25	10:30A-11:00A

**IT'S ALL IN THE GAME**

(Walking-24 mos) Jump, run, and play games while exploring different sports. Parent participation required.

<b>204117-01</b>	\$18.00	
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Tu	12/4-12/18	9:15A-9:45A
<b>204117-02</b>	\$18.00	
Tu	1/8-1/22	9:15A-9:45A
<b>204117-03</b>	\$18.00	
Tu	2/5-2/19	9:15A-9:45A

**HOLIDAY CRAFTS AROUND THE WORLD**

(Ages 2-3) Make a holiday craft and learn songs from different countries to celebrate the season each week. Parent Participation required.

<b>204132-01</b>	\$15.00	
Tu	12/4-12/18	9:15A-9:45A

**ROUND WEE GO**

(Ages 2-3) You and your toddler will play with manipulatives, join in circle time, listen to stories and music, create crafts, and use fine motor skills. Bring a small snack.

<b>204100-01</b>	\$30.00	
Tu	12/4-12/18	10:00A-11:00A
<b>204100-02</b>	\$30.00	
Tu	1/8-1/22	10:00A-11:00A
<b>204100-03</b>	\$30.00	
Tu	2/5-2/19	10:00A-11:00A

**GYM JAM**

(Ages 2-3) You'll love this fun introduction to sports that emphasizes team play and group interaction. Parent participation required.

<b>204118-01</b>	\$18.00	
W	12/5-12/19	9:15A-9:45A
<b>204118-02</b>	\$18.00	
W	1/9-1/23	9:15A-9:45A
<b>204118-03</b>	\$18.00	
W	2/6-2/20	9:15A-9:45A

**DISNEY FUN**

(Ages 18-36 months) Celebrate Walt Disney's Birthday through crafts, games, and stories of a different Disney character each week! Parent participation required.

<b>204104-01</b>	\$15.00	
W	12/5-12/19	10:15A-10:45A

**EDIBLE TREATS**

(Ages 3-5) Learn how to follow simple directions in this no-bake cooking class by making edible treats! Bring a lunch.

<b>204109-01</b>	\$30.00	
W	12/5-12/19	11:15A-1:00P
<b>204109-02</b>	\$30.00	
W	1/9-1/23	11:15A-1:00P
<b>204109-03</b>	\$30.00	
W	2/6-2/20	11:15A-1:00P

**PB & J TIME**

(Ages 2-3) Play, bounce, and jump in our gym. A great way to get exercise and meet new friends! No

class 1/18.

<b>204102-01</b>	\$15.00	
F	12/7-12/21	9:30A-10:00A
<b>204102-02</b>	\$15.00	
F	1/4-1/25	9:30A-10:00A
<b>204102-03</b>	\$15.00	
F	2/8-2/22	9:30A-10:00A

**YOU BETTER WATCH OUT**

(Ages 2-3) You better watch out - You better not pout....because you are going to make some fantastic holiday decorations for Santa's visit!

<b>204107-01</b>	\$15.00	
F	12/7-12/21	9:45A-10:15A

**FRANTIC FRIDAY**

(Ages 3-5) Join your friends for lunch and fun activities. This is a great way to extend your preschool day. Bring a lunch. No class 12/28, 1/18.

<b>204106-01</b>	\$8.00	
F	12/7-12/7	11:30A-12:30P
<b>204106-02</b>	\$8.00	
F	12/14-12/14	11:30A-12:30P
<b>204106-03</b>	\$8.00	
F	12/21-12/21	11:30A-12:30P
<b>204106-04</b>	\$8.00	
F	1/4-1/4	11:30A-12:30P
<b>204106-05</b>	\$8.00	
F	1/11-1/11	11:30A-12:30P
<b>204106-06</b>	\$8.00	
F	1/25-1/25	11:30A-12:30P
<b>204106-07</b>	\$8.00	
F	2/1-2/1	11:30A-12:30P
<b>204106-08</b>	\$8.00	
F	2/8-2/8	11:30A-12:30P
<b>204106-09</b>	\$8.00	
F	2/15-2/15	11:30A-12:30P
<b>204106-10</b>	\$8.00	
F	2/22-2/22	11:15A-12:30P

**SPORTS MANIA**

(Ages 3-5) Ms. Magan will introduce the basic skills of each weekly highlighted sport. No class 1/18.

<b>204101-01</b>	\$21.00	Football
F	12/7-12/21	3:30P-4:15P
<b>204101-02</b>	\$21.00	Soccer
F	1/4-1/25	3:30P-4:15P
<b>204101-03</b>	\$21.00	T-Ball
F	2/8-2/22	3:30P-4:15P

**TODDLER CHRISTMAS PARTY**

(Ages 12-24 months) Join us for some Christmas fun! Enjoy cookies and a drink while singing songs and making crafts.

<b>204103-01</b>	\$6.00	
Th	12/20-12/20	10:00A-10:30A

**YOUNG REMBRANDTS FUN WITH DRAWING – PRE-K**

(Ages 3-6) New lessons every week! Preschoolers learn drawing skills, develop kindergarten readiness, and have fun in a creative environment. Our simple, stepwise approach teaches visual-spatial organization, expands art imagery, and encourages self-expression.

<b>204130-01</b>	\$129.00	
W	1/2-2/6	10:15A-11:00A
<b>204130-02</b>	\$129.00	
W	2/13-3/20	10:15A-11:00A
<b>204130-03</b>	\$129.00	
Th	1/3-2/7	11:00A-11:45A
<b>204130-04</b>	\$129.00	
Th	2/14-3/21	11:00A-11:45A

**SNOWMAN FUN**

(Ages 2-3) Be creative and make your very own snowman crafts. No class on 1/21.

<b>204152-01</b>	\$15.00	
M	1/7-1/28	9:15A-9:45A

**FUN WITH JACK FROST**

(Ages 2-3) Make frosty crafts and a moveable Jack Frost. Parent participation required.

<b>204155-01</b>	\$15.00	
Tu	1/8-1/22	9:15A-9:45A

**FUN WITH SNOW**

(Ages 2-3) Do a different snow activity and craft each week. Parent participation required.

<b>204153-01</b>	\$15.00	
W	1/9-1/23	10:00A-10:30A

**CELEBRATION OF ART - ABRAKADOODLE**

(Ages 2½-3) Celebration of Art for Twoozy Doodlers. This remarkable art program presents an adventure in the visual art form using tempera, water, oil, sculpture, etc. Students will study what makes art so exciting by exploring different art forms of artists and cultures around the world. Stretch your creative muscles and activate the right side of the brain. A master piece comes home every day.

<b>204133-01</b>	\$66.00 (+\$7 supplies)	
F	1/11-2/1	10:00A-10:45A
<b>204133-02</b>	\$66.00 (+\$7 supplies)	
F	2/8-3/1	10:00A-10:45A

**PENGUIN KINGDOM**

(Ages 18-36 mos) Enjoy making cute penguin crafts and practice walking like a penguin. Parent participation required. No class 1/18.

<b>204157-01</b>	\$15.00	
F	1/4-1/25	10:15A-10:45A

**CELEBRATION OF ART – MINI ABRAKADOODLE**

(Ages 3-5) See description for Ages 2½-3.

<b>204150-01</b>	\$66.00 (+\$7 supplies)	
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F	1/11-2/1	11:00A-11:45A
<b>204150-02</b>	\$66.00 (+\$7 supplies)	
F	2/8-3/1	11:00A-11:45A

**BABY BALLERINA**

(Ages 1½- 2½) "Mommy and me" will parade our way into a world of ballet...one tippy toe at a time. Pink leotard, pink tights, and pink ballet shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204127-01</b>	\$203.50	
Sa	1/12-3/16	9:30A-10:15A

**LIT'L CAMP ROCKERS**

(Ages 3-4) Ballet, jazz, and gymnastics instruction to popular music. Black leotards, tan tights, tan jazz shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204126-01</b>	\$143.00	
Sa	1/12-3/2	9:45A-10:30A

**MINI HIP HOP**

(Ages 3-4) Hip Hop for tots! Comfortable exercise attire and sneakers recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204125-01</b>	\$143.00	
Th	1/17-3/7	10:30A-11:15A

**TINY TAP & TUTU**

(Ages 2½ -3½) Tootsie roll hop your way to the lollipop express - all in great new noisy shoes! Pink leotards, pink tights, pink ballet shoes, and tap shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204134-01</b>	\$203.50	
Th	1/17-3/21	10:30A-11:15A

**TINY TAP & TUTU I**

(Ages 3-4) We'll twirl . . . be a princess . . . then top it off with tap. Pink leotards, pink tights, pink ballet shoes, and tap shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204135-01</b>	\$203.50	
Th	1/17-3/21	11:30A-12:15P
<b>204135-02</b>	\$203.50	
F	1/18-3/22	5:15P-6:00P

**PRINCESS I**

(Age 3-4) We're way beyond baby stuff and almost have that sitting thing down! Now it's time for the real baller-eening to begin. Pink leotards, pink tights, and pink ballet shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204136-01</b>	\$203.50	
F	1/18-3/22	11:30A-12:15P
<b>204136-02</b>	\$203.50	
Sa	1/12-3/16	11:30A-12:15P

**TINY PRINCESS**

(Ages 2½ -3½) Tiny little costumes...learning our first ballerina steps! Pink leotards, pink tights, and pink ballet shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204138-01</b>	\$203.50	
F	1/18-3/22	4:15P-5:00P
<b>204138-02</b>	\$203.50	
Sa	1/12-3/16	10:30A-11:15A

**TAP & TUTU II**

(Ages 4-5) We'll twirl . . . be a princess . . . then top it off with tap. Pink leotards, pink tights, pink ballet shoes and tap shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204137-01</b>	\$203.50	
F	1/18-3/22	6:15P-7:00P

**MY LITTLE ZOO**

(Ages 2-3) Learn about habitats of different zoo animals each week and take the zoo home with you! No class 2/18.

<b>204158-01</b>	\$15.00	
M	2/4-2/25	9:15A-9:45A

**ONCE UPON A RHYME**

(Ages 2-3) Learn Mother Goose rhymes through songs, stories, and crafts. Parent participation required. You will learn two new rhymes each week.

<b>204168-01</b>	\$15.00	
Tu	2/5-2/19	9:15A-9:45A

**VALENTINE FUN**

(Ages 18-36 mos) Create some February heart-shaped art to take home. Parent participation required.

<b>204162-01</b>	\$15.00	
W	2/6-2/20	9:15A-9:45A

**MY LITTLE FOREST ANIMALS**

(Ages 2-3) Learn about forest animals and their habitats each week through crafts, stories, and songs! Parent participation required.

<b>204165-01</b>	\$15.00	
F	2/8-2/22	10:15A-10:45A

**TODDLER VALENTINE PARTY**

(Ages 12-24 mos) Join us for a Valentine snack while making that special someone a card.

<b>204110-01</b>	\$6.00	
Th	2/14-2/14	10:00A-10:30A



**OPEN GYM**

(Ages 2-5) Enjoy scooters, balls, the balance beam, tunnels and much more. This is a great way for children and parents to get together, and we clean up the mess! Like us on Facebook and get notifications of additional open gym times on snow days.

**Pay at Door** \$2.00  
W on-going 3:30P-4:30P

**ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS****RAH! RAH! DOUGLASS BASKETBALL CHEERLEADING**

(Ages 7-13) Calling all cheerleaders! Practice will be two nights per week and we will cheer for live basketball games on Saturdays. Individual fee is only \$75, including a uniform. Call 703-771-5913 or email dcc@loudoun.gov for registration forms.

**ORNAMENTAL TERRARIUM**

(Grades 1-5) In this class we will be creating a living ornament to be adorned on your tree, given as a gift, or hung throughout your home.

**204233-01** \$20.00  
Tu 12/18-12/18 4:00P-5:00P

**WINTER BREAK TRIP CAMP**

(Grades 1-8) Winter Break is upon us and once again we are traveling around the area. Destinations include a movie with lunch at Golden Corral, swimming, Hershey, and a photography hike (weather permitting). Email dcc@loudoun.gov for actual trip times. What are you waiting for?

**204230-01** \$154.00  
M,W,Th,F 12/26-12/31 7:00A-6:00P

**SKILLS PLUS GIRLS WINTER CAMP**

(Ages 9-11) This camp focuses cutting, screens, and how to really play the game. Participants will engage in competitive activities intended to build confidence and a love of the game. Instructor: Michael Turner.

**204216-01** \$55.00  
F 12/28-12/28 10:00A-12:00P

**SKILLS PLUS GIRLS WINTER BASKETBALL**

(Ages 12-15) Learn advanced concepts including read and react offense, being a threat without the ball, screens, and other aspects of basketball "game knowledge." Clinics feature both game situations and challenging individual competitions. Instructor: Michael Turner.

**204314-01** \$55.00  
F 12/28-12/28 12:00P-2:00P

**ELEMENTARY REMBRANDTS "FUN WITH CARTOONING"**

(Ages 6-12) Seriously silly fun! Kids learn to draw

action and expressions, play with color, and express their humor and creativity. Each session includes cartooning lessons using personification, facial exaggeration and body gestures in individual scenes and sequential panels.

**204226-01** \$129.00  
Sa 1/5-2/9 2:00P-3:00P

**204226-02** \$129.00  
Sa 2/16-3/23 2:00P-3:00P

**ELEMENTARY REMBRANDTS "FUN WITH DRAWING"**

(Ages 6-12) New lessons every week! Each session includes seasonal drawings, an art history lesson, realistic and abstract images. Young artists build on basic drawing skills, experiment with line, color and form, and improve motor-spatial reasoning in a fun, creative environment.

**204225-01** \$129.00  
Sa 1/5-2/9 3:00P-4:00P

**204225-02** \$129.00  
Sa 2/16-3/23 3:00P-4:00P

**CELEBRATION OF ART – DOODLERS BY ABRAKADOODLE**

(Ages 6 & up) See description for Celebration of Art under Preschool Age Programs.

**204227-01** \$66.00 (+\$7 supplies)  
F 1/11-2/1 4:00P-5:00P

**204227-02** \$66.00 (+\$7 supplies)  
F 2/8-3/1 4:00P-5:00P

**JAZZ/HIP HOP DANCE**

(Ages 6-9) Jazz technique and hip hop instruction to popular music. Leotards, tights, and jazz shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

**204221-01** \$154.00  
Sa 1/12-3/2 11:30A-12:30P

**JAZZ**

(Ages 7-9) Jazz techniques to popular music. Leotard, tights, and jazz shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

**204228-01** \$154.00  
Tu 1/15-3/5 6:00P-7:00P

**WINTER SCHOOLS OUT Wii**

(Ages 6-13) Prepare to battle your friends in the latest Nintendo Wii games. Compete in tournaments or just enjoy some relaxing time with other gamers. Camp includes open gym play throughout the day. Bring a jacket, lunch and a snack.

**204210-01** \$25.00  
F 1/18-1/18 7:00A-6:00P

**204210-02** \$25.00  
M 1/21-1/21 7:00A-6:00P

**204210-03** \$25.00  
M 2/18-2/18 7:00A-6:00P

**BALLET/JAZZ**

(Ages 5-7) A combination of basic ballet and jazz instruction. Black Leotards, pink tights, and pink ballet shoes required.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

**204219-01** \$154.00  
F 1/18-3/8 4:30P-5:30P

**HIP HOP**

(Ages 5-11) Comfortable exercise attire and sneakers recommended.

**Location: Creative Dance Center, 20604 Gordon Park Sq, Suite 110, Ashburn**

**204220-01** \$154.00 Ages 5-7  
F 1/18-3/8 5:30P-6:30P

**204220-02** \$154.00 Ages 8-11  
Th 1/17-3/7 5:30P-6:30P

**HOLIDAY TRIP CAMP**

Grades 1-8) Trip Camp will be going to Skate-N-Fun Zone on this day. Email dcc@loudoun.gov for actual trip time.

**204232-01** \$39.00  
M 1/21-1/21 7:00A-6:00P

**PRESIDENT'S DAY TRIP CAMP**

(Grades 1-8) Trip camp will be travelling to Imagination Stage in Bethesda to watch the theatrical production "Anime Momotaro". Email dcc@loudoun.gov for actual trip time.

**204224-01** \$39.00  
M 2/18-2/18 7:00A-6:00P

**MULTIAGE & ADULT PROGRAMS****YOGA TIME**

(Ages 18 & up) Build strength, flexibility, balance and meditation skills. Child care options are available (contact center). No food 3-4 hours before class. Bring mat, block, water, and hand towel. Instructor: Desiree Polo.

**204502-01** \$30.00  
W 12/5-12/19 9:30A-10:30A

**204502-02** \$30.00  
W 1/9-1/23 9:30A-10:30A

**204502-03** \$30.00  
W 2/6-2/20 9:30A-10:30A

**THURSDAY YOGA**

(Ages 18 & up) This is a great way to unwind from your busy day and tone your body and mind. Child care options are available (contact center). No food 3-4 hours before class. Bring mat, block, water and

hand towel. Instructor: Desiree Polo.

<b>204503-01</b>	\$30.00	
Th	12/6-12/20	7:30P-8:30P
<b>204503-02</b>	\$30.00	
Th	1/10-1/24	7:30P-8:30P
<b>204503-03</b>	\$30.00	
Th	2/7-2/21	7:30P-8:30P

### BOLLYWOOD

(Ages 4-12) We will have fun and learn the basic steps of Bollywood.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204207-01</b>	\$143.00	Ages 4-5
Sa	1/12-3/2	9:30A-10:15A
<b>204207-02</b>	\$143.00	Ages 6-8
Sa	1/12-3/2	10:15A-11:00A
<b>204207-03</b>	\$143.00	Ages 9-12
Sa	1/12-3/2	11:00A-11:45A

### TEEN/ADULT BALLET

(12 & up) You are never too old to start, renew, or improve your dance moves. Comfortable dance attire and ballet shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204312-01</b>	\$154.00	
M	1/14-3/4	7:30P-8:30P

### ADULT ZUMBA

(Ages 18 & up) Zumba is a fusion of Latin rhythms and international dance moves. Comfortable dance attire and jazz shoes or dance sneakers recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204505-01</b>	\$154.00	
Tu	1/15-3/5	10:30A-11:30A

### TEEN/ADULT HIP HOP

(Ages 12 & up) Try something new! Comfortable dance attire and Hip Hop sneakers recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204507-01</b>	\$154.00	
W	1/16-3/6	8:30P-9:30P

### TEEN/ADULT TAP-BEGINNER

(Ages 12 & up) It's never too late to become a tap dancer. Comfortable dance attire and tap shoes recommended.

**Location: Creative Dance Center, 44710 Cape Court, Suite 126, Ashburn**

<b>204504-01</b>	\$154.00	
Th	1/17-3/7	8:30P-9:30P

### DOUGLASS WINTER VOLLEYBALL CLINIC

(Ages 12-17 Coed) This is a great opportunity for

girls and boys who are new to the sport or those seasoned players who want to sharpen their skills. Basic skills, including passing, serving, setting, and hitting, will be taught and offensive and defensive formations will be reviewed.

<b>204308-01</b>	\$100.00	
Su	2/17-3/17	4:30P-6:30P

### GIRLS HIGH SCHOOL 4'S VOLLEYBALL LEAGUE

(Grades 9-12) Team Captain must register entire team of four to six players and pay \$200 entry fee. League is held on five consecutive Sundays. Call for more information and game times.

<b>204310-01</b>	\$200.00	
Su	2/17-3/17	6:30P-8:30P

### 30 & OVER BASKETBALL

(Ages 30 & up) Open recreational play.

<b>Pay at door</b>	\$2.00	
M	On-going	4:30P-6:00P

## DULLES SOUTH MULTIPURPOSE CENTER

24950 Riding Center Drive  
South Riding, VA 20152

**571-258-3456**

M, F 7:00A-6:30P

Tu, W, Th 7:00A-9:00P

Saturday – 8:00A-2:00P

*Supply & material fees are payable to the instructor at the first class.*

## PRESCHOOL AGE PROGRAMS

### IMAGINATION MONDAY

(Ages 3-5) Get prepared to enter the Land of Imagination! One day, make your wand; another time, make your crown or tiara. Other days, we'll make a treasure chest, telescope and secret treasure. Pack a peanut-free snack. Instructor: Ms. Nancy Lorusso. No Class 12/24, 12/31, 1/21/13, 2/18/13.

<b>205113-01</b>	\$31.50	
M	12/3-12/17	12:30P-2:00P
<b>205113-02</b>	\$31.50	
M	1/7-1/28	12:30P-2:00P
<b>205113-03</b>	\$31.50	
M	2/4-2/25	12:30P-2:00P

### ONCE UPON A STORY

(Ages 4-6) Take an imaginary adventure through the pages of fairy tales, fables and nursery rhymes. We may make an art project or a tasty treat related to our story. Toys and games, too! Instructors: Ms. Gail & Ms. Jamie. No Class 1/21, 2/18.

<b>205156-01</b>	\$40.00	
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M	12/3-12/17	1:15P-3:00P
<b>205156-02</b>	\$40.00	
Th	12/6-12/20	1:15P-3:00P
<b>205156-03</b>	\$40.00	
Th	1/3-1/17	1:15P-3:00P
<b>205156-04</b>	\$40.00	
M	1/7-1/28	1:15P-3:00P
<b>205156-05</b>	\$40.00	
Th	1/24-2/7	1:15P-3:00P
<b>205156-06</b>	\$40.00	
M	2/4-2/25	1:15P-3:00P
<b>205156-07</b>	\$40.00	
Th	2/14-2/28	1:15P-3:00P

### TUESDAY STORYBOOK CRAFT

(Ages 3-5) Join Ms. Nancy for a fun time reading a favorite book and making a craft. Painting, gluing, coloring, cutting and messy art making are included - maybe a puppet show or two, as well! Pack a peanut-free snack and drink every day. Instructor: Ms. Nancy Lorusso.

<b>205114-01</b>	\$31.50	
Tu	12/4-12/18	12:30P-2:00P
<b>205114-02</b>	\$42.00	
Tu	1/8-1/29	12:30P-2:00P
<b>205114-03</b>	\$42.00	
Tu	2/5-2/26	12:30P-2:00P

### BLAZIN' BASKETBALL

(Ages 3-5) Learn how to dribble, shoot, pass and play defense while having fun with your friends! Instructor: Coach Carol.

<b>205101-01</b>	\$28.00	
Tu	12/4-12/18	1:00P-2:00P
<b>205101-02</b>	\$28.00	
Th	1/10-1/24	1:00P-2:00P
<b>205101-03</b>	\$28.00	
W	2/6-2/20	1:00P-2:00P

### WE PLAY WEDNESDAYS!

(Ages 3-5) Practice your gaming skills with your friends. Take turns playing Chutes & Ladders, Candyland, Zingo, GO Fish, Fowl Play, etc. Pack a peanut-free snack. Instructor: Ms. Nancy Lorusso.

<b>205115-01</b>	\$31.50	
W	12/5-12/19	12:30P-2:00P
<b>205115-02</b>	\$52.50	
W	1/2-1/30	12:30P-2:00P
<b>205115-03</b>	\$42.00	
W	2/6-2/27	12:30P-2:00P

### SPORTS MADNESS

(Ages 3-5) Love sports? Come and learn a new sport each class. Instructor: Coach Carol. No Class 1/21.

<b>205120-01</b>	\$28.00	
W	12/5-12/19	1:00P-2:00P
<b>205120-02</b>	\$28.00	

M	1/7-1/28	1:00P-2:00P
<b>205120-03</b>	\$28.00	
Tu	2/5-2/19	1:00P-2:00P

**ANYTHING GOES THURSDAYS!**

(Ages 3-5) We do it all in this class! Science experiments, crazy crafts, sculpt with clay, messy art, etc. Pack a peanut-free snack. Instructor: Ms. Nancy Lorusso.

<b>205116-01</b>	\$31.50	
Th	12/6-12/20	12:30P-2:00P
<b>205116-02</b>	\$52.50	
Th	1/3-1/31	12:30P-2:00P
<b>205116-03</b>	\$42.00	
Th	2/7-2/28	12:30P-2:00P

**HIP HOCKEY**

(Ages 3-5) Let your little ones learn the exciting game of Hockey. Fundamental skills may include: stick handling, passing, shooting and scoring! Instructor: Coach Carol.

<b>205102-01</b>	\$28.00	
Th	12/6-12/20	1:00P-2:00P
<b>205102-02</b>	\$28.00	
W	1/9-1/23	1:00P-2:00P
<b>205102-03</b>	\$28.00	
Th	2/7-2/21	1:00P-2:00P

**TINY TOT TUMBLING**

(Ages walking-3yrs) Mommy/Daddy & Me free-play, tumbling time. Parents work with children on gross motor skills using age-appropriate gymnastics equipment. Instructor: Jenny Manning.

<b>205103-01</b>	\$18.00	
Th	12/6-12/20	9:15A-9:45A
<b>205103-02</b>	\$18.00	
Th	2/7-2/21	9:15A-9:45A

**PLAYGROUND GAMES**

(Ages 3-5) Learn the classic games, such as kick ball, four square, freeze tag, whiffle ball and more. Instructor: Coach Carol

<b>205106-01</b>	\$28.00	
Tu	1/8-1/22	1:00P-2:00P

**TODDLER TIME**

(Ages 2-4) Join your toddler for some fun time in the gym. We will be playing with balls and parachutes; singing songs, dancing, and so much more! This is a Mommy & Me class. Instructor: Ms. Jenny.

<b>205107-01</b>	\$16.00	
Th	1/10-1/24	9:00A-9:30A

**TODDLER STORYTIME**

(Ages 2-4) Enjoy a relaxing story time with your child followed by songs, games or a craft. This is a Mommy & Me program. Instructor: Ms. Jenny.

<b>205104-01</b>	\$20.00	
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Th	1/10-1/24	9:45A-10:15A
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**MUSIC TOGETHER**

(Birth-4yrs) Music Together®, a research-based and internationally-recognized music and movement program, engages early childhood music development through mixed-aged classes.

<b>205189-01</b>	\$176.00 (+ \$40 materials)	
Th	1/10-3/14	9:30A-10:15A
<b>205189-02</b>	\$176.00 (+ \$40 materials)	
Th	1/10-3/14	10:30A-11:15A
<b>205189-03</b>	\$176.00 (+ \$40 materials)	
Sa	1/5-3/9	9:30A-10:15A
<b>205189-04</b>	\$176.00 (+ \$40 materials)	
Sa	1/5-3/9	10:30A-11:15A

**WORLD OF SOCCER**

(Age 3-5) Is your child full of energy and ready to play soccer? This class focuses the rules of soccer, balance, kicking, rhythm and coordination. Instructor: Coach Carol. No Class 2/18.

<b>205105-01</b>	\$28.00	
M	2/4-2/25	1:00P-2:00P

**ELEMENTARY AGE PROGRAMS****SILVER KNIGHT CHESS**

(Ages 6-12) Learn how to play chess from highly-rated professional chess instructors. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. Students will have the opportunity to play in local, state and national tournaments.

<b>205214-01</b>	\$110.00	
Tu	12/4-2/19	6:00P-7:00P

**GLORIOUS GAMERS**

Come join for E-rated video games on our Wii, Xbox 360 and PlayStation 3 on giant screens! Hang out with fellow gamers! Please bring a peanut free lunch and 2 snacks.

<b>205260-01</b>	\$50.00	
W	12/26-12/26	7:30A-6:00P
<b>205260-02</b>	\$50.00	
Th	12/27-12/27	7:30A-6:00P
<b>205260-03</b>	\$50.00	
F	12/28-12/28	7:30A-6:00P
<b>205260-04</b>	\$50.00	
M	12/31-12/31	7:30A-6:00P

**GIRL POWER SELF ESTEEM CAMP**

(Age 7-11) Girl Power is all about reaching out and teaching girls about the importance of self-esteem, goal setting, friendship, and giving back to the community! Pack a peanut-free lunch, extra snack and water bottle. Instructors: Ms. Bria & Ms. Royal.

<b>205250-01</b>	\$44.00 (+\$15 supplies)	
W	12/26-12/26	9:00A-4:00P

**GIRL POWER GIVING BACK CAMP**

(Age 7-11) Join us for a day of fun activities focused on friendships and the importance of serving the community. Pack a peanut-free lunch, extra snack and water bottle. Instructors: Ms. Bria & Ms. Royal.

<b>205251-01</b>	\$44.00 (+\$15 supplies)	
Th	12/27-12/27	9:00A-4:00P

**GIRL POWER SLEEP UNDER**

(Age 7-11) Join us for a fun-packed, girly, "Sleep Under" party. Please wear pajamas and bring pillows/sleeping bag/blankets. Pack a peanut-free lunch, extra snack and water bottle. Instructors: Ms. Bria & Ms. Royal.

<b>205252-01</b>	\$44.00 (+\$15 supplies)	
F	12/28-12/28	9:00A-4:00P

**MIDDLE SCHOOL AGE PROGRAMS****SHE IS A SMART SPENDER**

(Ages 8-13) Do you earn money from chores? Do you use it for shopping, saving, giving? A big girl must be the boss of her wallet and understand her money. A big girl must have, and use, a budget! This is a SheEO® Academy class.

<b>205310-01</b>	\$25.00	
Tu	12/4-12/4	6:00P-7:30P
<b>205310-02</b>	\$25.00	
Tu	2/5-2/5	6:00P-7:30P

**PLANNING HER LEMONADE STAND**

(Ages 8-13) Do you have a lemonade stand or dream of setting one up and earning some spending money? Learn three steps to make sure your lemonade is Sweet, your stand is Safe, and your sales are Successful. This is a SheEO® Academy class.

<b>205308-01</b>	\$25.00	
Tu	12/18-12/18	6:00P-7:30P
<b>205308-02</b>	\$25.00	
Tu	2/19-2/19	6:00P-7:30P

**DESIGNING HER BUSINESS CARD**

(Ages 8-13) You are unique with unique skills and dreams. How do you represent your uniqueness? If you were a business, what would your business card look like? What would be your BRAND? This is a SheEO® Academy class.

<b>205309-01</b>	\$25.00	
Tu	1/15-1/15	6:00P-7:30P

**COUNTDOWN TO CASH OR CREDIT**

(Ages 8-13) Countdown to Cash or Credit...3, 2, 1...blastoff! Will your rocket make it to the moon,

miss the mark, or never get off the ground? Learn three steps to build a strong launch pad and rocket all your dreams to the moon. This is a SheEO® Academy class.

**205311-01** \$25.00  
Tu 1/29-1/29 6:00P-7:30P

### ADULT PROGRAMS

#### CARDIO BLAST/DANCE

(Ages 18 & up) Fun and Fresh! Move it! Feel it! Sweat it! Burn calories and energize! High impact dance/aerobics. Bring a water bottle every day. Instructor: Brandi Edwards. No Class 12/26.

**205504-02** \$42.50  
W 1/2-1/30 7:00P-7:45P  
**205504-03** \$34.00  
W 2/6-2/27 7:00P-7:45P

#### PILATES

(Ages 16 & up) Introduction to Pilates basics designed to strengthen and improve core stability while increasing flexibility and lengthening the muscles. Bring a mat. Instructor: Mary Henley.

**205500-01** \$28.50  
Th 12/6-12/20 7:00P-8:00P  
**205500-02** \$45.00  
Th 1/3-1/31 7:00P-8:00P  
**205500-03** \$36.00  
Th 2/7-2/28 7:00P-8:00P

#### ZUMBA

(Ages 18 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout. Don't forget your water bottle and hand towel.

**205505-01** \$28.00  
Tu 12/4-12/18 7:30P-8:30P  
**205505-02** \$38.00  
Tu 1/8-1/29 7:30P-8:30P  
**205505-03** \$38.00  
Tu 2/5-2/26 7:30P-8:30P



## FRANKLIN PARK

17401 Franklin Park Drive  
Purcellville, VA 20132

**540-338-7603**

Park Hours: Daily 7:00A-Dusk  
Office Hours: M-F 9:00A-5:00P

Franklin Park...where families come to play! We invite you to experience the outdoors in Western Loudoun and look out on the Blue Ridge Mountains while fishing in our stocked pond or hiking our 3.5-mile perimeter trail. For the sports enthusiast, we offer tennis courts, a golf driving range, a sand volleyball court, and baseball, softball, football, and lacrosse fields. For the horse lover, we have an equestrian trail that parallels our hiking trail, as well as a riding ring. Dogs on a leash are welcome at the park, although they are prohibited in the playground and sportsplex areas. Our pool and water park features are open from Memorial Day through Labor Day. We also offer pavilions, gazebos and commercial grills that can be rented for birthdays and other special events.

## FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER

36441 Blueridge View Lane  
Purcellville, VA 20132

**540-338-7973**

*Supply & material fees are payable to the instructor at the first class.*

### ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

#### FIRST STAGE

(Ages 5-7) Beginning actors will join in theatre games, improvisation exercises, and fun theatre warm ups. Students will build theatre masks and stage a performance during the final class. Bring a snack.

**263208-01** \$60.00 (+\$5 supplies)  
Sa 1/5-2/2 10:00A-11:30A

#### JUNIOR THEATER

(Ages 7-12) In the afternoon, the creativity begins! Director Heather Stillings helps students create, stage, and perform their own production based on a winter theme. Reading skills are required.

**263209-01** \$72.00 (+\$10 supplies)  
Tu 1/8-2/12 3:45P-5:15P

## LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street  
Purcellville, VA 20132

**540-338-4122**

M, Tu, W, Th, 7:00A-9:30P  
F 7:00A-6:00P  
Sa 8:00A-4:00P

*Supply & material fees are payable to the instructor at the first class.*

### PRESCHOOL & KINDERGARTEN AGE PROGRAMS

#### PRINCESS FOR A DAY

(Ages 2½-4) Girls will try on princess costumes, play with Barbies, decorate a snack, assemble a craft, and have their nails polished. Bring a lunch. Instructor: Kitty Hughes.

**201100-01** \$15.00  
F 2/8-2/8 10:45A-12:30P

#### MORNING PLAYTIME CLUB

(Ages 1½-5) Your child can play while you take a class or exercise. Maximum one hour per day. Parent must stay on site. Register in person to receive your punch card. Instructor: Sandy Nave.

**201101-01** \$50.00/15 visits  
M, Tu, W, Th, F 12/3-2/28 8:30A-10:30A

#### MOM & ME MOVEMENT

(Ages 6-14mos) Create your own social network in this parent-led activity. Introduce movement to your child in a soft, safe, dry play area with musical and manipulative toys. Instructor: Kitty Hughes.

**201103-01** \$18.00  
M 1/14-2/4 10:00A-10:30A  
**201103-02** \$18.00  
M 2/11-3/4 10:00A-10:30A

#### FROSTY THE SNOWMAN

(Ages 1½-3) Make your own Frosty to use for decorating! Great first class for children. Lots of photo opportunities. Instructor: Genie Rovang.

**201104-01** \$10.00  
Tu 12/11-12/11 10:00A-10:45A

#### TOT CRAFT CLASS

(Ages 18-35mos) Parents will help their child make a themed, seasonal craft. Instructor: Genie Rovang.

**201105-01** \$10.00  
W 1/23-1/23 10:00A-10:45A  
**201105-02** \$10.00  
W 2/20-2/20 10:00A-10:45A



**GARTH'S GAMES**

(Ages 3-5) Mr. Garth loves games and so will you. Try traditional favorites like Red Rover, Dodge Ball, Four Square, Ghost in the Graveyard, Mother May I?...the choices are endless! Try board games and some that you and your friends invent. "AFTERS" program. Instructor: Garth Adams.

<b>201106-01</b>	\$19.00		
W	12/5-12/5	11:30A-2:30P	
<b>201106-02</b>	\$19.00		
W	12/12-12/12	11:30A-2:30P	
<b>201106-03</b>	\$19.00		
W	12/19-12/19	11:30A-2:30P	
<b>201106-04</b>	\$19.00		
W	1/2-1/2	11:30A-2:30P	
<b>201106-05</b>	\$19.00		
W	1/9-1/9	11:30A-2:30P	
<b>201106-06</b>	\$19.00		
W	1/16-1/16	11:30A-2:30P	
<b>201106-07</b>	\$19.00		
W	1/23-1/23	11:30A-2:30P	
<b>201106-08</b>	\$19.00		
W	1/30-1/30	11:30A-2:30P	
<b>201106-09</b>	\$19.00		
W	2/6-2/6	11:30A-2:30P	
<b>201106-10</b>	\$19.00		
W	2/13-2/13	11:30A-2:30P	
<b>201106-11</b>	\$19.00		
W	2/20-2/20	11:30A-2:30P	
<b>201106-12</b>	\$19.00		
W	2/27-2/27	11:30A-2:30P	

**KIDS' ROADTRIP ADVENTURES**

(Ages 3½-6) Come along on our winter playground adventures. Pack a lunch. Water will be provided. Dress warmly. Instructor: Kitty Hughes.

<b>201107-01</b>	\$21.00		
F	1/25-1/25	11:30A-2:15P	
<b>201107-02</b>	\$21.00		
F	2/22-2/22	11:30A-2:15P	

**AMAZING ATHLETES**

(Ages 2-6) Join Coach Robert and learn the fundamentals and mechanics of different sports while improving hand-eye coordination, gross motor skills, cardiovascular health, muscle tone, confidence, teamwork and more!

<b>201108-01</b>	\$47.00		
W	1/9-1/30	11:45A-12:30P	
<b>201108-02</b>	\$47.00		
W	2/6-2/27	11:45A-12:30P	

**WORLD ACCORDING TO GARTH**

(Ages 3-5) Mr. Garth is full of knowledge on almost any subject! You too can discover the world according to Garth. "AFTERS" program. Instructor: Garth Adams.

<b>201109-01</b>	\$21.00	Lever, Gears & Wheels	
M	12/3-12/3	11:30A-2:30P	
<b>201109-02</b>	\$21.00	Dogs & Cats	
M	12/10-12/10	11:30A-2:30P	
<b>201109-03</b>	\$21.00	Woodworking	
M	12/17-12/17	11:30A-2:30P	
<b>201109-04</b>	\$21.00	Magnets	
M	1/7-1/7	11:30A-2:30P	
<b>201109-05</b>	\$21.00	Farm Animals	
M	1/14-1/14	11:30A-2:30P	
<b>201109-06</b>	\$21.00	Snow & Ice	
M	1/28-1/28	11:30A-2:30P	
<b>201109-08</b>	\$21.00	Lady Bugs & Insects	
M	2/4-2/4	11:30A-2:30P	
<b>201109-09</b>	\$21.00	Reduce, Reuse, Recycle	
M	2/11-2/11	11:30A-2:30P	
<b>201109-10</b>	\$21.00	Construction & Building	
M	2/25-2/25	11:30A-2:30P	

**YOUNG YOGI'S**

(Ages 4-6) Yoga stretches kids' bodies and minds and boosts their confidence. We will connect with nature and ourselves, helping to bring active minds in balance with active bodies. Instructor: Lara Ward.

<b>201110-01</b>	\$70.00		
Th	1/17-2/28	1:30P-2:15P	

**NERF KIDS**

(Ages 18-42 mos) This is a great opportunity for your toddler to work on gross motor skills, balance and sharing. Parents must stay. Instructor: Kitty Hughes.

<b>201111-01</b>	\$25.00		
Tu	1/8-1/29	10:45A-11:30A	
<b>201111-02</b>	\$25.00		
Tu	2/5-2/26	10:45A-11:30A	

**CATCH THE GINGERBREAD MAN – LUNCH & LEARN**

(Ages 3-5) We will follow clues and find Mr. Gingerbread Man! You can decorate him and eat some too! We'll also play games. "AFTERS" program. Instructor: Elizabeth Licciardone.

<b>201112-01</b>	\$21.00		
F	12/14-12/14	11:30A-2:00P	

**JUMP START**

(Ages 3-4) Extend your child's preschool day with games, songs, and crafts in a fun, social environment. This nurturing program provides a "jump start" for your budding learner. Instructor: Elizabeth Licciardone.

<b>201113-01</b>	\$62.00		
Tu	12/4-12/18	11:30A-2:00P	
<b>201113-02</b>	\$62.00		
Tu	1/8-1/29	11:30A-2:00P	
<b>201113-03</b>	\$62.00		
Tu	2/5-2/26	11:30A-2:00P	

**MESSES & MASTERPIECES**

(Ages 18-35 mos) Could your child be a budding artist? We'll play, make crafts and create a masterpiece - maybe a few messes, too. Instructor: Genie Rovang.

<b>201114-01</b>	\$10.00		
Tu	1/15-1/15	10:00A-10:45A	
<b>201114-02</b>	\$10.00		
Tu	1/22-1/22	10:00A-10:45A	
<b>201114-03</b>	\$10.00		
Tu	1/29-1/29	10:00A-10:45A	

**BEAR TO GO!**

(Ages 3-7) Spend your school holiday making your own Teddy Bear. You'll stuff him and dress him in his very own T-Shirt and carry him in his own special bag! Enjoy bear games and stories, too. Instructor: Elizabeth Licciardone.

<b>201115-01</b>	\$27.00	Ages 5-7	
M	2/18-2/18	12:00P-2:00P	
<b>201115-02</b>	\$27.00	Ages 3-4	
M	2/18-2/18	9:30A-11:30A	

**DIETRICH'S NINJAS**

(Ages 3-5) Dietrich's Ninjas is an ultimate kid's activity. An action-packed curriculum that uses fun-filled Ninja games to teach kids to focus, increase coordination and prepare for elementary school.

<b>201116-01</b>	\$66.00		
Sa	12/1-12/22	9:30A-10:30A	
<b>201116-02</b>	\$66.00		
Sa	1/5-1/26	9:30A-10:00A	
<b>201116-03</b>	\$66.00		
Sa	2/2-2/23	9:30A-10:00A	

**GARTH'S WINTER BREAK**

(Ages 3-5) Preschoolers will enjoy a variety of crafts, games and activities with Mr. Garth. Pack a lunch each day.

<b>201117-01</b>	\$60.00		
W,Th,F	12/26-12/28	9:00A-1:00P	
<b>201117-02</b>	\$22.00		
W	12/26-12/26	9:00A-1:00P	
<b>201117-03</b>	\$22.00		
Th	12/27-12/27	9:00A-1:00P	
<b>201117-04</b>	\$22.00		
F	12/28-12/28	9:00A-1:00P	

**DINOSAUR TRAIN – LUNCH & LEARN**

(Ages 3-5) All aboard the Dinosaur Train with Buddy, Tiny, Shiny, and Mr. Conductor! Ms. Elizabeth has fun dinosaur train crafts, games, and stories. Instructor: Elizabeth Licciardone

<b>201120-01</b>	\$21.00		
F	1/25-1/25	11:30A-2:00P	

**BUBBLE GUPPIES – LUNCH & LEARN**

(Ages 3-4) Join Gill, Molly, Nonny, Mr. Grouper

and friends who love underwater adventure. Ms. Elizabeth will share Bubble Guppy games, songs, stories and a craft. "AFTERS" program. Instructor: Elizabeth Licciardone.

**201121-01** \$21.00  
F 12/7-12/7 11:30A-2:00P

### JUST ART

(Ages 3-6) Endless painting with tempa, water-colors, race cars, marbles and textures. Use your hands and feet - your imagination is your only limit. Wear old clothes. "AFTERS" program. Instructor: Garth Adams.

**201122-01** \$21.00  
F 12/7-12/7 11:30A-2:30P

**201122-02** \$21.00  
F 12/14-12/14 11:30A-2:30P

**201122-03** \$21.00  
F 12/21-12/21 11:30A-2:30P

**201122-04** \$21.00  
F 1/4-1/4 11:30A-2:30P

**201122-05** \$21.00  
F 1/11-1/11 11:30A-2:30P

**201122-06** \$21.00  
F 1/25-1/25 11:30A-2:30P

**201122-07** \$21.00  
F 2/1-2/1 11:30A-2:30P

**201122-08** \$21.00  
F 2/8-2/8 11:30A-2:30P

**201122-09** \$21.00  
F 2/15-2/15 11:30A-2:30P

**201122-10** \$21.00  
F 2/22-2/22 11:30A-2:30P

### TERRIFIC TRIKES!

(Ages 3-5) Provide your preschooler a safe, dry environment to blow off their extra energy. All classes are held in the gym. Instructor: Kitty Hughes.

**201123-01** \$7.00  
F 1/11-1/11 11:30A-12:15P

**201123-02** \$7.00  
F 2/1-2/1 11:30A-12:15P

### CHOCOLATE WORLD – LUNCH & LEARN

(Ages 3-5) It's sweet and fun to eat! What else can we do with chocolate? Where does it come from? Come along on this delicious class and find all the answers! Instructor: Elizabeth Licciardone.

**201124-01** \$21.00  
F 12/21-12/21 11:30A-2:00P

### MATH & SCIENCE BUDDIES

(Ages 4-5) Budding scientists bloom and grow in this hands-on program. We explore, investigate, experiment, learn, play and discover. "AFTERS" program. Instructor: Laura Lynch.

**201127-01** \$106.00  
M,W 12/3-12/19 12:00P-2:15P

**201127-04** \$106.00  
Tu,Th 12/4-12/20 12:00P-2:15P

### JINGLE BELL ROCK!

(Ages 18-35 mos) Let's Rock! Create a rockin' craft to celebrate the holiday season. Instructor: Genie Rovang.

**201142-01** \$10.00  
W 12/19-12/19 10:00A-10:45A

### PAINTING PALS

(Ages 18-35 mos) Come paint with your pals and let us take care of the mess. Wear old clothes. Instructor: Genie Rovang

**201144-01** \$10.00  
F 12/7-12/7 10:00A-10:45A

**201144-02** \$10.00  
M 1/14-1/14 10:00A-10:45A

**201144-03** \$10.00  
Tu 2/12-2/12 10:00A-10:45A

### WILL YOU BE MINE? – LUNCH & LEARN

(Ages 3-6) Learn all about Valentine's Day. Make a valentine for someone special and enjoy fun activities with friends. Instructor: Elizabeth Licciardone.

**201147-01** \$21.00  
F 2/8-2/8 11:30A-2:00P

### GROUNDHOG DAY – LUNCH & LEARN

(Ages 3-5) Who is Mr. Groundhog and why does he have a special day? Learn about shadows, hear a special story, play a groundhog game, and have fun with friends. Instructor: Elizabeth Licciardone.

**201150-01** \$21.00  
F 2/1-2/1 11:30A-2:00P

### WASHINGTON DC – LUNCH & LEARN

(Ages 3-6) How much do you know about the capital of our country? Find out about the history, the monuments, the people and a few secrets you did not know! Instructor: Elizabeth Licciardone.

**201151-01** \$21.00  
F 1/4-1/4 11:30A-2:00P

### AK SPORTS

(Ages 5-6) Give your child an advantage on the field or court. Class incorporates running, throwing, catching and kicking with games and skill-building activities. Instructor: Kitty Hughes.

**201152-01** \$19.00  
Th 1/17-1/31 12:45P-1:30P

**201152-02** \$19.00  
Th 2/7-2/28 12:45P-1:30P

### WHO LIVES IN THE ZOO? - LUNCH & LEARN

(Ages 3-5) Do you know all about animals in the zoo? Find out all the secrets of elephants, bears, lions, snakes, monkeys, and more. Instructor: Elizabeth Licciardone.

**201153-01** \$21.00  
F 1/11-1/11 11:30A-2:00P

### BASKETBALL FUN

(Ages 4½-6½) Take a break from class and shoot some hoops with Miss Kitty. Please wear sneakers.

**201156-01** \$18.00  
Th 1/17-1/31 11:30A-12:15P

**201156-02** \$18.00  
Th 2/7-2/28 11:30A-12:15P

### SHARKS IN THE SEA – LUNCH & LEARN

(Ages 3-5) Dive into the ocean and learn about sharks! We will read a shark book, learn a shark song, make a cool shark craft, sort through the sand to find sharks' teeth, and play FUN games. Instructor: Christine Higbie.

**201157-01** \$21.00  
F 2/22-2/22 11:30A-2:00P

### PRESIDENTS' DAY – LUNCH & LEARN

(Ages 3-6) Learn details of our presidents you never imagined. How big were George Washington's feet? How do presidents' images get on money? Instructor: Elizabeth Licciardone.

**201158-01** \$21.00  
F 2/15 11:30A-2:00P

### WHEELS IN MOTION

(Ages 3½-5) Peddle to the beat in our dry, safe gym. Instructor: Kitty Hughes.

**201212-01** \$6.00  
F 1/11-1/11 12:30P-1:15P

**201212-02** \$6.00  
F 2/1-2/1 12:30P-1:15P

### STAY & PLAY WITH MS DENA

(Ages 3-4) Extend your preschool day with an adventure that includes super-duper crafts, group games, singing, dancing and outdoor exploring. Bring a lunch to this "AFTERS" program and wear your HAPPY PANTS! Instructor: Dena Garcia.

**201213-01** \$17.00  
Th 12/6-12/6 11:30A-2:00P

**201213-02** \$17.00  
Th 12/13-12/13 11:30A-2:00P

**201213-03** \$17.00  
Th 12/20-12/20 11:30A-2:00P

**201213-04** \$17.00  
Th 1/3-1/3 11:30A-2:00P

**201213-05** \$17.00  
Th 1/10-1/10 11:30A-2:00P

**201213-06** \$17.00  
Th 1/17-1/17 11:30A-2:00P

**201213-07** \$17.00  
Th 1/24-1/24 11:30A-2:00P

**201213-08** \$17.00  
Th 1/31-1/31 11:30A-2:00P

<b>201213-09</b>	\$17.00	
Th	2/7-2/7	11:30A-2:00P
<b>201213-10</b>	\$17.00	
Th	2/14-2/14	11:30A-2:00P
<b>201213-11</b>	\$17.00	
Th	2/21-2/21	11:30A-2:00P
<b>201213-12</b>	\$17.00	
Th	2/28-2/28	11:30A-2:00P

## ELEMENTARY AGE PROGRAMS

### KINDERGARTEN FUN FRIDAYS ("KFF")

(Ages 5-6) End your kindergartener's week on a high note with themed activities including games, science experiments, crafts, stories, songs, scavenger hunts, cooking, playing outside, and fun! Bring a lunch. Licensed teacher: Laura Lynch.

<b>201199-01</b>	\$21.00	Making Music
F	12/7-12/7	11:30A-2:00P
<b>201199-02</b>	\$21.00	Planes & Helicopters
F	12/14-12/14	11:30A-2:00P
<b>201199-03</b>	\$21.00	Silly Science
F	12/21-12/21	11:30A-2:00P
<b>201199-04</b>	\$21.00	Around the World
F	1/4-1/4	11:30A-2:00P
<b>201199-05</b>	\$21.00	Penguins
F	1/11-1/11	11:30A-2:00P
<b>201199-06</b>	\$21.00	Snow & Ice
F	1/18-1/18	11:30A-2:00P
<b>201199-07</b>	\$21.00	Pretzels
F	1/25-1/25	11:30A-2:00P
<b>201199-08</b>	\$21.00	Shadows
F	2/1-2/1	11:30A-2:00P
<b>201199-09</b>	\$21.00	Making Valentines
F	2/8-2/8	11:30A-2:00P
<b>201199-10</b>	\$21.00	George & Abe
F	2/15-2/15	11:30A-2:00P
<b>201199-11</b>	\$21.00	Five Senses
F	2/22-2/22	11:30A-2:00P

### KINDERGARTEN KIDS "BKE"

(Ages 5-6) This is a Before-Kindergarten Enrichment program! For afternoon Kindergarten children. Your child's morning will be filled with hands-on activities and engaging learning experiences. They will read and write, play math games, do science experiments, draw, paint, sing, and more! Ms. Lynch believes learning should be positive and FUN! Pack a lunch. Children will be escorted to Emerick. Licensed teacher: Laura Lynch.

<b>201200-01</b>	\$120.00	
M,Tu	12/3-12/18	8:00A-11:15A
<b>201200-05</b>	\$120.00	
W,Th	12/5-12/20	8:00A-11:15A

### YOUNG YOGI'S

(Ages 6-10) See description for Ages 4-6

<b>201201-01</b>	\$70.00	
F	1/18-3/1	3:00P-4:00P

### WINTER BREAK BONANZA

(Ages 5½-12) Children will have games, crafts, gym time, and a daily field trip, if weather permits.

<b>201202-01</b>	\$101.00	
W,Th,F	12/26-12/28	8:30A-5:30P
<b>201202-02</b>	\$41.00	
W	12/26-12/26	8:30A-5:30P
<b>201202-03</b>	\$41.00	
Th	12/27-12/27	8:30A-5:30P
<b>201202-04</b>	\$41.00	
F	12/28-12/28	8:30A-5:30P

### Wii JUMBO SCREEN DANCE

(Ages 5-12) Do you love to dance? Bring your friends for a dance-off. Participants must show a school ID. Parents must sign children in/out and escort them to/from the gym. If space allows, walk-in registration is \$10/student.

<b>201203-01</b>	\$7.00	
Th	1/24-1/24	6:30P-8:00P
<b>201203-02</b>	\$7.00	
Th	2/28-2/28	6:30P-8:00P

### DIETRICH'S DRAGONS

(Ages 6-12) An action-packed, developmental Karate program combining play therapy, fitness, and gross motor and martial arts skills. Dragon Classes build children's confidence and teach life and character-building skills including focus, teamwork, control, discipline, stranger awareness, fire safety, bully basics and much more.

<b>201206-01</b>	\$50.50	
M	12/3-12/17	3:00P-3:30P
<b>201206-02</b>	\$50.50	
M	1/7-1/28	3:00P-3:30P
<b>201206-03</b>	\$50.50	
M	2/4-2/25	3:00P-3:30P

### AMERICAN GIRL DOLLS

(Ages 5-10) Join us to learn about Felicity, Kit Kittredge, Julie Lanie and others too! What American period did these girls live in? Play some American Girl games and make a craft and have a special snack. Instructor: Elizabeth Licciardone.

<b>201211-01</b>	\$25.00	
F	1/18-1/18	9:30A-12:30P
<b>201211-02</b>	\$25.00	
M	1/21-1/21	9:30A-12:30P
<b>201211-03</b>	\$44.00	Both Days
M,F	1/18-1/21	9:30A-12:30P

### BEGINNER CHESS & CHECKERS

(Ages 6-10) Improve mental concentration and understanding of skills necessary to play chess and/or checkers. Players will be matched according to experience and will progress to play other partic-

ipants. Instructor: Kitty Hughes.

<b>201220-01</b>	\$25.00	
W	1/9-1/30	4:15P-5:00P
<b>201220-02</b>	\$25.00	
W	2/6-2/27	4:15P-5:00P

### INTERMEDIATE CHESS & CHECKERS

(Ages 7½-12) Did you know that playing chess is an excellent way to stimulate critical thinking? Players will begin to apply strategy and will continue to play other participants and the instructor. Instructor: Kitty Hughes.

<b>201225-01</b>	\$25.00	
W	1/9-1/30	5:00P-5:45P
<b>201225-02</b>	\$25.00	
W	2/6-2/27	5:00P-5:45P

### MOVEABLE TEACHER WORKDAY

(Ages 5½-12) Children will eat lunch at Ci Ci's Pizzeria and visit the Uvar-Hazy Air and Space Museum. Pack an afternoon snack and a water bottle. Dress in layers. Instructor: Kitty Hughes.

<b>201226-01</b>	\$55.00	
F	1/18-1/18	8:30A-5:30P

### HOLIDAY PROGRAM

(Ages 5½-12) Children will swim at Cub Run Pool. If weather permits, we'll stop at playgrounds first. Pack a big lunch and snack. Dress warmly and provide a backpack or sturdy bag for swim suits, towels, etc. Instructor: Kitty Hughes.

<b>201227-01</b>	\$50.00	
M	1/21-1/21	8:30A-5:30P

### PRESIDENTS' DAY

(Ages 5½-12) Participants will engage in activities inside and outside and watch a movie. Pack a lunch and an afternoon snack. Dress warmly, in layers. Instructor: Kitty Hughes.

<b>201228-01</b>	\$55.00	
M	2/18-2/18	8:30A-5:30P

### KIDS HIP HOP

(Grades 2-3) Learn the basics of rhythm and hip hop movements, including isolations and music style adaptations. Add your own unique style/ flavor to a basic routine. Wear comfortable clothes and athletic shoes. Instructor: Sara Johnson.

<b>201303-01</b>	\$38.00	
Sa	12/1-12/15	9:00A-9:45A
<b>201303-02</b>	\$38.00	
Sa	1/5-1/26	9:00A-9:45A
<b>201303-03</b>	\$38.00	
Sa	2/2-2/23	9:00A-9:45A

## MIDDLE & HIGH SCHOOL AGE PROGRAMS

### GIRLS/BOYS HIP HOP

(Grades 4-5) See description for Kids Hip Hop.

<b>201301-01</b>	\$38.00	
Sa	12/1-12/15	10:00A-10:45A
<b>201301-02</b>	\$38.00	
Sa	1/5-1/26	10:00A-10:45A
<b>201301-03</b>	\$38.00	
Sa	2/2-2/23	10:00A-10:45A

### YOUTH HIP HOP

(Grades 6-8) See description for Kids Hip Hop.

<b>201302-01</b>	\$38.00	
Sa	12/1-12/15	11:00A-11:45A
<b>201302-02</b>	\$38.00	
Sa	1/5-1/26	11:00A-11:45A
<b>201302-03</b>	\$38.00	
Sa	2/2-2/23	11:00A-11:45A

### TEEN HIP HOP

(Grades 9-12) See description for Kids Hip Hop.

<b>201304-01</b>	\$38.00	
Sa	12/1-12/15	12:00P-12:45P
<b>201304-02</b>	\$38.00	
Sa	1/5-1/26	12:00P-12:45P
<b>201304-03</b>	\$38.00	
Sa	2/2-2/23	12:00P-12:45P

## ADULT PROGRAMS

### PERSONAL TRAINING

(Ages 16 & up) Members of LVCC Fitness Center can work with a certified personal trainer to learn proper use of fitness center equipment and how to set up a personal fitness program, stay motivated and reach your fitness goals. Individual sessions or packages may be purchased. Appointments are made in advance, directly with the trainer. Instructors: Sara Johnson, Terry Fairfax. Call 540-338-4122 or Sarak0920@gmail.com

<b>201500-01</b>	\$35.00 per hour	
M,Tu,W,Th,F,Sa	12/1-2/28	8:00A-8:30P

### WOMENS' SELF-DEFENSE

(Ages 17 & up) Beginner self-defense focuses on general awareness of one's surroundings and "Hit and Run" techniques. Use of personal objects as self-defense tools, such as keys, pens and cell phones, will be included. Instructor: Steven LaForce.

<b>201502-01</b>	\$46.00	
Sa	1/12-2/2	2:30P-3:30P
<b>201502-03</b>	\$46.00	
Sa	2/16-3/9	2:30P-3:30P

### COUPLES BALLROOM DANCE

(Ages 18 & up) Tear up the dance floor with Steven! Learn the Fox Trot, Waltz, Tango, Swing, and Cha Cha. Instructor: Steven La Force.

<b>201506-01</b>	\$81.00	
Sa	1/12-2/2	1:00P-2:00P
<b>201506-02</b>	\$81.00	
Sa	2/16-3/9	1:00P-2:00P

### FITNESS CENTER

(Ages 16 & up) Come in and work out, get back in shape or just tone up. Seniors = 55 & up, Students = 24 & under w/ID. You must sign up in person at LVCC.

<b>201706-01</b>	\$125.00	6 Months
M-Sa	12/1-2/28	7:00A-9:30P
<b>201706-02</b>	\$225.00	1 Year
M-Sa	12/1-2/28	7:00A-9:30P
<b>201706-03</b>	\$125.00	1 Year/Sr/Student
M-Sa	12/1-2/28	7:00A-9:30P

### FITNESS SUPER PASS

(Ages 16 & up) Join the LVCC Fitness Center AND participate in any of our \$100 punch-card fitness programs for one fee. Five classes are available. You must register in person at LVCC.

<b>201710-01</b>	\$325.00	6 months
M,Tu,W,Th,F,Sa	12/1-2/28	7:00A-9:30P
<b>201710-02</b>	\$325.00	1yr sr/student
M,Tu,W,Th,F,Sa	12/1-2/28	7:00A-9:30P

## MULTIAGE PROGRAMS

### TAI CHI

(Ages 16& up) Tai Chi increases relaxation awareness, as well as mind and body coordination while improving posture, breathing and balance. Instructor: Bob Gardner.

<b>201503-01</b>	\$110.00	Beginner
M,W	1/7-2/27	10:30A-11:30A
<b>201503-02</b>	\$110.00	Intermediate
M,W	1/7-2/27	9:30A-10:30A
<b>201503-03</b>	\$110.00	Advanced
M,W	1/7-2/27	8:30A-9:30A

### PUNCH CARD FITNESS CLASSES

(Ages 18 & up) Purchase a punch card for 15 visits to any of these classes. If you register online, you must get your card activated at the front desk. Drop-in fee is \$9.

<b>201507-01</b>	\$100.00	50+ Fitness
Tu	12/4-2/26	8:00A-8:45A
<b>201507-02</b>	\$100.00	Cardio, Core & More
Tu	12/4-2/26	9:15A-10:15A
<b>201507-03</b>	\$100.00	Strength
Th	12/6-2/28	8:00A-8:45A
<b>201507-04</b>	\$100.00	Strength
Th	12/6-2/28	8:45A-9:30A

<b>201507-05</b>	\$100.00	Zumba
M	12/3-2/25	7:30P-8:40P
<b>201507-06</b>	\$100.00	Zumba
W	12/5-2/27	7:30P-8:40P
<b>201507-07</b>	\$100.00	Zumba
F	12/7-2/22	8:15A-9:15A
<b>201507-08</b>	\$100.00	Yoga
Sa	1/5-2/23	8:05A-9:20A

### BEGINNER BELLY DANCE

(Ages 16 & up) Exercise and have fun as you learn the fundamentals of American Belly Dancing. No experience required. Instructor: Sandra Kincannon.

<b>201510-01</b>	\$80.00	
Tu	1/15-3/5	7:00P-7:55P

### ADVANCED BELLY DANCE

(Ages 16 & up) Continue to improve your dance skills with new choreography. At least six months experience required. Instructor: Sandra Kincannon.

<b>201511-01</b>	\$80.00	
Tu	1/15-3/5	8:00P-8:55P

### ZUMBA PARTY

(Ages 16 & up) Get your groove on with a Friday night dance party! The hot tracks and cool club lights bring a night club affect without the drama. Learn some new dance moves and have a blast! Instructor: Sara Johnson.

<b>201514-01</b>	\$5.00	
F	12/14-12/14	7:30P-9:00P
<b>201514-02</b>	\$5.00	
F	1/11-1/11	7:30P-9:00P
<b>201514-03</b>	\$5.00	
F	2/8-2/8	7:30P-9:00P

### MAKEUP RENEWAL

(Ages 16 & up) Have a professional makeup artist show you the quick and easy way to perfect your everyday look! In addition, learn tricks to extend your daytime look to evening. Come to class without makeup. Instructor: Nancy Mark.

<b>201602-01</b>	\$15.00	
W	1/16-1/16	9:00A-9:45A
<b>201602-02</b>	\$15.00	
W	1/16-1/16	10:00A-10:45A
<b>201602-03</b>	\$15.00	
W	1/16-1/16	11:00A-11:45A
<b>201602-04</b>	\$15.00	
W	2/27-2/27	9:00A-9:45A
<b>201602-05</b>	\$15.00	
W	2/27-2/27	10:00A-10:45A
<b>201602-06</b>	\$15.00	
W	2/27-2/27	11:00A-11:45A

### WELLNESS SERIES: WEIGH LESS, LIVE MORE

(Ages 16 & up) Drop pounds and feel satisfied! We will address weight loss problems and why



diets don't work. Find out how to heal yourself and improve different conditions through diet and exercise. Instructor: Hillary Tarkington-Stowers.

**201700-01** \$5.00  
Sa 1/26-1/26 12:00P-1:30P

### WELLNESS SERIES: SUGAR BLUES

(Ages 16 & up) Beat your sugar cravings! A certified holistic health counselor will help you understand the cause of your sugar cravings, and you'll receive practical tools for dealing with them. Instructor: Hillary Tarkington-Stowers.

**201701-01** \$5.00  
Sa 2/23-2/23 12:00P-1:30P

### HOLIDAY CAROLLING

(All ages) Bring your favorite holiday songs and lend your voice. Hot chocolate will be served afterwards to warm you up.

**201703-01** Free event  
Tu 12/11-12/11 5:30P-6:30P

### WEDDING COUPLES DANCE

(Ages 18 & up) Want to wow your guests with your first dance? Contact Kitty a LVCC to schedule your private wedding dance lessons. Fees are based on the number and the length of lessons. Participants must register in person at LVCC. Instructor: Steven La Force.

**201704-01** Fees vary  
M-Sa 1/2-2/28 9:00A-9:00P

### INDIVIDUAL LESSONS

(Ages 16 & up) We're offering private lessons in Ballroom Dance, Tai Chi, Archery, and Self-defense. Fees are based on the type of class and the number and length of the lessons. Participants must register in person at LVCC. Instructor: Steven La Force.

**201705-01**  
M,Tu,W,Th,F,Sa 1/2-2/28 9:00A-9:00P

# REGISTER ONLINE!

VISIT [WWW.LOUDOUN.GOV/WEBTRAC](http://WWW.LOUDOUN.GOV/WEBTRAC)

## LOVETTSTVILLE COMMUNITY CENTER

57 E. Broad Way  
Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-9:30P F 7:00A-6:30P

**Supply & material fees are due to the instructor at the first class.**

### LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time care is \$215/week; half-time care is \$189/week or \$165/week depending on schedule. Call the center at 540-822-5284 for space availability.

### LICENSED PRESCHOOL: 2012/13 SCHOOL YEAR

(Ages 2-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Call for available openings in current year classes.

### OPEN PRESCHOOL & AFTER SCHOOL CARE REGISTRATION: 2013/14 SCHOOL YEAR

Registration for Lovettsville Community Center's Preschool Lottery begins February 11.

## PRESCHOOL AGE PROGRAMS

### SPORTIES 4 SHORTIES

(Ages 3-5) Develop kicking, running, throwing, catching, and good sportsmanship skills.

<b>202102-01</b>	\$21.00	
M	12/3-12/10	11:00A-11:45A
<b>202102-02</b>	\$21.00	
M	1/7-1/14	11:00A-11:45A
<b>202102-03</b>	\$21.00	
M	2/4-2/11	11:00A-11:45A

### TUESDAY ADVENTURES

(Ages 3-5) New adventure each week! Instructor: Lisa Cope or Barbara Ray

<b>202105-01</b>	\$13.00	Ornaments
Tu	12/4-12/4	11:00A-12:00P
<b>202105-02</b>	\$13.00	Snowmen
Tu	1/8-1/8	11:00A-12:00P
<b>202105-03</b>	\$13.00	Chilly the Penguin
Tu	1/15-1/15	11:00A-12:00P
<b>202105-04</b>	\$13.00	Snowflakes
Tu	1/29-1/29	11:00A-12:00P
<b>202105-05</b>	\$13.00	Picture Frames
Tu	2/5-2/5	11:00A-12:00P

<b>202105-06</b>	\$13.00	Heart Centerpieces
Tu	2/12-2/12	11:00A-12:00P
<b>202105-07</b>	\$13.00	Space Mobiles
Tu	2/19-2/19	11:00A-12:00P

### PEE WEE BOOK CLUB

(Ages 3-5) Give your children the gift of reading. Your little book worm will enjoy story time and then create a craft! Bring a lunch. Instructor: Lisa Cope.

<b>202113-01</b>	\$13.00	
W	12/5-12/5	11:00A-12:30P
<b>202113-02</b>	\$13.00	
W	12/19-12/19	11:00A-12:30P
<b>202113-03</b>	\$13.00	
W	1/9-1/9	11:00A-12:30P
<b>202113-04</b>	\$13.00	
W	1/23-1/23	11:00A-12:30P
<b>202113-05</b>	\$13.00	
W	2/6-2/6	11:00A-12:30P
<b>202113-06</b>	\$13.00	
W	2/20-2/20	11:00A-12:30P

### ADVENTURES WITH MS. ANNAMARIE

(Ages 4-6) Pack up your sense of adventure for these themed programs. Instructor: Annamarie Scalia.

<b>202108-01</b>	\$13.00	Gingerbread Kids
Th	12/6-12/6	11:00A-12:00P
<b>202108-02</b>	\$13.00	Reindeer Round-up
F	12/14-12/14	11:00A-12:00P
<b>202108-03</b>	\$13.00	Polar Express
Th	12/20-12/20	11:00A-12:00P
<b>202108-04</b>	\$13.00	Happy New Year
Th	1/3-1/3	11:00A-12:00P
<b>202108-05</b>	\$13.00	Mittens
Th	1/17-1/17	11:00A-12:00P
<b>202108-06</b>	\$13.00	Polar Bears
Th	1/24-1/24	11:00A-12:00P
<b>202108-07</b>	\$13.00	Chinese New Year
Th	2/7-2/7	11:00A-12:00P
<b>202108-08</b>	\$13.00	Sweet Sweeties
F	2/15-2/15	11:00A-12:00P
<b>202108-09</b>	\$13.00	Tooth Fairies
Th	2/21-2/21	11:00A-12:00P

### TOTALLY TWO

(Ages 24 mos & up) Socialization, art and story through Nursery Rhymes and Fairy Tales. Pack a small snack. This program is designed without parent. Instructor: Lisa Cope.

<b>202100-01</b>	\$67.00	
Th,F	12/6-12/21	8:30A-10:00A
<b>202100-02</b>	\$89.00	
Th,F	1/3-1/31	8:30A-10:00A
<b>202100-03</b>	\$89.00	
Th,F	2/1-2/28	8:30A-10:00A
<b>202100-04</b>	\$67.00	

Th,F	12/6-12/21	10:15A-11:45A
<b>202100-05</b>	\$89.00	
Th,F	1/3-1/31	10:15A-11:45A
<b>202100-06</b>	\$89.00	
Th,F	2/1-2/28	10:15A-11:45A

**ME AT THREE**

(Ages 36 mos & up) Socialization, art, story and games through nursery rhymes and fairy tales. Please pack a snack. This program is designed without parent. Instructor: Barbara Ray.

<b>202101-01</b>	\$67.00	
Th,F	12/6-12/21	8:30A-10:00A
<b>202101-02</b>	\$89.00	
Th,F	1/3-1/31	8:30A-10:00A
<b>202101-03</b>	\$89.00	
Th,F	2/1-2/28	8:30A-10:00A

**LITTLE CHEFS**

(Ages 3-5) It is no secret, kids love to cook! Chef Lisa will cater to your tiny one's taste buds and cook up a sweet treat to take home. Instructor: Lisa Cope.

<b>202109-01</b>	\$13.00	
Tu	12/11-12/11	11:00A-12:00P
<b>202109-02</b>	\$13.00	
Tu	1/22-1/22	11:00A-12:00P
<b>202109-03</b>	\$13.00	
Tu	2/26-2/26	11:00A-12:00P

**LUNCH BUDDIES**

(Ages 3-5) Here's your chance for some extra time while your child enjoys lunch and has a blast with their friends after preschool. Pack a lunch. Instructor: Lisa Cope.

<b>202104-01</b>	\$13.00	
W	12/12-12/12	11:00A-12:30P
<b>202104-02</b>	\$13.00	
W	1/2-1/2	11:00A-12:30P
<b>202104-03</b>	\$13.00	
W	1/16-1/16	11:00A-12:30P
<b>202104-04</b>	\$13.00	
W	1/30-1/30	11:00A-12:30P
<b>202104-05</b>	\$13.00	
W	2/13-2/13	11:00A-12:30P
<b>202104-06</b>	\$13.00	
W	2/27-2/27	11:00A-12:30P

**FUN WITH FINE ART**

(Ages 3-5) Must be willing to smile and get messy! Starting with basics of supplies and techniques, children develop an understanding of fine art with drawing, painting, sculpture, collage and print making. Instructor: Mo Thomas.

<b>202133-01</b>	\$66.00	
M	1/7-2/25	11:00A-12:00P

**TUMBLERS**

(Ages 3-5) Jump into the fundamentals of gymnastics. Tumblers will be introduced to mat work and basic movements on the balance beam, vaulting horse and uneven bars. Instructor: Katharina Connor.

<b>202106-01</b>	\$31.00	
W	1/2-2/6	11:00A-11:30A

**TUMBLE TOTS**

(Ages 2-3 w/parent) Parent and child will be introduced to tumbling with mat movement. Instructor: Katharina Connor.

<b>202112-01</b>	\$31.00	
Tu	1/8-2/12	10:15A-10:45A

**ZUMBATONIC**

(Ages 4-6) Kids will get fit, rock out and have a blast! Packed with specially choreographed routines and the latest music, like hip-hop, reggaeton and cumbia, Zumbatonic classes increase focus and self-confidence, boost metabolism and improve coordination. Instructor: Katharina Connor.

<b>202110-01</b>	\$38.50	
W	2/20-3/20	11:00A-11:45A

**ELEMENTARY AGE PROGRAMS****DROP-IN**

Schedule and fees can be found at [www.loudoun.gov/lovettsvillecc](http://www.loudoun.gov/lovettsvillecc).

**KIDS' CLUB**

(Ages 5-6) Kids' Club is centered on fun for kindergartners. Don't miss out on the wild and wonderful arts, crafts, sports, walking field trips and more. Bring your lunch and your imagination. Instructor: Denise Dant.

<b>202200-01</b>	\$73.00	
M,W	12/3-12/19	11:00A-1:30P
<b>202200-02</b>	\$97.00	
M,W	1/2-1/30	11:00A-1:30P
<b>202200-03</b>	\$85.00	
M,W	2/4-2/27	11:00A-1:30P

**JUNIOR CHEFS**

(Ages 5-11) Pull up your sleeves, put on an apron, and let the fun begin! Instructor: Lisa Cope.

<b>202202-01</b>	\$13.00	
Tu	12/11-12/11	2:45P-3:45P
<b>202202-02</b>	\$13.00	
Tu	1/22-1/22	2:45P-3:45P
<b>202202-03</b>	\$13.00	
Tu	2/26-2/26	2:45P-3:45P

**LEGO CLUB**

(Ages 5-11) Meet up with some of the other LEGO brick lovers to share ideas and projects. Each club meeting is an opportunity to explore and discover

new topics. Instructor: Lisa Cope.

<b>202212-01</b>	\$8.00	
W	12/12-12/12	2:45P-3:45P
<b>202212-02</b>	\$8.00	
W	1/9-1/9	2:45P-3:45P
<b>202212-03</b>	\$8.00	
W	2/13-2/13	2:45P-3:45P

**DODGEBALL**

(Ages 6-11) Play different dodgeball games after school. Instructor: LOVCC staff.

<b>202220-01</b>	\$8.00	
F	12/14-12/14	2:45P-3:45P
<b>202220-02</b>	\$8.00	
F	1/11-1/11	2:45P-3:45P
<b>202220-03</b>	\$8.00	
F	2/22-2/22	2:45P-3:45P

**MAKE IT TAKE IT MONDAYS**

(Ages 5-11) Create a seasonal craft that you can take home to brighten your room. Instructor: Lisa Cope.

<b>202213-01</b>	\$13.00	
M	12/17-12/17	2:45P-3:45P
<b>202213-02</b>	\$13.00	
M	1/14-1/14	2:45P-3:45P
<b>202213-03</b>	\$13.00	
M	2/11-2/11	2:45P-3:45P

**INTRO TO GUITAR**

(Ages 6-12) In this fun class for beginners, you will learn to play popular songs from a variety of genres. You will learn to play notes and chords, sing with your guitar and experiment with song-writing. Parents must contact instructor regarding equipment. Instructor: Hannah Vo-Dinh.

<b>202201-01</b>	\$121.00	
Th	1/3-2/21	2:45P-3:45P

**ELEMENTARY BASKETBALL**

(Ages 6-11) Emphasis is based on individual skill development and will cover skills such as ball handling, dribbling and shooting as well as fundamental tactics and coached scrimmages. Instructor: Amazing Athletes.

<b>202222-01</b>	\$80.20	
M	1/7-2/25	2:45P-3:45P

**FOOTBALL**

(Ages 6-11) Amazing Athlete's presents football at LOVCC! Learn basic football skills and good sportsmanship. Instructor: Amazing Athletes.

<b>202223-01</b>	\$80.20	
M	1/7-2/25	3:45P-4:45P

## MIDDLE & HIGH SCHOOL AGE PROGRAMS

### BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at [www.loudoun.gov/lovettsvillecc](http://www.loudoun.gov/lovettsvillecc).

### SPORTS CONDITIONING

(Ages 10-16) This program is designed to promote health and increase overall fitness in all levels. Athletes stay in shape during their off season, while increasing overall power and strength. Robert, with Amazing Athletes will work with teens on plyometrics, strength training, agility work, and functional training. Drop-in: \$27.

**202307-01** \$385.00  
Tu,Th 1/8-3/7 7:30P-8:30P

### TEEN LOVCC

(Ages 13-17) Give back to your community by volunteering at the Lovettsville Community. Assist with special events, event set up and take down, children's arts, crafts and games. Application is required prior to volunteering. E-mail Patty. Edleblute@loudoun.gov for more information.

## ADULT PROGRAMS

### BASKETBALL DROP-IN

Schedule and fees for drop-in can be found at [www.loudoun.gov/lovettsvillecc](http://www.loudoun.gov/lovettsvillecc)

### FITNESS PUNCH CARD

Purchase a 15-visit punch card for \$100 and use it for Zumba, RIPPED, PIYO and Strength for Seniors. Must register in person at LOVCC. Contact Patty. Edleblute@loudoun.gov for information and to be added to the email list.

### ZUMBA

(Ages 18 & up) Zumba is a Latin inspired "feel happy" fitness class that tones the body with easy to follow steps for any fitness level! Bring water and wear comfortable clothing. Instructor: Katharina Connor.

\$100/punch card, \$8/Pay at door  
M 12/3-2/25 7:00P-8:00P

### RIPPED

(Ages 16 & up) This total-body, plateau- proof, workout masterfully combines Resistance, Intervals, Power, Plyometrics, Endurance, and Diet components of R.I.P.P.E.D. to help you attain and maintain your physique in ways that are fun, safe, doable and extremely effective. Instructor: Katharina Connor.

\$100/punch card, \$8/Pay at door  
Tu 12/4-2/26 9:00A-10:00A  
W 1/2-2/27 7:00P-8:00P

### PIYO

(Ages 16 & up) A great mix of both Pilates and Yoga exercises designed to increase your strength and flexibility. This class accommodates students of varying fitness levels. Participants should wear comfortable, athletic wear. Please bring a mat and water. Instructor: Katharina Connor.

\$100/punch card, \$8/Pay at door  
Th 12/6-2/28 9:00A-10:00A

## SENIOR PROGRAMS

### STRENGTH FOR SENIORS

(Ages 55 & up) This total body workout is a great way for seniors to get started with strength training. The exercises focus on building total body strength with an emphasis on improving balance, stability and flexibility. Wear comfortable clothing and bring water. Instructor: Katharina Connor.

\$100/punch card, \$8/Pay at door  
M 12/3-2/25 9:00A-10:00A

### SOCIAL SENIORS

(Ages 55 & up) Home cooked meals and great socialization with occasional guest speakers. Registration required by the preceding Tuesday.

**Pay at door** \$5.00  
1st, 3rd Th 12/6-2/21 12:00P-1:30P

### BLOOD PRESSURE CHECKS

(Ages 18 & up) The Loudoun Hospital Mobile Care Unit will be at the center on the third Thursday for Blood Pressure Checks. No registration required.

**Free event**  
Th 12/6-2/21 11:30A-12:00P

### HOLIDAY LUNCHEON

(Ages 55 & up) Get into the holiday mood with great food, socialization and, of course, entertainment by the Lovettsville Elementary Chorus. Call for more information.

**202601-01** \$5.00  
Th 12/20-12/20 12:00P-1:30P



## LUCKETTS COMMUNITY CENTER

42361 Lucketts Road  
Leesburg, VA 20176

**703-771-5281**

M,Tu,W,Th F 7:00A-6:00P

*Supply & material fees are payable to the instructor at the first class.*

## PRESCHOOL AGE PROGRAMS

### AMAZING ATHLETES

(Ages 3-6) Amazing Athletes is a sports-based fitness program designed to teach children developmental sports lessons, along with activities that improve motor development, hand-eye coordination and cardiovascular fitness. It allows every child to build their skills at their own pace, emphasizing patience, teamwork and self-confidence. Instructor: Robert Jackson.

**209101-01** \$55.00  
M 1/14-2/25 11:35A-12:20P

## ELEMENTARY AGE PROGRAMS

### AFTER K LUNCH BUNCH

(Grade K) Take the bus from Lucketts Elementary School for playtime, games and a healthy lunch.

**209206-01** \$10.00/session  
Tu,Th 12/4-2/28 11:00A-1:00P

### WINTER HOLIDAY FUN

(Ages 6-12) Enjoy the school holiday with friends. Art, games, music and snacks. Bring a bag peanut free lunch.

**209207-01** \$65.00/child  
\$55.00/ea add'l child  
F 1/18-1/18 8:00A-6:00P

### MORE WINTER HOLIDAY FUN

(Ages 6-12) The weather may be freezing, but we're still "chillin"! Join us for crafts, games and fun with friends. Bring a bag peanut free lunch.

**209208-01** \$65.00/child  
\$55.00/ea add'l child  
M 1/21-1/21 8:00A-6:00P

### PRESIDENTS' DAY SCHOOL HOLIDAY

(Ages 6-12) Meet your friends for a day of fun indoors and out with art, games, snacks and music. Bring a bag peanut free lunch.

**209209-01** \$65.00/child  
\$55.00/ea add'l child  
M 2/18-2/18 8:00A-6:00P

## MIDDLEBURG COMMUNITY CENTER

300 West Washington Street, 3rd Floor  
P.O. Box 888  
Middleburg, VA 20118  
**540-687-6375**  
M-F 8:30A-6:00P

*Supply & material fees are payable to the instructor at the first class.*

### PRESCHOOL AGE PROGRAMS

#### HOLIDAY HANDS

(Ages 3-5) Holidays are a perfect time for hand-made gifts. Especially when they are made with little hands. Moms, dads, and grandparents will love them.

<b>208101-01</b>	\$40.00	
W	11/28-12/19	1:30P-2:30P

#### MY 1ST PRESCHOOL

(Ages 18-36 mos) This wonderful class is designed to get your toddlers ready for pre-kindergarten. They will discover the exciting world of ABC's, colors, fine motor skills and much more.

<b>208100-01</b>	\$90.00	
Tu,Th	1/8-1/31	9:00A-10:30A
<b>208100-02</b>	\$90.00	
Tu,Th	2/5-2/28	9:00A-10:30A
<b>208100-03</b>	\$90.00	
Tu,Th	3/5-3/28	9:00A-10:30A

#### MOM & ME MANNERS

(Ages 2-3½) How are your kids doing with their "social graces"? Learn ways to teach children manners; help them behave at the dinner table; and act appropriately in public.

<b>208103-01</b>	\$70.00 (+\$20 supplies)	
Tu	1/8-1/29	10:00A-11:00A

#### KIDS & KOFFEE

(Ages ½-3) What a great combination! Socialize with other parents while children play in an open gym setting. Adult must stay with child.

<b>208105-01</b>	\$5.00/ Per Visit	
W	1/9-2/27	9:00A-10:00A

#### BALLET & CREATIVE MOVEMENT

(Ages 3-4) Students will learn fun routines and explore dance through music, movement, and ballet positions.

<b>208112-01</b>	\$300.00	
Tu	1/15-5/14	2:00P-2:45P

## ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

#### GINGERBREAD HOUSES

(Ages 6-12) The holidays wouldn't be complete without gingerbread houses! We will provide all the decorations to make a colorful decorated house.

<b>208201-01</b>	\$20.00	
W	12/12-12/12	3:00P-5:00P

#### FIRST FRIDAYS

(Ages 7-12) The first Friday of the month is always a big to-do at the community center. Price includes dinner, transportation, safety and supervision, and a lot of fun!

<b>208202-01</b>	\$30.00	Ice Skating
F	1/4-1/4	5:00P-7:30P
<b>208202-02</b>	\$30.00	Wii/Kinects Tournament
F	2/1-2/1	5:00P-7:30P

#### ENGINEERING FOR KIDS

(Ages 5-12) Students will learn to design, program, and control fully-functional robotic models. The class will provide hands-on activities involving science, technology, engineering and math. No class 1/21, 2/18.

<b>(Ages 5-7)</b>		
<b>208204-01</b>	\$135.00	Jr. Lego Robotics
M	1/14-3/4	9:00A-4:00P

<b>(Ages 8-12)</b>		
<b>208204-02</b>	\$165.00	Apprentice Robotics
M	1/14-3/4	4:15P-5:45P

#### BALLET & CREATIVE MOVEMENT

(Ages 4-5) Students will learn fun routines and explore dance through music, movement, and ballet positions.

<b>208207-01</b>	\$300.00	
Tu	1/15-5/14	4:00P-5:00P

#### 30 MINUTE MEALS

(Ages 7-12) Kids will have a blast while learning basic cooking skills. Students will learn about kitchen safety and where food comes from, and they will prepare recipes.

<b>208200-01</b>	\$130.00	
W	1/16-2/20	4:15P-5:30P

#### KARATE/SELF DEFENSE

(Ages 5-12) Self-defense is all about using your smarts and not your fist. This class will show you how to avoid fighting and use a friendly way to protect yourself.

<b>208203-01</b>	\$96.00	
Th	1/17-3/7	3:00P-4:00P

## ADULT PROGRAMS

#### PILATES

(Ages 18 & up) Looking for a "kick ab" workout? Pilates will strengthen your core muscles, and help you become longer and leaner.

<b>208502-01</b>	\$130.00	
W	1/9-3/27	6:15P-7:15P

#### TAI CHI FOR ADULTS

(Ages 18 & up) Tai Chi is an ancient form of mind, body, and spirit exercises that use slow circular movements to develop strength, balance, and promote overall health.

<b>208503-01</b>	\$120.00	
M	1/14-3/4	10:00A-11:00A

## PHILIP A. BOLEN MEMORIAL PARK

42405 Claudia Drive  
Leesburg, VA 20175

**571-258-3487**

Park Hours: Daily dawn – dusk

Office: M-F 8:30A - 5:00P

*Supply & material fees are payable to the instructor at the first class.*

#### INSTRUCTORS WANTED

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

#### VOLUNTEER OPPORTUNITIES

**Eagle Scout Projects** – We welcome eagle scouts. Trail building, bluebird trail development and other projects are available. Please contact us to inquire.

#### Community Services For High School

**Students** – It's never too early to get started on collecting your community service hours. Please contact us to find out which volunteer projects need your assistance.

**Go to war against invasive weeds!** - Work out by pulling garlic mustard and stomping Japanese honeysuckle into the mud. Instead of ripping your hair out from stress, take it out on invasive pests. Join the fight at Philip Bolen Park.

#### BIRTHDAY PARTIES IN THE PARK

Kids ages four through eleven can celebrate with their friends while exploring nature. For reservations, available dates, and cost, please call 571-258-3487 or check out [www.loudoun.gov/bolenpark](http://www.loudoun.gov/bolenpark).



**Available Programs:**

Mad Science  
 Reptiles & Amphibians  
 Mammals  
 Spiders, Worms and Creepy Crawlers  
 Nature Explorer

**NEW TRAILS OPEN!**

Did you know our park includes 200 acres of woods, meadows, and stream valleys? Our trails are now open. Bring the family and see what we've done so far!

**SCOUT PROGRAMS**

These programs meet most badge requirements. Other scout programs may be available. Leaders and chaperones are free and do not register. Instructor will contact students regarding pre-work prior to the start of class. All scout programs may include an outside portion, please dress appropriately. Minimum numbers required to run programs; please call 571-258-3487 to schedule programs.

**Brownie Try-Its:** Animals, Earth and Sky, Eco-Explorer, Watching Wildlife, Water Everywhere, Senses

**Junior Girl Scouts:** Earth Connections, Plants and Animals, Wildlife, Rocks Rock, Water Wonders

**Bears:** Sharing Your World with Wildlife, Water and Soil Conservation, American Indian Life, Take Care of Your Planet

**Webelos:** Forester, Naturalist, Geologist, Outdoorsman

**Boy Scout Merit Badges:** Geology, Indian Lore, Forestry, Environmental Science, Basketry

**MULTIAGE HIKES & INTERPRETIVE PROGRAMS**

Children under six must be accompanied by an adult, unless noted. Minimum numbers are required to run programs. Call or register in advance. All programs may include outside activities or a hike; please dress appropriately.

**HIKING IN A WINTER WONDERLAND**

(All ages) Why wait for spring to go for a walk? Come enjoy the beauty of the forest and fields when frost is on the ground. Warm up with a cup of tea or cocoa at the end of class.

**275715-01** \$6.00  
 Sa 12/8-12/8 10:00A-11:30A

**HOLIDAY ORNAMENTS FROM NATURE**

(All ages) Create holiday decorations and gifts from natural objects. Create a gift for our feathered friends too. Warm up with a cup of tea or cocoa at the end of class.

**275716-01** \$6.00  
 Su 12/16-12/16 10:00A-11:30A

**WINTER CAMPING**

(Ages 8 & up) Who said camping was only for warm weather? Learn how to stay warm no matter what Jack Frost has up his sleeve. Campfire and cocoa are available for the faint of heart.

**275725-01** \$24.00  
 Sa 2/2-2/2 10:00A-1:00P

**PRESCHOOL AGE PROGRAMS**

Minimum numbers required to run programs. Call or register in advance. All programs may include an outside portion; please dress appropriately.

**WHO'S AROUND IN WINTER**

(Ages 3 & up) Learn which animals hibernate, which migrate, and which are active in winter. Dress warmly for a short hike to find signs and tracks of animals. Warm up with a cup of tea or cocoa at the end of class.

**275711-01** \$6.00  
 Su 12/2-12/2 10:00A-11:30A

**ELEMENTARY AGE PROGRAMS****HOW ANIMALS SURVIVE WINTER**

(Ages 5 & up) Learn how animals survive in winter by finding shelter, staying warm in the snow, and other life-saving tricks. Understand how animals beat "old man winter" at his own game. Warm up with a cup of tea or cocoa by the fire at the end of class.

**275717-01** \$6.00  
 Sa 12/29-12/29 10:00A-11:30A

# REGISTER ONLINE!

VISIT [WWW.LOUDOUN.GOV/WEBTRAC](http://WWW.LOUDOUN.GOV/WEBTRAC)

**PHILOMONT  
COMMUNITY CENTER**

36592 Jeb Stuart Road  
 Philomont, VA 20131  
**540-338-5882**  
 M-F 8:30A-6:00P

**Supply & material fees are payable to the instructor at the first class.**

**Registration is required a minimum of 24-hrs prior to an event, unless otherwise noted.**

**LICENSED PRESCHOOL**

(Ages 2-5) We offer a nine-month preschool program which follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunization, proof of age and a child application form. Call the center for details and availability. Licensed Preschool Programs at Philomont are still available this school year for potty trained children. Call for current class availability and information.

**PRESCHOOL AGE PROGRAMS****SCIENCE MAKES THE WORLD GO ROUND**

(Ages 4-6) Discover what's going on around you. Hands-on experiments with fun projects and activities help you understand our fascinating physical world. Topics include simple machines, energy, forces, air and water, and sound. Bring a lunch. Instructor: Jim Boal.

**211103-01** \$25.00  
 F 12/14-12/21 12:00P-1:30P  
**211103-02** \$25.00  
 F 1/18-1/25 12:00P-1:30P  
**211103-03** \$25.00  
 F 2/15-2/22 12:00P-1:30P

**PRESCHOOL ADVENTURES**

(Ages 2-4) Different themes explored each week with art, music and fun activities. Bring a snack. Instructor: Robin Debow.

**211104-01** \$165.00  
 Tu,Th 12/4-12/20 9:00A-12:00P  
**211104-02** \$165.00  
 Tu,Th 1/3-1/31 9:00A-12:00P  
**211104-03** \$165.00  
 Tu,Th 2/5-2/28 9:00A-12:00P

**BOOK WORMS**

(Ages 3-4) Extend your preschool day with Book Worms! Bring a lunch, your love of books and fun, and stay awhile with Ms. Robin for reading, music, and art activities! Instructor: Robin Debow.

<b>211105-01</b>	\$12.00	
M	12/10-12/10	12:15P-1:45P
<b>211105-02</b>	\$12.00	
M	1/14-1/14	12:15P-1:45P
<b>211105-03</b>	\$12.00	
M	2/11-2/11	12:15P-1:45P

**NEW YEAR NEW YOU**

(Ages 3-4) Young ladies prepare for the New Year by getting their hair and nails done. Girls can come dressed up or try one of our dresses. A fashion show rounds out the day.

<b>211106-01</b>	\$20.00	
Th	12/27-12/27	9:30A-12:00P

**HOHO COCOA**

(Ages 3-5) Join in the reindeer games for a holiday 'Cookies & Cocoa' tea party!

<b>211107-01</b>	\$12.00	
M	12/3-12/3	12:00P-1:00P

**LUNCH BUNCH**

(Ages 3-4) Kids enjoy extended play time with their friends, Moms will too!

<b>211108-01</b>	\$24.00	
W	12/5-12/19	12:00P-1:00P
<b>211108-02</b>	\$40.00	
W	1/2-1/30	12:00P-1:00P
<b>211108-03</b>	\$24.00	
W	2/6-2/20	12:00P-1:00P

**BIG KIDS' COOKIES**

(Ages 3-4) Enjoy holiday songs and fun while you decorate cookies to take home.

<b>211109-01</b>	\$12.00	
M	12/17-12/17	12:00P-1:30P

**THE MUFFIN MAN & FRIENDS**

(Ages 3-4) Have a morning of fun with nursery rhymes through games, crafts and treats too! Chocolate chip muffins and juice will be served.

<b>211110-01</b>	\$12.00	
Tu	1/8-1/8	12:00P-1:30P

**LUNCH WITH FIREFIGHTERS**

(Ages 3-5) Spend the afternoon with real life superheroes! Travel to the station to learn about fire safety and enjoy lunch with the fire fighters.

<b>211111-01</b>	\$12.00	
W	2/27-2/27	12:00P-1:30P

**ELEMENTARY AGE PROGRAMS****2 DAYS AFTER SCHOOL MONTHLY**

(Ages 6-11) Ride the bus after school from Banneker Elementary for music, fitness, creativity, in/outdoor games. Pre-registration is required. Bring a

snack. Drop-in care requires 24-hours' notice and purchase of a four-visit punch card at \$25/child/visit.

<b>211204-01</b>	\$120.00	
M-F	12/3-12/21	3:00P-6:00P
<b>211204-02</b>	\$120.00	
M-F	1/2-1/31	3:00P-6:00P
<b>211204-03</b>	\$120.00	
M-F	2/1-2/28	3:00P-6:00P

**3 DAYS OF AFTER SCHOOL MONTHLY**

See description for 2 Days After School.

<b>211205-01</b>	\$180.00	
M-F	12/3-12/21	3:00P-6:00P
<b>211205-02</b>	\$180.00	
M-F	1/2-1/31	3:00P-6:00P
<b>211205-03</b>	\$180.00	
M-F	2/1-2/28	3:00P-6:00P

**5 DAYS AFTER SCHOOL MONTHLY**

See description for 2 Days After School.

<b>211206-01</b>	\$300.00	
M-F	12/3-12/21	3:00P-6:00P
<b>211206-02</b>	\$300.00	
M-F	1/2-1/31	3:00P-6:00P
<b>211206-03</b>	\$300.00	
M-F	2/1-2/28	3:00P-6:00P

**ENGINEERS PLAY WITH FOOD**

(Ages 6-10) Future engineers will build a variety of structural experiments with eggs, pasta, marshmallows, and more.

<b>211207-01</b>	\$12.00	
Th	1/17-1/17	3:15P-4:15P

**HOLIDAY COOKIE DECORATING**

(Ages 6-12) Enjoy all types of holiday cookies; decorate with different icings, sprinkles and more. Great for snacks, presents, and Santa!

<b>211208-01</b>	\$12.00	
M	12/17-12/17	3:15P-4:45P

**SCHOOL'S OUT - WINTER WONDERLAND**

(Ages 4-9) Ho, Ho, Holiday Camp! Enjoy a variety of seasonal fun in this no school camp.

<b>211210-01</b>	\$20.00	
F	12/28-12/28	9:00A-12:00P

**ADULT PROGRAMS****ADULT & SENIOR SOCIAL - TEA PARTY**

(Ages 40 & up) Come and join us for a relaxing spot of tea along with finger sandwiches and other tasty treats.

<b>211600-01</b>	\$7.00	
Th	1/24-1/24	9:00A-10:30A

**STERLING COMMUNITY CENTER**

120 Enterprise Street  
Sterling, VA 20164  
**703-430-9480**  
Fax: 703-421-3118  
M-F 9:00A-9:00P, Sa 9:00A-5:00P

**Supply & material fees are payable to instructor at the first class.**

**PRESCHOOL AGE PROGRAMS****TOT DROP-IN**

(Ages 5 & under) Have fun in our indoor gym with riding toys, balls, slides, and much more. Pay the drop-in fee or purchase a SCC Drop-in Activities Card at SCC for \$25. No program 12/24, 1/16, 1/21, 1/30, 2/18.

<b>203100-01</b>	\$2.50	
M,W,F	12/1-2/28	9:30A-11:30A

**JUST FOR TWO'S**

(Age 2) Two-year-olds will have their first classroom experience in a relaxed fun atmosphere where they play games, create works of art, and have fun with friends. Pack a snack. Register in person at SCC. Ask about our toilet training policy and monthly fees. Average monthly fee is \$80.

<b>503102-06</b>		
Tu,Th	12/4-12/20	9:30A-11:00A

<b>503102-07</b>		
Tu,Th	1/3-1/31	9:30A-11:00A

<b>503102-08</b>		
Tu,Th	2/5-2/28	9:30A-11:00A

**THREE IS FOR ME**

(Age 3) A different theme will be explored each month. Children will learn through play and exploring the word around them in a fun, safe, environment. Art, games, songs, and much more! Pack a snack. Register in person at SCC. Average monthly fee is \$150.

<b>503103-06</b>		
M,W,F	12/3-12/21	9:30A-11:00A

<b>503103-07</b>		
M,W,F	1/2-1/30	9:30A-11:00A

<b>503103-08</b>		
M,W,F	2/1-2/27	9:30A-11:00A

**THREE'S: KIDS AT WORK**

(Age 3) Children will explore hands-on learning through stories, music, crafts, and gross motor exercises. This is an extension class of the Three is for Me program. Register in person at SCC.

<b>503113-06</b>	\$36.00	
M,W,F	12/1-12/31	11:00A-12:00P

<b>503113-07</b>	\$36.00	
M,W,F	1/1-1/31	11:00A-12:00P
<b>503113-08</b>	\$36.00	
M,W,F	2/1-2/28	11:00A-12:00P

**FABULOUS FOUR'S**

(Age 4) A class for four year olds! See description for Three Is For Me. Average monthly fee is \$150/ per month for three days and \$100 for two days.

<b>503104-06</b>		
M,W,F	12/1-12/31	9:30A-11:00A
<b>503105-06</b>		
Tu,Th	12/1-12/31	9:30A-11:00A
<b>503104-07</b>		
M,W,F	1/1-1/31	9:30A-11:00A
<b>503105-07</b>		
Tu,Th	1/1-1/31	9:30A-11:00A
<b>503104-08</b>		
M,W,F	2/1-2/28	9:30A-11:00A
<b>503105-08</b>		
Tu,Th	2/1-2/28	9:30A-11:00A

**FOUR'S: KIDS AT WORK**

(Age 4) See description for Threes: Kids At Work.

<b>503114-06</b>	\$36.00	
M,W,F	12/1-12/31	11:00A-12:00P
<b>503115-06</b>	\$24.00	
Tu, Th	12/1-12/31	11:00A-12:00P
<b>503114-07</b>	\$36.00	
M,W,F	1/1-1/31	11:00A-12:00P
<b>503115-07</b>	\$24.00	
Tu, Th	1/1-1/31	11:00A-12:00P
<b>503114-08</b>	\$36.00	
M,W,F	2/1-2/28	11:00A-12:00P
<b>503115-08</b>	\$24.00	
Tu, Th	2/1-2/28	11:00A-12:00P

**LET'S DO LUNCH MONDAYS**

(Ages 3-5) Let's do Lunch is a lunch date and a play date in one! Play in our indoor playground, make crafts, and eat lunch with your friends. Please bring a bag lunch.

<b>203108-01</b>	\$19.00	
M	12/3-12/17	12:00P-1:30P
<b>203108-02</b>	\$19.00	
M	1/7-1/28	12:00P-1:30P
<b>203108-03</b>	\$25.00	
M	2/4-2/25	12:00P-1:30P

**LET'S DO LUNCH WEDNESDAYS**

(Ages 3 - 5) See description for Mondays.

<b>203109-01</b>	\$19.00	
W	12/5-12/19	12:00P-1:30P
<b>203109-02</b>	\$25.00	
W	1/9-1/30	12:00P-1:30P
<b>203109-03</b>	\$25.00	
W	2/6-2/27	12:00P-1:30P

**WINTER BALLERINAS**

(Ages 2½-4½) Creative movement dance class with basic pre-ballet elements. All the dancers will receive a snowy white tutu!

<b>203111-01</b>	\$62.00 (+\$5 supplies)	
Sa	1/5-1/26	1:00P-1:30P
<b>203111-02</b>	\$62.00 (+\$5 supplies)	
Sa	1/5-1/26	1:30P-2:00P

**DANCE ME A STORY**

(Ages 3-5) We will dance to classics like Swan Lake, Sleeping Beauty, and other fun tales. At the last class, we will make our own story book. Please be prepared to stay a little later.

<b>203112-01</b>	\$62.00 (+\$2 supplies)	
Sa	1/5-1/26	2:00P-2:30P

**KITCHEN SCIENCE**

(Ages 3-5) Edible experiments and amazing science tricks with common kitchen items! Kids will have a great time with volcano fruit juice, fizzy tongue candy, invisible pictures, ocean bottles, water blossoms, and many more activities. Please notify us of any dietary restrictions or allergies at least one week in advance.

<b>203104-01</b>	\$26.00	
Tu	1/8-1/29	1:15P-2:15P

**TINY TUMBLERS**

(Ages 3-5) Learn the physical fundamentals of gymnastics with this highly energized and innovative tumbling class.

<b>203107-01</b>	\$46.00	
Tu	1/8-1/29	12:15P-1:00P
<b>203107-02</b>	\$46.00	
Tu	2/5-2/26	12:15P-1:00P

**MY FIRST ART CLASS**

(Age 2-3) Create wonderful works of art to hang in your art gallery! Test new mediums and materials in this interactive class with friends.

<b>203114-01</b>	\$21.00	
W	1/9-1/30	12:30P-1:00P
<b>203114-02</b>	\$21.00	
W	2/6-2/27	12:30P-1:00P

**ABRAKADOODLE**

(Ages 3-5) Art - its smart! Art develops motor skill, problem solving skills, builds solid self-confidence. We will have new lessons everyday so children can learn different methods and styles of master artists. Kids take home art work every day.

<b>203147-01</b>	\$66.00	
Th	1/10-1/31	11:30A-12:15P
<b>203147-04</b>	\$66.00	
Th	2/7-2/28	11:30A-12:15P

**BOOGIE BABIES**

(Ages 18 mos - 3yrs) Boogie down in this parent/

child music and movement class. Play instruments, sing songs, and dance!

<b>203106-01</b>	\$21.00	
Th	1/10-1/31	11:45A-12:30P
<b>203106-02</b>	\$21.00	
Th	2/7-2/28	11:45A-12:30P

**VALENTINE'S DAY DANCE!**

(Ages 3-6) Join ballet instructor Miss Carissa for a 30 minute dance lesson, followed by 30 minutes of a story and special craft.

<b>203113-01</b>	\$35.00 ( \$2 supplies)	
Sa	2/9-2/9	1:00P-2:00P

**LITTLE SWEETIES**

(Ages 3-5) February is the time for sweet treats. We'll make heart-shaped cupcakes and mold our own Valentine chocolates.

<b>203105-01</b>	\$9.00	
Tu	2/12-2/12	1:15P-2:15P

**ELEMENTARY AGE PROGRAMS****SENSATIONAL SCIENCE**

(Grades 1-5) Every day will include lots of hands-on experiments and challenges in a variety of science subjects. We'll do color-changing chemistry, make a sound wave shooter, measure a wavelength in chocolate, test the link between smell and taste, and many more.

<b>203230-01</b>	\$41.00	Sight
W	/26-12/26	7:30A-6:00P
<b>203230-02</b>	\$41.00	Sound
Th	12/27-12/27	7:30A-6:00P
<b>203230-03</b>	\$41.00	Smell/Taste
F	12/28-12/28	7:30A-6:00P

**SCIENCE OF CINEMA**

(Grades 1-5) Learn about the science behind movie magic! We'll discuss optical illusions and perspective with experiments and activities. Participants make thaumatropes, flip books, zoetropes, and 3-D pictures.

<b>203231-01</b>	\$41.00	
M	12/31-12/31	7:30A-6:00P

**KIDS DO 3-D MEDIA**

(Ages 6-10) Explore 3-D media including clay, paper, found objects, and wire. Different contemporary artists will be highlighted each day with a focus on a new artistic medium. A great class for all aspiring artists, especially those who may not enjoy drawing or painting.

<b>203208-01</b>	\$45.00	
W	1/2-1/30	3:30P-5:00P

**FONDUE FUN**

(Ages 6-12) Possibly one of the most fun meals to

prepare and eat! We'll start with a cheese fondue and finish with a chocolate dessert fondue. Please notify us of any dietary restrictions at least one week before class.

**203204-01** \$13.00  
M 1/14-1/14 4:00P-5:30P

### DAY AT THE MUSEUM

(Grades 1-5) Enjoy these school holidays with trips to Smithsonian Museums. The day starts and ends with games and activities at the community center.

**203232-01** \$46.00 Natural History  
F 1/18-1/18 7:30A-6:00P  
**203232-02** \$46.00 American History  
M 1/21-1/21 7:30A-6:00P  
**203232-03** \$46.00 Air & Space  
M 2/18-2/18 7:30A-6:00P

### CHOCOLATIERS

(Ages 6-12) Put your own spin on Valentine's Day treats! We'll make and decorate dipped strawberries and pretzels and mold our own bon-bons. Please notify us of any dietary restrictions at least one week prior to class.

**203205-01** \$13.00  
M 2/11-2/11 4:00P-5:30P

### FOOD SCIENCE WEEK

(Grades 1-5) Spend spring break playing with your food! We'll perform amazing kitchen chemistry with molecular gastronomy recipes, kitchen experiments, learn about food's journey to the table, the historical importance of agriculture, and take a field trip to a farm.

**203228-01** \$145.00  
M,Tu,W,Th,F 3/25-3/29 7:30A-6:00P

## MULTIAGE PROGRAMS

### SCC DROP-IN ACTIVITIES CARD

(All ages) Purchase a Drop-in card and never worry about drop-in money. Card can be used for Tot Drop-in, Adult Volleyball Drop-in, and Archery Drop-in. Each card is good for 10 visits.

**203700-01** \$25.00

### ARCHERY ORIENTATION

(Ages 10 & up) You must take an SCC Archery Class or this orientation before attending Archery Drop-in. Orientation is not instructional, participants must already know how to shoot a bow.

**203526-01** \$5.00  
W 12/5-12/5 5:45P-6:15P  
**203526-02** \$5.00  
W 1/2-1/2 5:45P-6:15P  
**203526-03** \$5.00  
W 2/6-2/6 5:45P-6:15P

### ARCHERY DROP-IN

(Ages 10 & up) Drop in on Wednesday nights at SCC to practice archery at our indoor range. Use one of our recurve, compound, or cross bows and arrows. Use of other bows must be pre-approved. Max draw 30 lbs. Mandatory prerequisite Archery Orientation or SCC archery class. No drop-in 12/26, 1/23.

**203525-01** \$2.50 Ages 10 & Up  
W 12/1-2/28 6:15P-8:15P  
**203525-02** \$2.50 Ages 16 & Up  
W 1 2/1-2/28 8:15P-8:45P

### MOONBOUNCE FRIDAYS

(Ages 10 & under) The SCC Gym will be transformed into a moonbounce paradise! Enjoy a night of fun featuring inflatable moonbounces.

**203101-01** \$6.00  
F 12/14-12/14 5:30P-7:30P  
**203101-02** \$6.00  
F 1/11-1/11 5:30P-7:30P  
**203101-03** \$6.00  
F 2/8-2/8 5:30P-7:30P

### KIDS CAN WRITE...

(Ages 8-12) Third Thursday Creative Writing Series! This program is for kids who love to write and those who are still finding their writer's voice. An instructor leads a warm-up and brainstorming session; then, a costumed actor will join the group to be interviewed about the life of a sasquatch. Session ends with a free-write in prose, poetry, or graphic novel format.

**203212-01** \$9.00 ...Big Foot Can't  
Th 1/17-1/17 6:30P-8:00P  
**203212-02** \$9.00 ...Faeries Can't  
Th 2/21-2/21 6:30P-8:00P

### WINTER CLASSIC SPORTS

(Ages 4-6) The perfect program to introduce your little athlete to basketball, hockey, and football.

**203206-01** \$36.00  
Th 1/3-2/7 3:30P-4:45P

### YOUTH ARCHERY

(Ages 10-15) This introductory class will teach safety and different techniques. Participants will be given a lot of hands-on experience and attention for individual improvement. A variety of targets and games will be used to test and enhance skills. Must attend first class.

**203250-01** \$51.00  
M 1/7-2/4 4:00P-5:15P  
**203250-02** \$51.00  
Su 1/6-2/3 1:00P-2:15P

### ACTING UP WITH JESSICA

(Ages 7-12) Join our new instructor, Jessica, for a great theatrical experience featuring play acting

games, work on improvisation, monologues, and partnered scene study. Voice and movement exercises will help shape your actor's instrument.

**203310-01** \$81.00  
Th 1/10-2/28 7:00P-8:30P

### HARBOR HOLIDAY

(Ages 10-14) Enjoy your holiday from school with a trip to Baltimore's Inner Harbor. We start the day at the National Aquarium and visit the Baltimore Museum of Art after lunch. \*Date is subject to change.

**203233-01** \$66.00  
F 1/18-1/18\* 8:00A-6:00P

### DIVA CAMP

(Ages 7-12) The creativity will flow every day with theatre, fashion design, visual art, photography, writing, and culinary activities. Please notify us of any dietary restriction at least one week prior to class.

**203320-01** \$160.00  
M,Tu,W,Th,F 3/25-3/29 7:30A-6:00P

### ARCHERY TOURNAMENT

(Ages 10 & up) It's National Archery Day and we're celebrating with a friendly competition. Open to archers who have completed a PRCS archery class or orientation. Archers will be divided into age brackets, and prizes will be awarded. Contact zoe. irwin@loudoun.gov.

**203527-01** \$5.00  
W 1/23-1/23 6:15P-8:15P

### SheEO® PLANNING HER LEMONADE STAND

(Ages 8-13) Do you have a lemonade stand or dream of setting one up and earning some spending money? Learn three steps to make sure your lemonade is Sweet, your stand is Safe, and your sales are Successful. Presented by The SheEO Academy.

**203305-01** \$27.00  
M 1/28-1/28 6:00P-7:30P  
**203305-02** \$27.00  
M 2/25-2/25 6:00P-7:30P

### SheEO® DESIGNING HER BUSINESS CARD

(Ages 8-13) You are a unique young lady, with unique skills and dreams. How do you represent your uniqueness? If you were a business, what would your business card look like? What would be your brand? Presented by The SheEO Academy.

**203306-01** \$27.00  
M 1 2/17-12/17 6:00P-7:30P

### SheEO® SHE IS A SMART SPENDER

(Ages 8-13) Do you earn money from chores? What do you spend it on? A big girl must be the boss of her wallet and understand her money. A big girl must have- and use -a budget. Presented by The SheEO Academy.



<b>203307-01</b>	\$27.00	
M	12/3-12/3	6:00P-7:30P
<b>203307-02</b>	\$27.00	
M	2/11-2/11	6:00P-7:30P

**SheEO® COUNTDOWN TO CASH OR CREDIT**

(Ages 8-13) Girls have goals aimed towards the stars, and a wish-list as long as the Milky Way! Will her rocket make it to the moon, miss the mark, or never get off the ground? In three steps, she can build a strong launch pad to rocket all those dreams to the moon. Presented by The SheEO Academy.

<b>203308-01</b>	\$27.00	
M 1	/14-1/14	6:00P-7:30P

### MIDDLE & HIGH SCHOOL AGE PROGRAMS

**New! TEEN IMPROV NIGHTS**

(Ages 13-18) Join our new instructor, Jessica, for a warm-up and improv games. Receive individual coaching on improvisation techniques, comedic acting, instinct and intention.

<b>203311-01</b>	\$11.00	
W	1/9-1/23	7:00P-8:30P
<b>203311-02</b>	\$11.00	
W	2/13-2/27	7:00P-8:30P

**New! THEATRE MASTER CLASS**

(Ages 13-18) Join our new instructor, Jessica, for individual coaching on specialized theatre skills. Get help choosing and performing monologues for auditions, stage make up effects, and basic stage combat.

<b>203312-01</b>	\$7.50	Monologues
W	12/19-12/19	6:45P-8:45P
<b>203312-02</b>	\$7.50	Make Up Effects
W	1/16-1/16	6:45P-8:45P
<b>203312-03</b>	\$7.50	Stage Combat
W	2/20-2/20	6:45P-8:45P

**SCC PRIVATE LESSONS**

(Ages 16 & up) SCC offers private or small group lessons in Ballroom Dance, Tai Chi, Archery, Self-defense, and Acting. Class fees are based on class and number of lessons. Must register in person at SCC.

<b>203500-01</b>	Price/Dates Vary	
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### ADULT PROGRAMS

**ADULT DROP-IN VOLLEYBALL**

(Ages 18 & up) Drop in on Tuesday and Thursday nights at SCC! Purchase a SCC Drop-In Activities Card at SCC for \$25. No program 12/25, 1/1, 2/5.

<b>203511-01</b>	\$2.50	
Tu,Th	12/1-2/28	7:00P-9:00P

**YOGA FOR EVERY BODY**

(Ages 16 & up) Join our new yoga instructor in this class designed for participants of all fitness levels. Sheila specializes in variations of yoga poses to suit your individual goals and abilities. Class will include standing postures, core strengthening, and building flexibility. No class 2/19.

<b>203550-01</b>	\$31.00	
Tu	12/4-12/18	6:00P-7:15P
<b>203550-02</b>	\$41.00	
Tu	1/8-1/29	6:00P-7:15P
<b>203550-03</b>	\$31.00	
Tu	2/5-2/26	6:00P-7:15P

**STRETCH & RELAX**

(Ages 16 & up) Need to unwind? This yoga class, based on Yin practices, emphasizes deep stretches, held for longer periods of time. These poses reach the deep connective tissue, providing for increased range of motion. Each class will end with deep relaxation. No Class 2/19.

<b>203551-01</b>	\$31.00	
Tu	12/4-12/18	7:30P-8:45P
<b>203551-02</b>	\$41.00	
Tu	1/8-1/29	7:30P-8:45P
<b>203551-03</b>	\$31.00	
Tu	2/5-2/26	7:30P-8:45P

**SELF-DEFENSE**

(Ages 16 & up) Beginner self-defense focuses on general awareness of ones surroundings, and "Hit and Run" techniques, as well as the use of personal objects as defense tools.

<b>203501-01</b>	\$11.00	
Sa	12/15-12/15	4:30P-5:30P
<b>203501-02</b>	\$11.00	
Sa	1/12-1/12	4:30P-5:30P
<b>203501-03</b>	\$11.00	
Sa	2/23-2/23	4:30P-5:30P

**BALLROOM DANCE**

(Ages 16 & up) Tear up the dance floor with Steven while learning the Fox Trot, Waltz, Tango, Swing and Cha Cha will be covered!

<b>203502-01</b>	\$46.00	
Sa	1/5-2/9	2:00P-3:00P
<b>203502-02</b>	\$46.00	
Sa	2/23-3/30	2:00P-3:00P

**TAI CHI**

(Ages 16 & up) Tai Chi is an ancient Chinese form of mind, body, and spirit exercise that uses slow circular movements to develop strength, balance, and promote overall health.

<b>203506-01</b>	\$46.00	
Sa	1/5-2/9	3:15P-4:15P
<b>203506-02</b>	\$46.00	
Sa	2/23-3/30	3:15P-4:15P

**ADULT BEGINNER ARCHERY**

(Ages 16 & up) If you have never shot a bow, or the last time you did was summer camp, this introductory class is for you. Safety and different techniques will be emphasized. Participants will be given a lot of hands-on experience and individual attention. Attendance at first class is mandatory.

<b>203520-01</b>	\$51.00	
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Su 1/6-2/3 2:30P-3:45P

### BIRTHDAY PACKAGES

**MOVE & GROOVE BIRTHDAY PACKAGE**

(All ages) Includes two hours of gym fun with indoor equipment, juice, basic party ware with a decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5.00 for each additional child. Must come to SCC to fill out party information packet.

**MOONBOUNCE PARTY PACKAGE**

(All ages) The Moonbounce Party Package includes two hours in our moonbounce mania gym, juice, basic party ware with one decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5 each additional child. Must come into SCC to pick your special date and fill out our party information packet.

<b>203586-01</b>	\$190.00	
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**PRINCESS BIRTHDAY PARTY**

(All ages) Your little ladies will love our Princess Party Pack. This party includes two hours of birthday fun, a decorated head table, basic party ware, and a party coordinator to run a princess craft, and princess themed games & activities. Must come into SCC to pick your special date and fill out our party information packet.

<b>203587-01</b>	\$175.00	
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**PIRATE BIRTHDAY PARTY**

(All ages) Your little adventurer will love our Pirate Birthday Party Pack. This party includes two hours of birthday fun, a decorated head table, basic party ware, and a party coordinator to run a pirate craft, and pirate themed games and activities. Price includes 15 youth admissions, \$5 for each additional child. Must come into SCC to pick your special date and fill out our party information packet.

<b>203588-01</b>	\$175.00	
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**DANCE-A-RAMA PJ BIRTHDAY PARTY**

(All ages) Your children will love our Dance-A-Rama PJ Birthday Party Pack. This party includes two hours of birthday fun, a decorated head table, juice, basic party ware and a party coordinator to run Dance-A-Rama games and activities. Kids will love dressing in their favorite PJ's for this interactive, playful experience. Price includes 15 youth admissions, \$5 for each additional child. Call SCC for more information and to schedule your party today!

**203589-01** \$175.00

**HODGE PODGE DODGEBALL BIRTHDAY**

(All ages) Your sporty kids will love our Hodge Podge Dodgeball Birthday Party Pack. This party includes two hours of birthday fun, a decorated head

table, juice, basic partyware and a party coordinator to run a variety of Dodgeball games and activities. Price includes 15 youth admissions, \$5 for each additional child. Call SCC for more information and to schedule your party today!

**203590-01** \$175.00

**MAD SCIENTIST BIRTHDAY PARTY**

(All ages) Your future scientist will love our Mad Scientist Party Pack. This party includes two hours of birthday fun, a decorated head table, basic party ware, and a party coordinator to run age appropriate science experiments and the building toy activity center. Experiments can be customized to your child's favorite sciences. Price includes 15 youth admissions, \$5 for each additional child.

Must come into SCC to pick your special date and fill out our party information packet.

**203591-01** \$215.00

**BUILD YOUR OWN BIRTHDAY!**

(All ages) What better way to celebrate your birthday than with one of SCC's build your own party packs? We will plan a party customized around a theme of your choice. All parties include two hours of birthday fun, a decorated head table, juice, basic party ware and a party coordinator to run games and crafts. Price includes 15 youth admissions, \$5 for each additional child. Prices vary according to theme selection and activity requests. Call SCC for more information and to schedule your party today!

**203592-01** Price Varies

# Questions? Give us a call!

**Administrative Office**

Main Number.....703-777-0343  
TDD/for deaf or hearing impaired.....703-771-5352

**Programs and Services**

Adaptive Recreation .....703-737-8042  
Adult Day Services  
    Ashburn.....571-258-3232  
    Leesburg.....703-771-5334  
    Purcellville.....571-258-3402  
After School Programs  
    CASA.....703-737-8042  
    YAS.....703-777-0343  
Area Agency on Aging .....703-777-0257  
Children's Programs and Camps .....703-737-8042  
Facilities Planning and Development ....703-777-0343  
Preschool .....703-737-8006  
Sports, Youth and Adult .....703-777-0343  
Sports Postponement/Cancellation.....703-777-0456  
Youth Services.....703-777-0343

**Centers**

Bluemont Community Center .....540-554-8643  
Carver Center .....571-258-3400  
Claude Moore Community Center.....571-258-3500  
Claude Moore Recreation Center.....571-258-3600  
Douglass Community Center .....703-771-5913  
Dulles South Multipurpose Center .....571-258-3456  
Dulles South Senior Activity Center.....571-258-3883  
Franklin Park Arts Center.....540-338-7973  
Loudoun Valley Community Center .....540-338-4122  
Lovettsville Community Center .....540-822-5284  
Lucketts Community Center.....703-771-5281  
Middleburg Community Center.....540-687-6375  
Philomont Community Center .....540-338-5882  
Senior Activity Center at Leesburg.....703-737-8039  
Senior Center at Cascades .....703-430-2397  
Sterling Community Center .....703-430-9480

**Park Sites (manned)**

Banshee Reeks Nature Preserve .....703-669-0316  
Claude Moore Park .....571-258-3700  
Franklin Park .....540-338-7603  
Philip A. Bolen Memorial Park .....571-258-3487  
Potomack Lakes Sportsplex.....703-444-1459





## Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: Loudoun County PRCS, 215 Depot Court SE, Leesburg, VA 20175, Attn: Registration. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs) or call 703-777-0343.

### HOUSEHOLD INFORMATION

Mother/Guardian \_\_\_\_\_ Driver's License # or SS # \_\_\_\_\_ DOB \_\_\_\_\_  
**Or Adult Participant (18 & over)** \_\_\_\_\_ Driver's License # or SS # \_\_\_\_\_ DOB \_\_\_\_\_  
Father/Guardian \_\_\_\_\_ SS # \_\_\_\_\_ DOB \_\_\_\_\_  
Household/Adult Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
e-mail Address \_\_\_\_\_ Loudoun County Resident ☐ yes ☐ no  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_ Pager \_\_\_\_\_  
Employer Name & Address \_\_\_\_\_  
Emergency Contact Name (1) \_\_\_\_\_ Phone # \_\_\_\_\_  
Emergency Contact Name (2) \_\_\_\_\_ Phone # \_\_\_\_\_

**ADA – The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA).** If you need accommodations in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office) two weeks prior to the start of the activity.

### PARTICIPANT (S) INFORMATION

Family Member's Name	M or F	DOB	Grade/Age	Activity #	Section	Activity Name	Start Date	Time	Fee
<i>EXAMPLE: John Smith</i>	<i>M</i>	<i>5-2-93</i>	<i>3<sup>rd</sup>/19</i>	<i>421745</i>	<i>01</i>	<i>Soccer Camp, half-day</i>	<i>6/24</i>	<i>9:00a</i>	<i>\$135</i>

**TOTAL ACTIVITY FEES ONLY\*: \_\_\_\_\_**

**\*Supply fees are payable to instructor at first class**

### HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)?

\_\_\_\_ PRCS Activity Guide \_\_\_\_ County Website \_\_\_\_ Facebook \_\_\_\_ Newspaper \_\_\_\_ Word of Mouth \_\_\_\_  
PRCS Newsletter/flyer \_\_\_\_ Other (Please list source): \_\_\_\_\_

### PARTICIPANT AGREEMENT

I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.

\_\_\_\_\_  
Signature of Parent/Guardian/Participant

\_\_\_\_\_  
Date

**Please do not fax registrations.** If you have previously registered with PRCS, you can use your household ID number and password to register online at [www.loudoun.gov/webtrac](http://www.loudoun.gov/webtrac).





**Like us on Facebook!**



## **LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES**

**215 Depot Court, SE • Leesburg, VA 20175  
Ph: 703-777-0343/TTY 711 • Fax: 703-771-5354  
Monday-Friday • 8:30 AM - 5:00 PM**

*El Departamento de Parques, Recreación y Servicios a la Comunidad  
puede brindarle asistencia en Español. Por favor, llame al 703-777-0343 y solicite un intérprete.*

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from Dec. 1, 2012 through Feb. 28, 2013. It is designed with you and your family in mind. We appreciate your comments and suggestions. Please feel free to call 703-777-0343 or visit us at [www.loudoun.gov/prcs](http://www.loudoun.gov/prcs).